



Birth day of Bhagavatpāda Sāi
Shri Lilāshāh Ji Mahārāj, April 4

11



Birth day of Bhagavān Shri
Rāma Ji, Rāmanavami, April 17

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Birth day of Shri
Hanumān Ji, April 23

24

If you want to establish a Rama Rajya, first release Bapuji. 17

– Shri Pradeep Bhāi Shāstri, Kathā narrator

No relief given to an innocent Hindu saint! 9

– Tapaswi Chhāwani Pithādhishwar Jagadguru Paramahansa Āchārya

Terrorists are given amenities, but a Saint is denied any relief for his survival.

– Shri Ashwini Upadhyay, Advocate, Supreme Court

Asharamji Bapu must get bail on medical and humanitarian grounds

– Kirti Ahuja, Advocate, Supreme Court

Incredible benefits of Desi cow milk, equivalent to nectar 30

Be free from worry and quarrels, and get abundant merit and happiness. 34



Aged 86; continuing declining health...

Voices rising in support of Pujya Bapuji's quick-release



“

Āchārya Kaushik Ji, Kathā-narrator: Even those, who have committed terrible crimes in the country, have been released on bail; however, the one – whose health is failing, and the case which was filed against is bogus, hasn't been released on bail. There seems to be something fishy about this. Asharamji must be given relief.



Mahant Jairamdās Ji, Head, Shrirām Ashram, Ayodhyā: Bapuji, who worked tirelessly for the health and rectitude of each and every individual of society, and who, throughout His life, provided Ayurvedic treatment to others, isn't today being given the necessary treatment. If, by any chance, something ominous happens to the saint of such a high order, this country won't forgive those responsible for this.



Swami Ānand Swaroop Ji, President, Shankarāchārya Trust: A huge conspiracy has been hatched against Asharamji Bapu, and many big shots are involved in it. Even the judiciary is well aware of the fact that there is no prima facie evidence of rape, anywhere in his case. Such an innocent saint should be released right away.



Shri Praful Bhāi Shukla Ji, Kathā-narrator: Crores of meat-eaters, alcoholics, and people following the wrong path have been led on the right path by Pujya Bapuji. Eminent personages, former judges, and intellectuals have said that a conspiracy has been hatched against Pujya Bapuji. Sooner or later, everyone will have to accept the fact that Pujya Asharamji Bapu is innocent.



Shri Arvind Kariā Ji, Kathā-narrator: Bapu Asharamji is a true SatGuru and undoubtedly, this SatGuru is being disrespected today. It is verily because of the great work that he has done to awaken *Sanātan Dharma* in India, that the consecration of Lord *Rāma*'s idol has taken place in *Ayodhyā* today. It is not fair to convict such a saint.



Shri Ajay Bhāi Jāni Ji, Kathā-narrator: If there is someone who has done concrete work for the establishment of *Rāma-rājya* in India, it is none other than Asharamji Bapu. To establish *Rāma-rājya*, acquittal of Asharamji Bapu is necessary.



Dr. A. P. Singh, Senior Advocate, Supreme Court of India, and National General Secretary, B.S.K. Lawyers Federation: Saint Asharamji Bapu has always worked hard to protect the *Sanātan* culture in all adverse circumstances, due to which today he is in Jodhpur jail (being a victim of dirty politics). The case filed against Him is false, concocted, and a conspiracy.



Sūdhvi Yashodā Didi, Vaidehi Sanskār Dhām: On behalf of the *Sant-Samāj*, I would like to request to the government that Bapuji be availed of all facilities and arrangements for the restoration of his health.



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Terrorists are given amenities in the name of human rights, but a Saint is denied any relief for his survival.

– Shri Ashwini Upadhyay, Advocate, Supreme Court



Violent criminals are granted relief on humanitarian grounds to eat biryani, perform prayers and worship, wear the clothes of their choice, celebrate festivals, and whatnot. Even notorious mafia members are granted parole or bail to attend weddings, see parents, wives, and even reproduce children. And not just common criminals, even the toughest mafia members, terrorists, and white-collar criminals, who have been involved in the embezzlement of crores of rupees, even drug traffickers, and the like. All are granted bail, but Asharamji isn't being granted bail or any kind of relief to get himself cured through Ayurveda, Naturopathy, and Yogic therapy – how surprising is this!

Many convicted politicians involved in white-collar crime are still roaming around freely. In fact, they have formed their own political parties, and are enjoying the position of respective party presidents. And yet we have Asharamji who, all throughout His life, by visiting tribal areas inhabited by poverty-stricken people, has stopped religious conversions and infiltration, and arranged for the homecoming (converting back to Hinduism) of those who were already proselytized. And He is given this punishment! At least he should be granted as much relief as was granted to Lalu Prasad Yadav, or even Ajmal Kasab for that matter.

Bail and parole can be granted to

politicians and bureaucrats accepting bribes, and also to commission agents, brokers, drug-traffickers, human-traffickers, terrorists, separatists, jihadists, stone-pelters, Maoists, and even the Naxalites; also the traitors of India, or those committing treason, or getting involved in espionage of the country, they can all get exemption and relief from the court to have food of their choice, see their family, celebrate festivals, and almost everything in the name of humanity. However, when it comes to Asharamji, what is the big crime he has committed that he can't even be allowed to see his son, other family members, or even seek a treatment suiting his health condition, let alone other things! Regarding His treatment, the authorities make a simple statement: 'You may seek Western medical treatment and not Indian indigenous treatment.' The one, who has promoted indigenous medicine all along, is being forced to receive Western medicine!

With folded hands, and due respect to the honorable judge, all I would like to ask is – Has Asharamji committed a crime more serious than Ajmal Kasab's? There have been a series of scams of increasing scale in the country, but till date, no politician has been stopped by any court saying, 'No, you cannot see your family.' An elderly saint, who has become seriously ill, is demanding nothing but the following – 'Please let me seek my treatment via

(Continued on page: 09...)



King of kings, Sai Lilashah!

Pujyapāda Bhagavatpāda Sāi Shri Lilāshāh Ji's birthday falls on 4th April. Greetings to all of you on this day. Pujya Bapuji has been narrating the inspirational life tales of his Gurudev in His *satsang*-discourses. As per Pujya Bapuji's nectarine *satsang*-discourses:

The *jnāni* alone can display propriety of conduct.

Guru is both the mother and the father. Hence, through him, God performs the actions of both; disciplining like a father and showering affection like a mother. Our Pujyashri (Sāi Shri Lilāshāh Ji Mahārāj) was... *"He was kind at heart but outwardly stern. Free from thoughts, like a blank piece of paper."*

He was so strict in his discipline that even good disciples' faith would be shaken. No ordinary person can stay with him. He showered so much affection that one could not help one's heart melting whilst deeply analysing his loving behaviour. I renounced my home many times to see and investigate all sorts of spiritual practices from all sects, while moving and travelling from one state to another. But when I saw that saintly man sitting on a piece of sack cloth, absorbed in the peace of his *Ātman*, I thought there was something unique in him. Then I saw him disposing of the conflicts of the people in assemblies, sometime giving guidance to the householders, and sometimes I found him teaching the lesson of renunciation to the ascetics. I realised that he reigns as an

emperor among emperors, excels as a yogi among yogis, stands out as a man devoted to Karma among the men of action, and embodies an ascetic among ascetics.

The *jnāni* alone can display propriety of conduct. Any other person will be overcome by attachment and fear, and will think, 'What will people think of me if I get angry or scold them? No matter what people say, do whatever is suited to the occasion. That is the disposition of the *jnāni* (self-realized one). An egoless heart allows for natural expression, suited to the occasion, without being overcome by attachment and sense of mine-ness.

"What if the cloth is worn inside out or in the correct way?"

When we go to the market, we make ourselves an object of enjoyment and the people our enjoyers. *Vedānta* teaches, 'Do not make anyone an enjoyer or an object of enjoyment. If you become an enjoyer or an object of enjoyment, you will not evolve spiritually. You are just the giver of sanction to the movements of nature. Eat for the sake of eating, go for the sake of going, and wear for the sake of wearing.

Our *Bābāji* (Sāi Lilāshāh Ji) wore a long cloak (An ethnic shirt with a relaxed fit, often part of traditional attire in India). Once he was preaching in Pāṭaṇ and he was wearing the cloak (*Kurtā*) inside out, the pockets were out. A disciple, who was a doctor, said, "*Swāmiji*, O Guru *Bhagavān*, you are wearing the cloak inside out."

Guruji said, "Be quiet, what if it is worn inside out? I am a 90-year-old young man.

"O God, bless everyone with power and health. May everyone discharge their duties and be happy." Thus, my Gurudev prayed and made others do the same.

Emulate Hanumana Ji's nature in your life

This year, Lord Shri Hanumāna Ji's birthday falls on the (*Chaitri Purnimā*) 23rd of April. Pujya Bapuji has expounded on the virtues of the son of Mother Anjani in His nectarine *satsang*-discourses as follows:

On the occasion of Hanumāna Ji's birthday, let us first understand his nature, and then try to develop some of it in your heart. Hanumāna Ji, the *Pavan-suta* (son of Wind-god), despite having attained perfection in *Dāsyā Bhakti* (love of God through servant-sentiment), exemplary *saṁyama* (self-restraint), *ashta-siddhis* (eight supernatural powers), and *nava-nidhi* (nine divine riches) surrendered himself unconditionally to Lord Rāma and engaged himself diligently in the latter's service. And that is the reason why it is said,

Chant 'Rāma, Lakshmana, Jānaki'

And say, 'Glory to Lord Hanumāna'.

Hanumāna Ji was not only an expert in rendering *sevā*, but also in imparting *Mantra-Diksha* (mantra initiation). When it comes to *brahmacharya* (celibacy), he is just exemplary, and his *vairāgya* (dispassion, or non-attachment) was so strong that he could even renounce the golden mountain Maināka! Taking a bird's-eye view of Lankā, he said, "All this luxury that I see here is nothing but the pleasures of the world. But for a dispassionate person, all these luxuries and pleasures are trivial, and worth burning to ashes." And he didn't give up until he burnt down the whole city of Lankā into ashes.

Expertise in treating others with respect

After abandoning the golden mountain, He encountered Surasā, the mother of serpents, who came near him and said, "The gods have provided me with a meal today. I am now going to eat you up."

When Surasā enlarged her mouth, Hanumāna Ji grew double the size of her

mouth. When she further expanded her mouth eight hundred miles wide, the son of the wind-god, by *garimā siddhi* (ability to become heavy at will), could have grown double the size of her mouth, but he didn't, for siddhis are not meant for showing off with. As per the Gita (3.27) – *अहंकारविमूढात्मा...* (meaning: He whose mind is deluded by egoism, thinks, 'I am the doer'). The likes of Rāvana or Hiranyakashipu with inflated egos would take pride in their respective kingdoms and positions, claiming, 'I am Rāvana – the King of Lankā...!' 'I am Hiranyakashipu – the Great...' Such an inflated ego does not spare such people. See – how clever Hanumāna Ji was! The son of the Wind-god then made himself very small, entered her mouth, and came out again without her noticing. Bowing his head to her, he begged leave to proceed, saying, "Now I have done as you insisted. Allow me to pass."

The following verse of Shri Rāma Charita Mānasa mentions this episode:

"He entered her mouth and came out again and bowing his head to her, begged leave to proceed."

(*Shri Rāma Charita Mānasa, Sundara Kāṇḍa: 1.6*)

How simple and humble of him! Hanumāna Ji, upon winning over Surasā, should have swelled with pride, but he didn't. Instead, he bowed his head to her, thus showing humility to the defeated. I wish that my sādhakas also cultivate this virtue of Hanumāna Ji that he was adept in – giving respect to others while being humble himself.

After being defeated, Surasā would have been frustrated, but Hanumāna Ji, by way of showing his humility, saved her from humiliation.

The fist of dispassion

Assuming a minute form, Hanumāna Ji

God certainly fulfills the resolution of a sincere heart

The glory of the power of will is great. Great men who know Brahman are omnipotent and *satyasankalpa* (one whose will is always realized), but they utilise this ability for the welfare of others, saving them from disease, sorrow, pain, difficulties, and fulfilling their desires, which are in accord with Dharma. Yet, those unaware of spirituality wonder why these great men do not use their power for personal problems. The secret is that in their perception, this world is illusory and their true being is not at all

affected by disease, grief, pain, etc. So they don't usually desire to make a resolution for themselves. Such saintly people, who wish the good of every creature, utilise their power of will to save those, (for whom this world is a permanent and concrete reality) from misery and agitation, and give true happiness to them, and remain ever engaged in the welfare of society without caring about their own physical afflictions, etc.

For devotees and virtuous people, the body of such a Self-realized one is superior to God.

It is the greatest heritage of his disciples. This is because, despite being all-pervading, God does not impart instructions on *jñāna*, which is received only from the body of a *Brahman-svarupa* SatGuru. They have goodwill in their hearts: 'May our Gurudev remain healthy and live long, and may the whole world benefit from his divine knowledge and realization of Brahman.' When they lose their finite self, become

introverted, and pray, do *japa* and resolve sincerely for the health of the *SatGuru*, the power of the infinite God becomes manifest and the resolution made by the disciples crosses the external distance and reaches the physical body of their *Gurudev*.

A resident of the Ahmedabad Ashram shares his experience, "In October 2000, Pujya Bapuji's trigeminal neuralgia became extremely painful. At that time, *Bapuji* observed a vow of silence. Devotees began praying, making resolutions, and chanting

mantras for Bapuji's health.

During the January 2001 *Uttarāyaṇa shivir* held in Ahmedabad, Pujya Gurudev, who is affectionate to devotees, despite his ill health, came to the *vyāsapeeth* to fulfil the devotees' wish of having his

darshan. At that time, all who were sitting in the *pandal* made a collective resolution for Gurudev's health. *Pujyashri* descended from the *vyāsapeeth* (dais) to accept the resolution made by his devotees. Consequently, there was an improvement in

Gurudev's health.

In a *satsang*-discourse held on 29th January, 2001, at the *Kumbh Melā* in Allahabad (now *Prayāgrāj*), *Bapuji* broke the vow of silence and served the nectar of his *satsang* discourses to everyone."

On 28 February, 2010, during the festival of Holi, his *satsang*-discourse was held in *Surat Ashram*. While delivering a *satsang* discourse from *Vyāsapeeth*, Pujyashri said,



Pray, do *japa* and resolve sincerely for the health of the *SatGuru*, the power of the infinite God becomes manifest.

Good wishes for Parents' Worship Day



Shri Santosh Pandey, MP: Best wishes for the success of the worldwide campaign of Parents' Worship Day celebrated on February 14. The concept of such a great public-welfare campaign could only arise in the heart of Sant Shri Asharamji Bapu. No words are good enough to commend it. For ages, the whole world will continue to progress through Sant Shri's teachings. I express my gratitude to Pujya Bapuji.



Shri Ramdas Athawale, Union Minister of State for Social Justice and Empowerment:

I congratulate your organization on the occasion of Parents' Worship Day for celebrating it on 14th February.



Shri Bhupendra Patel, Chief Minister, Gujarat: In the present time, your organisation is celebrating Parents' Worship Day on 14th

February to increase awareness of fulfilling one's duties towards parents and to inculcate the values of Indian culture in children. This is commendable.



Shri Sukhvinder Singh Sukkhu, Chief Minister, Himachal Pradesh: I am very glad to know that, like every year, this year too,

Parents' Worship Day is being celebrated by your organization on 14th February. My heartfelt good wishes for its successful celebration.

Shri Shivpratap Shukla, Governor, Himachal Pradesh: Parents' Worship



Day is a revolutionary initiative in India's history of untold ages. This programme, which imbibes the Vedic tenet of '*Sabkā Mangal Sabkā Bhalā*' (May goodness happen for all, may auspiciousness betide all.) will bring happiness, peace, and prosperity to society, and the youth will be saved from moral degradation and India will become *Vishvaguru*.

Shri Ashok Rawal, Area Minister, VHP, Gujarat: I express my heartfelt gratitude and praise to Sant Shri Asharamji Ashram for the successful organisation of *Tulsi Worship Day* and *Parents' Worship Day*.

It is my request to all people and all organisations that they celebrate Parents' Worship Day at their respective places to build a good society.



Shri Brijmohan Agarwal, Minister of Education, Religious Trust, Tourism and Culture, Chhattisgarh:

Due to your organisation's celebration of Parents' Worship Day on 14th February for the last 18 years, children and youth are treading the path of supreme progress. This day has influenced the lives of millions of young men and women. My heartiest congratulations and best wishes for the celebrations of Parents' Worship Day!



Shri Kanwar Pal, Minister of Education, Forest and Tourism, Haryana: The main objective of this programme is the →

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