The Brahmajñāni’s Svarupa in which He revels is verily the same in which Lord Shiva revels. The Self in which Lord Shiva rejoices, being absorbed in Samādhi, and reclining Lord Nārāyaṇa revels in the Bliss of Brahman, and Lord Brahmā remains in the state of Samādhi for years, is the very same Self that you have. – Puja Sant Bapuji

Holi: 17th March, Dhulendi: 18th March

* Play Holi but only with the colour of Palash
* Attain happiness of the mind along with health

Bhagavān manifests Himself from time to time to establish Dharma on the earth. I feel that the Supreme Lord Himself has descended on earth in the form of Asharamji Bapu and is promulgating Śanātana Dharma. – Mahānī Shri Raghavānandadasji, Digambarī Akhāra; Pithādhishwar, Lachhwan Bālājī Swāmi Pitha

If you want to bring Dharma, happiness, prosperity, and Supreme Bliss to your life, then…

Remedies for obstructions, difficulties and Pitru-Dosha

Walking – the best medicine for physical and mental health
My heart is gladdened to see the campaign to celebrate ‘Parents’ Worship Day’ on 14th of February has been being run for the past 16 years under the holy inspiration of Puja Sant Shri Asharamji Bapu in order to make future generations of the country bright and vigorous, and for the revival of our Vedic traditions. This event will undoubtedly show a new direction to the younger generation; make the children more respectful to their parents, teachers, and Guru; bring peace, happiness, and prosperity to society, and save the youth from moral decline. I express my gratitude towards Sant Shri Asharamji Bapu—the initiator of this revolutionary initiative. The entire mankind is benefitting from this great campaign initiated by you. The whole of society will remain grateful to you for this event.

— Shri Ramesh Modi, Chief National Treasurer, Vishwa Hindu Parishad

On 14th February, celebrate ‘Parents’ Worship Day’ initiated by Puja Bapuji, to purify your home and clan. Puja Bapuji is a Yuga Purusha of India and the world, who has saved you from the debauching evil Day, Valentine’s Day and lead you towards true love, divine love.

— Shri Dhananjay Desai, Founder and National President, Hindu Rashtra Sena

I wish all success for ‘Parents’ Worship Day’ being celebrated on 14th February. You have made a unique initiative to awaken society regarding a crucial point. It will be helpful in sowing the seeds of excellent spiritual values in future generations.

— Shri Nitin Gadkari, Union Minister for Road Transport and Highways

Your organization has been running the campaign of globally celebrating 14th February as Parents’ Worship Day for the past 16 years. This is arousing the feeling of ‘matri deva bhava, pitrī devo bhava, ācharya devo bhava’ (regard your mother as God; regard your father as God; regard your Guru as God). For this I hereby congratulate the entire organization.

— Smt. Renuka Singh, Union Minister of State, Ministry of Tribal Affairs

Your resolve to celebrate 14th February as Parents’ Worship Day is exemplary. My best wishes to your organization to forever contribute towards the propagation of Indian culture.

— Shri Bhupendra Patel, Chief Minister, Gujarat

The very fact that 14th February is celebrated every year as Parents’ Worship Day under your auspices indicates that we want to keep our traditions alive. The convening of such programmes by the organization will certainly play a key role in making the younger generation hold the older generation in high esteem. I hereby commend your efforts and extend tons of best wishes.

— Shri Hemant Soren, Chief Minister, Jharkhand

Verily, the worship of parents implies the acquirement of excellence. It is a matter of great joy that you are the one to start this initiative to celebrate this Day. My best wishes for the convening of this event.

— Shri Kalraj Mishra, Governor, Rajasthan

(Read other opinions on page 34)
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- Then your Atman, the giver of life will be revealed
- Where is real Peace and Bliss?
- Heartfelt words of the servants of culture, philanthropic virtuous souls
- The sole motive behind framing Bapuji is to ruin India
  - Shri Dhananjay Desai
- ...This will naturally develop love for God
- The incredible glory of Shivaratri Prata
- If you want to play Holi then...
- You can become as great as you want
- Līlās of competent Guru-dev and His love for devotees
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- O friend! What have you done till now? – Sant Pathrikji
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- Why do we circumambulate?
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  - ‘Chalein Sva ki Or...’ Shivir conducted
  - A 4-day Shivir conducted on the occasion of Uttarayan
  - Tulsi Worship Day was celebrated widely this year
  - Walking is the best medicine for physical and mental health
- Nutritious dates
- A kapha pacifier beverage beneficial especially in the spring
- An appeal to the entire saint community & Hindu organizations—Shri Raghavanandadaasji
- Japa of Omkar grants health and the knowledge of Immortality
- Remedy for obstructions, difficulties and Pitru-Dosha
- Whose lives are shortened?
- Questions and Answers

Puja Bapuji’s Satsang on Various Channels & Seva-activities

* ‘DIGIANA DIVYA JYOTTI’ Channel is available on ‘Digiana’ Cable (Channel No. 109) in M.P. * ‘ARADHANA’ Channel is available on JK Cable in Jammu.

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Vices such as indiscipline, waywardness, being covetous of sense pleasures, irritability, egoism and aversion to duty are increasing in the future generation of the country. Pujiya Bapuji inspired to celebrate ‘Parents’ Worship Day’ on 14th February in place of the evil custom of Valentine’s Day, with the objective of saving the country from such a condition. Countless salutations at the auspicious feet of such a supreme saint!

– Shri Surendra Kumar Sethi-ji, a servant of culture

Out of the many divine works of Pujiya Bapuji, ‘Parents’ Worship Day’ is a very sweet and auspicious festival, initiated by Pujiyashri with the sole purpose of strengthening the shoulders of today’s young generation averse to their great culture by equipping them with divine spiritual samskāras of India, so that they may discharge their duties towards their family, society, nation and Dharma.

– Dr. Rajiv Gupta, a philanthropic virtuous soul

Param Pujiya Bapuji has not only spiritually revolutionized the globe by reviving the eternal principles of Dharma, imparting supreme divine knowledge, knowledge of one’s essential nature, and bringing it to a practical level, but has also done the unparalleled work of promulgating lofty ideals in society through festivals like ‘Parents’ Worship Day’. His holy vicinity and satsang-discourses are absolutely indispensible for the society and culture, as before.

– Shri Mukesh Chandra, a virtuous soul devoted to the service of culture

All the works done for Indian culture by world renowned saint Pujiya Bapuji are wonderful and unique. Be it ‘Tulsi Worship Day’ or ‘Parents’ Worship Day, Pujiya Bapuji has greatly obliged society by giving the message of celebrating divine festivals like Tulsi Worship Day and Parents’ Worship Day. To inculcate spiritual samskāras and promote health and good feelings on the days when western evil customs cause maximum harm to society, enhancing depravity and substance abuse, etc. The world will forever be indebted to him for this.

K.C. Narwal Family, an icon of philanthropy

Bhagavān has also incarnated as saints from time to time in India and removed evil customs spreading in society. Param Pujiya Sant Shri Asharamji Bapu is such an incarnation in the present times. Our children, who were heading towards the path of living a wayward life, were saved from moral degeneration by Pujiya Bapuji by inspiring them to celebrate ‘Parents’ Worship Day’. But it is ironic that society has been deprived of the satsang and holy company (Continued on page: 10...)
The incredible glory of Shivaratri Vrata

Says Lord Shiva, “The one who ceremoniously observes the Mahāshivarātri Vrata according to the prescribed course, practicing self-control, observing Brahmacharya, and abstaining from falsehood and deceit, receives the fruit of worshipping Shiva for the entire year.” Hence it yields fruit to the devotee.

The fruit of Mahāshivarātri Vrata

Suta-ji said to Shaunaka-ji, “Those who do not have the fortune to hear and reflect on the satsang of Self-knowledge should ceremoniously worship Shiva with devotional faith and observe the Vrata of Shiva. Shiva-worship performed with devotional faith will eventually grant the satsang teaching the Ātma-Shiva, and will enlighten him of the all-pervading Shiva of truth nature.”

I was blessed with the fruit of just one Mahāshivarātri. In a secluded place I worshipped Lord Shiva in the way I could and my life changed greatly. All my doubts – ‘If I leave home what will happen?’ ‘How will it be...?’ were dispelled and I got the courage to take a huge leap. Brother! It is a mystery whether or not Lord Shiva, the Lord of Kailāsa, will come by performing Mahāshivarātri-Vrata, but if your heart is engrossed in Shiva, your bhāva becomes pure.

Make your home the temple of Lord Shiva

Have a room in your home free from worldly clutter and dedicated to sādhana, Bhajan and worship. If possible, install a phallic image of Shiva or place the photo of a Self-realized great man in whose heart Bhagavān is dancing and speaking through his voice, and who is the centre of your faith. Regularly perform meditation and japa and offer flowers, light aṭi (oil lamp) and burn incense (Dhupa) there. Dhupa sticks containing chemical perfume are harmful. Put a little guggul on a burning Desi cow-dung cake or put some hawan materials on burning coal or burn Gau-chandan dhupa sticks. Regular practice of mantra-japa, sādhana and bhajan done in this place will turn it into Shiva temple in a few days.

Whenever you encounter any worldly trouble or difficulty, wash your hands and feet, and pray in that room. Chant ‘Om’ in an elongated way for 5-7 minutes followed by mental japa and meditation. If it is night, then pass into sleep carrying the state of mind created through meditation. You will get the answer to your question in your dream or surely in the morning. If not on the same day, you will get it the following day. You will get the answer (to solve your problem) or the problem will resolve on its own. This is absolutely true.
If you want to play Holi then... – Pujiya Bapuji

If ajnāna and its family – avidyā (ignorance), asmitā (egoism), rāga (attachment), dvesha (aversion), and abhinivesha (the will to live) are not consigned to the bonfire of Holi and God is not realized, whatever has been achieved will be left behind in just one stroke of death. Bhole Bābā says,

होली अगर हो खेलनी, तो संत सम्मत खेलिये।
संतान सूप ऋषि मुनिन की, मत संत आज्जा पेलिये।

“If you want to play Holi, play it in accordance with the Saints, O children of auspicious Rishis and Munis! Don’t disregard the command of Saints.”

We are the descendants of Rishis and Munis. Our origin is the Self, Supreme Self. Being children of God, we can be like God. So from today on, our life should be such that our ego, desires and worries are reduced to ash in the fire of discrimination.

...make such a firm resolve

The tale of Prahlāda and Holikā passed like a dream in the course of time. The entire world is nothing but a dream. Everything passes leaving only the tales. Set Self-knowledge as the only goal of your life, love your Atman alone, and be engrossed in meditation on the Self without believing this fictitious dream-like world to be real and getting embroiled in this passing world. All the rest will be destroyed like the celebration of Dhulendi. All that has passed is destroyed, all that will pass will also be destroyed and what is passing is also getting destroyed, but the Supreme Self that enables us to see all this is verily Truth, One, Omkāra; He alone is True throughout the ages, He alone is True here and now, and True He shall be.

So make a firm resolve: ‘I will become steady in Self-intoxication and in the peace and knowledge of Truth-nature Supreme Self.’ Offer the oblations of attachment, aversion, desperation, disappointment and delusion to the fire of Holi. Don’t become a slave to the desires but become the Lord of desires by cultivating zeal, wisdom, patience and cheerfulness. You may not become ‘Asharam’ by name but you should be the ‘Lord of desires in your life’.

Light the bonfire of Bramha-vidyā

Celebrate Holi in the way mentioned by the Upanishads, Maharshi Veda Vyāsa, Guru Nānak-Ji, Saint Kabir-Ji, Sant Bhole Bābā-Ji, Swami Rama Tirtha-Ji, Swami Vivekananda-Ji and others. Your Holi & Dhulendi becomes meaningful when you celebrate it by destroying ignorance as instructed by saints and śāstras.

Though attainment of innocent and natural joy is the objective of this festival, wayward people invading society turned this festival into a cause of some evil consequences. Holi is the day to live with natural spontaneous love arising from non-dual nature by removing the difference of great and small, differences based on race, education, and wealth. Congratulations for that!! May your life be full of this love. May this Vedantic innocent love with self-
Worship is not meant to lose divinity, it is to awaken it

A person heard that if we worship gods & goddesses, they will help us when we are in trouble. So sometimes he would worship goddess Ambā, at times Lord Shiva, at times Ganapati, and so on... thus, he would worship all the deities applying a tilaka to their idols.

His bullock cart got stuck in the mud so, he called upon God for help — “O Mother Ambe! Have mercy on me! I am your son. If not you, who will come to me in such a troubled time? Mother! I am hungry; please also bring some food.”

He cried all day for help, but to no avail. Darkness was increasing and night time arrived. He called upon Lord Shiva, Ganapati, etc., for help; but nobody appeared. He called upon Lord Hanumāna, “O Hanumānadāda! I called upon everyone in this time of trouble, but nobody came. You are manifest God, O Hanumānadāda! जे जे हनुमान गीताशै। कुषा करतु भुगु देव की नाई। Glory, glory, all glory to Lord Hanumāna who is the master of His or gans of perception and action. Please shower me with Your grace just like my own Gurudev.

The way Guru Maharaj showers motiveless grace on His disciples, in the same way you come and shower motiveless grace on me. If not you, who will come to save me in this time of trouble?” Praying thus, he broke into tears. Sobbing uncontrollably, he fell unconscious and as a result, his mind calmed down and unwittingly, his will-power strengthened. Coincidentally, Lord Hanumāna passed by and said, “Why did you call upon me?”

“My bullock-cart is stuck in the mud, will you please pull it out, my Lord!”

Lord Hanumāna lifted his mace, and said, “O unworthy one! You are such a sturdy young man endowed with strength. Get off the cart, exert some force on the wheel and try to pull it out. Pull in the reins and lift the bullock’s spirits by making strange sounds. If I pull out the cart, then every time it gets stuck, you will seek my help and remain the same dependent person. Haven’t you got any strength? You too possess the power of the wind god (Prāṇa) whose son I am. If I am the son of Vāyu (the wind god), then you too possess the very same presence of wind; just hold your breath and exert the force. Just get off the cart, and exert some effort otherwise, I will hit you with my mace!”

As soon as he exerted some force, the bullock cart came out of the mud.

He said, “Hanumāna-ji! You came to help me, and hence, my cart came out of the mud…”

Lord Hanumāna said, “But I didn’t even move. You already had the hidden strength within, but you misused it and were entreating me abjectly. Despite being my devotee, you were putting me to shame. You should enhance your willpower as that →
The bonds of samsara are not broken until then

There is a Puranic story. Goddess Pārvati asked Lord Shiva: “So many people go to temples and many people are religious, but why don’t their bonds of worldly existence get broken?”

Lord Shiva said: “Certainly, they go to temples but they don’t go beyond their preconceived notions. They are gripped by their notions and usually those of rajasīc and tamāsīc temperament go to temples. Someone of sattvic temperament goes occasionally.

इदं तीर्थं इदं तीर्थं भार्यवत्ति तामसा जनानां।
आत्मतीर्थं न जानन्ति कथं मोक्ष कृपण प्राये ॥

“Hey Parvati! People of Tamasic nature wander under delusion saying, “This is a place of pilgrimage... This is a place of pilgrimage...” but the real place of pilgrimage is only our Self, which they don’t know. When they are attached, only to the ‘seen’, how will they attain liberation from ‘seen’?”

But Pārvati! Wherever one, who has transcended those notions lives, that very place is a temple.”

Pārvati: “But please come with me to satisfy my curiosity. You have so many devotees and some of them will also have transcended notions.”

Lord Shiva said: “Let us go.”

Mahādeva, the Lord of gods and mother of the universe Pārvati-ji, then assumed a human form and sat in the precinct of a spacious temple where beggars were seated. Pārvati-ji assumed the form of a beautiful woman and Mahādeva assumed the form of a leper. Sitting with her leper husband, the radiant beauty was disguised as a female beggar. Many people glanced at the beautiful lady. If they had to throw one or two cents, they would throw it towards the beautiful lady and return with her picture imprinted in their mind, but they could not grasp the picture of the leper. Although there was a mammoth crowd, the bells were ringing, people were shouting, “Victory to Bhagavān”. The prayer “Thou art my all, O God of gods” was also spoken, but everything was being repeated according to their preconceived notions.

The devotees were applying tilaks on their foreheads and everyone was passing after having darshan as a daily routine. Meanwhile a man arrived at the temple and saw a leper was sitting and his wife was driving away the flies.

The devotee said: “Mother! Your husband has contracted leprosy, come to my house, I am like your son, my wealth is your wealth, my house is your home. If you stay here, his disease will aggravate and because his disease is infectious, others will also suffer. Come to my house and I will serve him, you will also serve him and whatever I have, will be used in his service.”

Pārvati-ji said: “No, we don’t go to anybody’s house.”

Indeed it is true that they never go to anybody’s house. Until someone has left the notion of owning the house, they do not go there but when ‘somebody’ (the ego) is removed then only their existence is left.
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First category
(First) Aditya Chhapra
(Second) Divya Vadedra
(Third) Teertha Kannaju

Second category
(First) Om Prayagraj
(Second) Yudhesh Satara
(Third) Pranava Ambala

Third category
(First) Salona Jharsoguda
(Second) Neelam Alwar
(Third) Divyam Patna

Fourth category
(First) Minta Devi
(Second) Dr. Ishwar Dutt
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