Such is their Motiveless Grace!

Parents’ Worship Day: 14th February

Due to the celebration of this Day, quite a lot of joyless hearts have been delighted and collapsing spirits have been raised again. Thorns have turned into flowers, while enmity has turned into love. Defeat has turned into victory, and astonishingly, even death turns into liberation by virtue of the blessings of parents, Brahmavetta SatGuru and Vedantic Knowledge that the latter imparts.

— Pujya Bapuji

May every person and every country celebrate True Love Day; thereby arousing love divine within one another.
By virtue of the divine inspiration of great men of high order (Self-realised ones), others are uplifted. They do not usually give orders; a sign from such men uplifts others. However, if they do happen to give an order and if we obey it, then where is the scope of doubt in our Supreme welfare?

One is uplifted, emancipated by:

1. Getting a sign from such men  
2. Following their principle  
3. Obeying their commands  
4. Receiving their blessings  
5. Rendering selfless-service to them.

Whilst rendering selfless service to someone who is not Self-realized, and is merely a sadhaka, does some good to the servant, then imagine the effect of rendering the same to Brahmavettra great man Himself!

He is the greatest man, by virtue of whose:

1. Name-chanting  
2. Remembrance  
3. Darshan  
4. Touch  
5. Sankalpa (will or volition) and  
6. Due to the conversation with whom – one attains salvation.

As per Maharshi Patanjali, चोत्तरात्मकविषय वा विनयम्। “Or by meditation on the heart that has given up all attachment to sense objects.” (Patanjali Yoga Darshana, Samadhi Pada: 37)

Think of a holy person, whose heart has become non-attached and meditate on that heart; it will calm the mind. Meaning: the mind reflecting on their state of non-attachment also becomes calm.

One attains salvation not only by the remembrance of God, but also by the remembrance of great men. And hence, in verse 13.25 of the Gita, Lord Krishna said:

तत्र चित्तस्य हि भवनुषु ज्ञाते। चित्तस्य भविष्यविषोद्वादिषोऽविषयश्वरः॥

“Others ignorant of this (discipline of Meditation, Knowledge and Action) hearing from others (self-realized Masters) worship; and they too go beyond death by their devotion to what they have heard.”
In This Issue...

* Pujya Bapuji’s message for volunteer devotees
* After all who is he? — Dr. Pratibha Sharma
* The cause of grief and the means to destroy it
* Such is their Motiveless Grace!
* The Vow that helps to attain a state free from misery
* He cured the disease of my body and led me on the path to cure the disease of metempsychosis
* The Principle of making good use of everything
* The more love for God and selflessness one has, the more the happiness one attains!
* Who is greater?
* Go forward and make progress
* Subscription campaign by a little girl
* These two virtues will bring other three followed by six more virtues
* Mothers! You can also become the mother of God
* Payovrata: A Vrata to beget an excellent child
* If you want to beget an excellent and virtuous Progeny...
* Why Worship and offer libations to the Sun God?
* Evolution of the five Mahabhatas
* They attained supreme ecstasy
  — Guru Arjundev.Ji
* What to do after doing Japa?
* Death does not come near him
  — Sant Teunram.Ji
* We can get more nutrition by soaking these food substances
* Sure-fire remedies for Rheumatoid arthritis told by Pujya Bapuji
* Relief from arthritis without painkillers for nominal or no charge
* From where does Lakshmi go away?
* Answers to sadhakas’ questions...

Pujya Bapuji’s Satsang on Various Channels

- ‘DIGIANA DIVYA JYOTI’ Channel is available on ‘Digiana’ Cable (Channel No. 109) in M.P.
- ‘TAKE PRARTHANA’ Channel is available on TechOne Cable in Jammu.
Pujya Bapuji’s message for volunteer devotees

Even after Kanya-daan (the giving of one’s daughter in marriage), the son-in-law could become an alcoholic, or corrupt; however, the person who receives the gift of satsang becomes so pure that one becomes free from drinking alcohol, corruption, and one also becomes free from the cycle of 84 lakhs species; and feels blessedness in life.

So, I thank those conducting ‘Rishi Prasad’ conferences, and also do so on behalf of Lord Shiva; as He said, “Blessed are the parents of one whose heart is filled with devotion to the Guru, blessed is his lineage his descendants and also blessed is the land where he lives.”

Why does He say so? Because you are going to be liberated from 84 lakhs of species (the cycle of birth & death) by engaging yourself in the Divine works of the Guru, devotion to the Guru, and chanting of the Name divine. Other jivas waste tens of millions of births wandering in the cycle of 84 lakhs of species.

For those, who, do not attain God, despite being engaged in the seva of ‘Rishi Prasad’ or treading the spiritual path; Lord Krishna said: न हि कर्मात्मकम: कर्मसु भवतात्त्विकाः तत्तत्सः।

“O Partha, there is certainly no ruin for him here or hereafter. For no one engaged in good work meets with a deplorable end, My son!”

(The Gita: 6.40)

Those engaged in good work never come to grief. Instead, they ascend to higher realms, like Brahma-loka, Vaikuntha-loka, Svarga-loka, etc.… If they don’t wish to stay in such realms, they are born again in the house of the pure and the wealthy.

शुचीमां श्रीमतां गेहे योगप्रथोभिजा:।
अथवा वैकुण्ठरथे कुले धर्मान्य:।

“Having attained to the worlds of the righteous, and having dwelt there for everlasting (numerous) years, he who had fallen from YOGA is born again in the house of the pure and the wealthy. Or, he is even born in a family of the wise YOGIS; verily, a birth like this is very difficult to obtain in this world.”

If he is also not desirous of being born in the house of the wealthy, he is born in the house of the wise YOGIS.

I heartily thank all satsangis (satsang lovers) of India and abroad, who work selflessly for the sake of God, nation, and for the good of others.

Someone asked Saint Tulsidasji, “If one fails to rightly interpret so many verses, couplets and quatrains of your Ramayana in vernacular, then what is the gist of it?” He said: पर हित सरिता धर्म नहं भाई।

पर वीरा सन नहं अष्टरावी॥

“Brother, there is no virtue like benevolence, and no meanness like oppressing others.” (Shri Rama Charita Manasa, Uttara Kanda: 40.1)

When Maharshi Veda Vyasa was asked, “O Maharaj, Kindly let us know the gist of your epic Mahabharata containing 1 lakh verses, or even the 18 Puranas composed by you, just in case we fail to understand any!” That kind man said: परोपकार: पुष्पाय पाणाय परपीडनम्॥

“Doing good to others conduces to merit; and doing harm to them leads to sin.”

Just make sure you don’t do any harm to others either by your speech, conduct, or even thought. If you don’t consider anybody wicked, nor think ill of nobody, nor do harm to anybody, you will become free from wickedness. And when you become free from wickedness, you will become imbued with goodness. When this very principle of Veda Vyasa, Tulsidas ji or other great men is rightly understood, there will be prosperity in our country; and in no time, India will become...
Parents’ Worship Day: 14th February

Children and their parents should celebrate ‘Parents’ Worship Day’ on the 14th of February. Parents are naturally kind to their children; and when children worship their parents, the heartfelt blessings of the latter will make the beloved children long-lived, famous, and prudent; they will also be saved from bad company and evil acts. Celebration of Valentine’s Day ruins the lives of teenagers who make someone their lover, and keep bad company; however, reverence and worship of parents saves children (sons & daughters) from bad company, with the latter earning affection of the former, along with good moral values.

Win the heart of Parents and SatGuru

The teenagers who don’t win the hearts of their parents by elevating themselves with self-restraint and virtuous conduct; and behave in such a way that would hurt the hearts and feelings of the latter; don’t have a good future. At this stage, they might not like my words; but it’s a fact. Just strive hard; and win the hearts of your parents. Parents’ hearts naturally melt when they see their children, but some people, blinded by ignorance, can’t understand this.

I can’t believe that you truly want to please parents, and yet, they are not pleased with you. They are compassionate and kind hearted by nature. The way God and Guru shower their motiveless grace; parents also shower the same, at the sight of their sons & daughters.

The one, who has high regard for parents and SatGuru; doesn’t have to worry even when God gets displeased with him/her. When parents and SatGuru are pleased, God will automatically be pleased. As written in the Guru-Gita, ‘The Guru is capable of saving one from Lord Shiva’s wrath, but Lord Shiva cannot save one if one incurs the Guru’s displeasure.’

A father lacks maternal love, while the mother lacks the paternal strictness of discipline. And what you may discuss open-heartedly with your friend – be it matters of your life, or those of the mistakes or deeds committed by you, is not something that you can discuss with either of your parents. However, SatGuru, or the enlightened man is such a place where you can frankly and openly share all your deeds & misdeeds. It is the place where you receive love & affection like that of the mother, discipline like that of the father, Swaraj like that of God, and realization of the essential nature of the Self, as that of the SatGuru.

For those who have attained such a SatGuru, Lord Shiva says,

धन्या माता पिता धन्यो गौरी धन्यं कुलोदभवः ।
धन्यं च वसुधा देवी यत्र स्यादेव गुरुभक्तता ॥

“Blessed are the parents of one whose heart is filled with devotion to the Guru, blessed is his lineage his descendants and also blessed is the land where he lives.”

How should the children be?

A son should tell his father, ‘Dad! It’s quite gracious of you to have brought me
Mothers! You can also become the mother of God

It is mentioned in the Bhagavata Purana that sage Kashyapa had two wives. One was named Diti and the other Aditi. Aditi stands for advaita or non-duality and Diti stands for dvaita or duality. (One who is dualist, who creates differences is Diti; and the one who does not create differences but unites differences with unitive intelligence is Aditi.)

At the time of dusk, Kashyapaji was absorbed in his devotional worship at the place of keeping sacrificial fire. Diti expressed her desire to have intercourse.

Kashyapa said, “This is not the appropriate time because it is a sin related to time, also Lord Shiva will be travelling in the sky, so it is a sin against the deity, this is also a place of sacrifice which is a holy place. This is not a place for enjoyment but a place of devotional practice, hence there is a sin related to the place as well. If you disregard your husband to satisfy your desires, it won’t be good.”

Still she was consumed with the sex desire, so the sage sipped some water and said, “May God’s will be done.” He bowed to God and yielded to her carnal desires.

When lust comes it makes one blind but when it goes it kindles some dispassion and alerts the person. Diti regretted: ‘I have violated my husband’s order and also insulted Lord Shiva. This act was done in a holy place, O Lord! What will happen to me now?’

Kashyapaji said, “You took refuge in lust and also loved the same, you incurred all sins. Now you will give birth to Daityas who will be wicked and torture people.”

Diti prostrated at the feet of Kashyapa with regret and begged for forgiveness from Lord Shiva and her husband. Then Kashyapa said, “Your sons will be demons, but because you regret your actions, by the grace of God, your grandson will be a devotee of the Lord.”

Diti gave birth to Hiranyakashipu and Hiranyaksha and then Prahlad, a devotee of the Lord was born in the house of Hiranyakashipu.

In the third canto of Bhagavata there is the description of three women (mothers). One mother is Diti who gave birth to Daityas. The second mother is Shatarupaa who gave birth to a devotee and the third is Devahuti who gave birth to God; and in the eighth canto of Bhagavata there is a description of the fourth mother, Aditi who gave birth to deities.

So mothers can also give birth to a child like daitya. They can also give birth to devotees and can also give birth to the most exalted devotees who attain Self-realisation, like saints like Kabir, Guru Nanak, Ramakrishna Paramahansa, Ramana Maharshi, Sai Lilashah and thereby become the mother of great men, the forms of God.

If they observe Paurvraya, take refuge in the Lord and love Him, they will beget a progeny of a devotional disposition who will attain God sooner or later.
The Sun, being the visible form of God, is the basis of life on Earth. According to Indian philosophy, a person is not eligible to perform an auspicious act without performing worship of the Sun. Pujya Bapuji explains about worship of the Sun God in his satsang: “The scriptures elucidate Sun worship in detail. Rig Veda (Mandal 1, Sukta 115, Mantra 1):

सूर्य आत्मा जगतस्तुपूर्वत

“The Sun is indeed the soul of the moving and unmoving world.” One who worships the Sun gets protected from sorrow, poverty, lowliness and downtrodden-ness. He quickly attains the fruit of eradication of disease and defects, and growth of intelligence.

Take a bath early in the morning before sunrise. Then stand or sit (on a mat) in open ground or on terrace where there is good sunlight, expose your navel to the rising Sun and salute the Sun god. Close your eyes and contemplate: ‘The Soul of the Sun is the same as that of mine. In essence both are equally powerful.’ Then open your eyes and invoke the indigo rays of the Sun in the navel and chant these mantras:

Aum Sooryaaya Namaha (salutations to he who induces activity), Aum Mitraya Namaha (salutations to the friend of all), Aum Ravaye Namaha (salutations to the shining one), Aum Bhaanave Namaha (salutations to he who illumines), Aum Khagaaya Namaha (salutations to he who moves quickly in the sky), Aum Pooshne Namaha (salutations to the giver of strength and nourishment), Aum Hiranyagarbhaaya Namaha (salutations to the golden cosmic self), Aum Marichaye Namaha (salutations to the Lord of the dawn), Aum Aadiyaaya Namaha (salutations to the son of Aditi, the cosmic mother), Aum Savitre Namaha (salutations to the stimulating power of the Sun), Aum Arkaaya Namaha (salutations to he who is fit to be praised), Aum Bhaaskaraaya Namaha (salutations to he who leads to enlightenment), Aum Shri Savitru Soorya Naaraayanaaya Namaha (salutations to Sun god).

Benefits of Sun-Worship

It develops memory power, power of ascertainment, and digestive power. It cures diseases caused by Vata or Kapha like cold, cough, asthma. The person of cold Prakriti should always worship the Sun God. Women should not worship the Sun during menstruation and pregnancy. Worship should be performed before 8 am in summer and 9 am in other seasons. In the rainy season, it should be done when the Sun appears in the sky.”

Method and benefits of offering Libation to the Sun

The Sun is the Lord of intellectual power. Offering libation of water to the Sun while reciting mantras, sharpens the intellect and gives benefit of enhancing our faith, power of the mantra and the grace of Sun god through the reflected sun rays falling on our body. Pleased with this, the Sun God blesses one with long life, health, prosperity, radiance, vigour, fame, reputation, etc. Expounding the importance of offering libations to the Sun, Pujya Bapuji says: “Offering arghya to the Sun god is akin to getting a beautiful gift for one’s mind and family. Libations should be offered after having a bath. At the time of sunrise one should take water in a copper vessel, add red flower, kunkum (red turmeric powder), rice, red sandalwood, etc. to it and then offer libations to Sun god. Thereafter apply a tilak on your forehead between the eyebrows with the soil wetted by the arghya water. Close your eyes and visualize the Sun god in your mind and do japa of your Guru Mantra or Surya mantra with Beej mantras- ‘ॐ हो हूँ स: सूर्या नम: ’ (Aum Hraam, Hreem, Saha, Sooryaaya Namaha). It renders the intellect pure and develops it.” (To be continued…)
Benedictory experiential words of Saints

They attained supreme ecstasy

– Guru ArjundevJi
Those who have faith in the Guru and who are lovingly attached to God, enjoy the delights of supreme ecstasy. Those who forget God and forsake the Guru, fall into the most horrible hell.

He never falls into hell

– Sant Tulsi Sahib
सोना काई नहिं लगे,
लोहा धुन नहिं खाय
बुरा भला जो गुराभगत,
कवहूं नरक न जाय

Rust does not corrode gold, iron is not infested by pests. The devotee of the Guru, who keeps faith in Guru; Never falls into hell, whether deemed good or bad.

Seek not to live in disgrace

– Sufi Saint Sarmad Shaheed
“O Sarmad, do not expect love from the people of this world. A tree without foliage has no shelter against the sun. Honour lies with contentment and disgrace with greed. Live with honour and seek not to live with disgrace.”

Says Dadu, “These two are the priceless gems in this world- One is the Supreme Self and the other is saintly men. They are immeasurable and priceless.”

SatGuru is superior to the Vedas, Shastras and various systems of philosophy

– Sant Bahina Bai
“As chief of all means of salvation stands that of the service to a Guru, which changes one into Brahman. I will, therefore, approach his feet, and there dwell; and then, Oh heart, who will care for you? There are Shastras and Vedas and many great systems of philosophy, but a SatGuru is superior to them all. Says Bahina, “If I have the favour of my Swami SatGuru, he will show my heart the easy way to salvation.”

Satsang is Svadharma

– Swami Sharanananda
Satsang gives life. Satsang is the duty of one’s own self and not the duty of one’s body. By enlivening the satsang plan, awaken the slumbering humanity.

These are priceless and immeasurable

– Sant Dadu DayalJi

Naadu is sanskar ma, ye mo rohan amol
Ek sanskari aru sanskar, iska mol na tool

Through them, all benefit uniformly

– Swami RamsukhidasJi
Just as the sun gives light to all equally, so through the saints and great souls, all benefit uniformly.

Issue-325 January 2020 www.rishiprasad.org
A Herbal Collection for strength, agility and intellect

Especially for use in winter

In this, you will find: Ashwagandha Paak (450g), Saubhagya Shunthi Paak (450g), Chyavanprash enriched with saffron (1 kg), Black dates (500g), Vajra Rasayana (35 tablets), Shilajit Capsules (20 capsules), Raisins (500g), Sanjivani Honey (500g), Drakshavaleha (500g), Ojaswi Tea (200g) and Honeyed Triphala Tablets (100g)

Total cost: ₹ only 1700
With free postage!
(Available only through Registered Post)

Avail notebook stickers for students as well

---

Notebooks & Registers

Low cost, high quality and attractive design
Along with illustrations of moral values

What other special features are included? ❋ An inspirational quote on every page to instill knowledge, self-confidence, positive thinking and regard for parents in students, to make them refined. ❋ Measures to improve concentration and memory power, techniques to excel in exams and health tips. ❋ Inspiring messages and anecdotes of the great men and inspiring stories. ❋ Natural scenes arousing peace, zeal and joy in the mind… and many other things!

Inculcate easily moral values in your children and neighbouring ones through these notebooks; and save sensitive children from Life-Energy destroying material published in other regular notebooks.

---

Tulsi Ark Enhances memory power, purifies the blood and helps in various ailments

It enhances one’s memory, good looks and strength, besides destroying harmful germs and detoxifying the body. It is beneficial for the heart; and is useful in practicing celibacy. It purifies the blood by removing low-density lipoproteins (LDL). It helps in common cold, cough, hyperacidity, fever, diarrhoea, vomiting, hiccups, bad breath, dyspepsia, dysentery, etc.

The above-mentioned products can be obtained from the service centres of Sant Shri Asharamji Ashram Samitis. To order through Regd. Post, Contact: (079) 61210730, e-mail: contact@ashramstore.com. For information about other products and their detailed benefits, etc., and home-delivery of the products, please download from the Google Play Store: “Ashram eStore” App or visit: www.ashramstore.com
Sant Shri Asharamji Ashram’s
Official Youtube Channels

Subscribe to this channel and avail of:
★ Puja Bapuji’s rare and pithy satsang discourses that alleviate sufferings, and give peace, bliss and Self-knowledge. ★ Tips to attain true happiness, health, prosperity, and success in every field; and knowledge leading to the pinnacle of spirituality, along with worldly progress, mental peace, etc. through the ambrosial satsang of Puja Bapuji. ★ Information regarding forthcoming festivals and Vratas; and Puja Bapuji’s spiritual discourses on the same. ★ Discourses of Shri Suresh Chandraji and orators of the ashram; and much more!

Subscribe to this channel and avail of:
★ Heart-touching videos of various selfless service activities carried out across the globe with the Divine inspiration of Puja Bapuji. ★ Discourses of Ashram-Orators. ★ Important official announcements and much more!

Tulsi Worship Day becomes the great conflux of allegiance to Culture, Green Revolution and Social Harmony

Resolve to disseminate the Ambrosia of Knowledge made in Rishi Prasad conferences

Tejaswini campaigns being held by Mahila Utthan Mandal for the all-round development of young women