Pujya Bapuji endured a lot of afflictions in order to attain Self-realization and later, for the sake of public-welfare; thereby spreading the fragrance of divine happiness, peace and knowledge in the lives of countless people across the globe. Even today innumerable people are hoping for Bapuji’s proximity and satsanga, so as to receive mantra initiation from Him.

The well-being of every creature is brought about by such Self-realized great men alone.
If you want absolute peace and eternal bliss, then...

उत्तिष्ठत जाग्यत प्राय वरानिवोधत | ध्रुस्यय धारा विनियता हृद्याया दुर्ग पथस्तलकप्यो बचनित ||

‘Arise, awake; and learn by approaching the exalted ones. According to the wise, that path is as sharp as a razor blade, impassable, and hard to traverse.’  

(Katha Upanishad: 1.3.14)

No matter how impassable the path of Truth is, by virtue of the grace of SatGuru saints, it becomes quite traversable for those seekers who live in their refuge.

"Saints alone can guide you to the place of meeting God; the door to the heart is opened easily by their grace."

If you, with the hope of supreme peace or emancipation, take refuge in anyone other than a SatGuru saint in this world, be it a high official, King, Maharaja or whosoever, and manage to propitiate them somehow; they cannot give you anything other than transitory things of the world. There have been many rich people in the world, possessing worldly riches, one on the top of another; yet there hasn’t been anyone who ever found supreme peace & bliss through the same.

If you advance a bit further, and take to the extraordinary powers of nature and take refuge in gods & goddesses and by chance, even manage to propitiate them somehow; yet, even they can give only some magical teaching and some materials for prosperity and sense enjoyment; – not the real wealth which will give you absolute peace and eternal bliss.

Actually, it’s none, but the true saint who have realized Brahman, who is the master and giver of spiritual discipline, the method and power – that can lead to the attainment of absolute peace and bliss. Hence, take refuge in Him alone and please Him. The true, supreme Wealth that is obtained by His grace, cannot be obtained from anybody else in this world or the other.

After taking refuge in SatGuru saint, don’t beg for worldly things from Him; instead, by obediently following His instructions, attain the divine wealth that He owns, and thus become a True Yogi of Truth & Bliss.

Man can worship the true God with his whole being and become completely detached from the world by surrendering completely to the Brahmavetta, SatGuru saint. Hence, the jiva attains final liberation only by being steady under His shelter, who is consciousness personified.
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— Pujya Bapaji’s Satsang on Various Channels —

* ‘ISHWAR’ T.V. Channel is available on Tata Sky (Channel No. 1068), Dish T.V. (Channel No. 1057), Videocon (Channel No. 488) and GTPL, Den, Fastway, Hathway, etc., digital Cables and “JioTV” Android app. * ‘DIGIANA DIVYA JYOTI’ Channel is available on ‘Digiana’ Cable (Channel No. 109) in M.P. * ‘TAKE PRARTHANA’ Channel is available on TechOne Cable in Jammu.
Awaken your Atma-Shakti! — Pujya Bapuji
(NAVARATRI: 29th Sept. through 7th Oct.)

The more one develops Shakti (energy) in his life, the more successful he becomes in every field of life. The Days of Navaratri (literally meaning “nine nights”) are to worship Shakti. None of the Devas (deities) of Sanatan Dharma believes in weakness. So, all Devas have weapons to combat demoniacal powers. Hanumanji has a mace, Lord Rama has a bow and arrows, Lord Krishna and Lord Vishnu have a Sudarshan Chakra.

It is observed in the world and society that however good your thoughts are, however virtuous and pure you are, if you are powerless, no one will count you. Those of devilish activity, whose thoughts are base, but if they are powerful, their thoughts will spread. Thoughts spread if there is power behind them, not because they are good or bad.

We should have such power in our life that even if death comes and we cast a glance on it, its attitude in dealing with us would change. Though there were many incidents of opposition and struggle in the lives of the great men like Mansoor, Mahatma Buddha, Shri Rama Krishna Paramhamsa, Saint Eknath Ji and Saint Jnaneshwar Ji, but peace still prevailed in their hearts. It was the fruit of energy.

“नायमात्मा बलहीनेन लभ्य...”

“This Atman is not accessible to the weak.”

(Mundaka-Upanishad: 3.2.4)

Self-knowledge does not resonate in the heart of a faint-hearted person. No doctrine or friend can help you much whilst ever you remain weak. If you have power, even your foes will befriend you, but if you get weakened from within, even your friends will turn away from you. However, SatGuru and God are an exception to this. They will never leave you.

One type of power is physical strength that was possessed by wrestlers like Gama, Dara Singh and King Kong, but physical power is not everything. There are other types of power as well – power of mind, power of intellect, power of wealth, power of weapons, power of cronism, etc. But all these powers are based on self-force. The person who has lost courage within is defeated by even a small lowly man, but one who has not lost the power of atman can’t be defeated by even big giants.

How the goddess Jagadamba appeared and how the demon Mahishasur was killed by her, you have heard in Puranic tales; but if you look at it from a philosophical viewpoint, a battle between the forces of good (devas) and evil (asuras) has been going on since time immemorial. Whenever the devas become weak and the asuras get stronger, turbulence and havoc is created and then the devas, the good people seek refuge in God, and with His assistance,
Lakhs of people celebrate their wedding anniversary; every day is the birthday of crores of people, and the death anniversary of a handful of social reformers or ascetics is celebrated. But Self-realization day of the rarest of the rare Brahmavetta (Knower of Supreme Being) comes very rarely on some rare place on earth. To have darshan of God is difficult, but even after this accomplishment, the task of realising the Truth or essence of God remains pending.

After completing his education, Changdev Maharaj asked his Guru: “O Master! What is there for me yet to learn and attain?”

The Master said: “Son! I have imparted to you only mundane knowledge, but Yoga vidya and Atma vidya (Knowledge of Self) are still remaining. Go to the Yogi in the forest of Kashi to learn Yoga Vidya.”

Changdev learnt Yoga vidya from a Yogi. Thereafter he thought: “I need a Self-realised master to learn Atma vidya.” But he did not find such master in Kashi at that time. He meditated and realised that Jnaneswvar Maharaj, a Self-realized saint would incarnate in the future. I shall attain Self-knowledge by only taking refuge at His lotus feet.

Changdev managed to sustain his physical body for years through yogic science. When the hour of death arrived (at the completion of a hundred years), he would place his soul (life force) at the crown of his head and enter the state of Nirvikalpa Samadhi. He evaded the moment of death and then again brought back his life into the body. Thus he evaded death fourteen times and waited for his Guru for 1400 years. Self-realization means the highest possible spiritual realization. There can be no realization beyond this.

Think of the great care that God would be taking of his devotees, who sent a swing to my father’s house just before my birth! It would hurt me when my elder brother was punished with a baton by his teacher for not reciting the memorised poem correctly in school. I felt in my heart that my brother should not be punished. The teacher asked me to recite the poem on my brother’s behalf and how amazingly that Lord of the heart recited the poem through my mouth! Supernatural powers were at my disposal when I was 10 years old. I practiced so many sadhanas, suffered many hardships. I had numerous spiritual experiences but self-satisfaction evaded me. I had not attained Self-realisation. When I renounced everything and set out in search of SatGuru, someone would say, “You become my disciple. I shall make you the superior of this monastery.” Someone would say, “You join our sect. We will give you this and that.” But nevertheless I was keenly searching for the One who would take me across the ocean of metempsychosis.
The listener of such stories will have no delay in their welfare

There are many theories, doctrines, and stories. People like stories. People’s interest in hearing, telling and reading stories and tales indicates why novels are written and why they are so popular. People are interested in reading and listening to stories, that is why the publication of novels started. Amorous novels and fictional stories are also very popular. However, if those stories were replaced by stories and tales of spiritual knowledge, such as, this discussion happened between that Guru and his disciple, that Rishi attained God by this path, stories of great men like King Janaka, Maharshi Yajnavalkya... Such stories or incidents of ancient times or the modern era, would help the reader meet ‘the Truth’, and definitely bring about the emancipation of the individual soul.

We enjoy listening to stories. Lord Rama was also deeply interested in Satsang-stories. It is described in the Ramayana that Rama was interested in religious stories. After having a meal, he would immediately sit down to hear Satsang-stories. Rama would listen to Puranic stories, tales and events from Guru Vishwamitra and Maharshi Vasishtha. People who listen to stories that give knowledge of the divine truth, from the sages awakened in Atman (Self-realised ones), wake up in their divine nature, Atman.

Watching amorous films (pornography), excites passion but if one watches films on the attainment of God, it develops a yearning for changeless God and kindles love for God. However, who can make a movie of God-realised ones! Still, movies based on their life-events can also serve society as a guide to attain God. An eye-witness is more valued. One who has witnessed an event is considered more authoritative than the one who has heard about it. So, the company of Self-realised great men, seen by people who have seen also radical transformation in the life of sadhakas through satsang and divine element in the sadhana prescribed by them (the great men) helps people a lot. That is why Sant Kabirji said:

कथा कीतन रात दिन जिनका उदाम येह।
 कह कबीर वा संत की हम धर्मन की खेख। ॥

“Kabir says outright and most earnestly, Happy I’ll be to be the dust of the lotus feet of one who is ever busy night and day in never-ceasing satsang and bhajan. Of one, for whom this is the foremost task, He is a saint, of that there is no doubt.”

कवीर भीमि मैगिणाण, प्रभु दीज्यो मोंहे दोय।
 संत समगम हरिकथा, मोंध यन्तनिरंत होय। ॥

“Kabir asks God, please give me two gifts; the company of a saint, and Hari Katha (the telling of a religious story by a
Those who do not understand the true meaning of texts are biped brutes

An ancient event is described in the Skanda Purana. Formerly, in the city of Mithila, there was a Brahmin named Kauthuma. At that time, there were people who lived a long life to practice penance for hundreds or thousands of years or to study shastras and learn various arts and sciences. All the lores on the earth had been mastered by him. He exerted himself earnestly in this matter for thirty one thousand years. Then he married and after some time, a son was born to Kauthuma. Behaving like a dullard, the son learned only the Matrkas (letters of the alphabet). After reading the Matrkas, he did not learn anything else. Then the father who was extremely dejected and distressed, said to the sluggish fellow: “Study, son, study. I will give you sweetmeats. Otherwise, I shall give them to others and twist your ears.”

The Son replied: “O father, is it for the sake of sweetmeats that one should study? Should covetousness be the reason? Study for men, it is said, should be for the sake of the attainment of the greatest good even in the other world.”

Kauthuma said: “Son, you have good sense (wisdom). Why do you not study further?”

The Son said: “Everything that should be learned and understood has been learnt here (in the Matrkas). Thereafter why should the throat be more and more parched? Tell me.”

The Father said: “O boy, you are speaking in a mysterious manner. What have you understood in the letters of the alphabet?”

The Son said: “Even after learning for thirty one thousand years, O father, only different kinds of arguments and mistaken notions have been retained by you in your mind. Various Dharmas have been mentioned in the Darshanas (systems of philosophy) by specifically pointing them out. But your mind is deluded by them. You are making a study of the instructions but you are not conversant with the real meaning. Those who rely solely on the wordings of the text without understanding their meaning are indeed biped brutes. Hence I shall tell you those words which will dispel the darkness of delusion.” Akara (the letter A) is described, it means, to be Brahma. Ukara (letter U) is called Vishnu. Makara (letter MA) is declared as Rudra. These three are spoken of as Ganas. The half Matra at the top of Omkar is the greatest one. It is Sadashiva, eternal good, Supreme Self himself. This is the greatness of Omkara. The greatness of
Whose cycle of birth and death ceases?

— Sant Ravidas Ji

गुरु की आज्ञा आये, गुरु की आज्ञा जाय।
कहें रविदास सो संत है, आवागमन मिट जाय।

One, who comes and goes obeying the command of SatGuru that means the person, who performs all activities while obeying SatGuru’s commands and practicing His teachings in his life, is a saint. His cycle of birth and death comes to an end.

The Saints are my Support

— Sant Arjan Dev Ji

हम संतन के सेवु पिआरे हम संतन की सरण।
संत हमारी ओट सतनी संत हमारा गहन।

I am the dust of the feet of the Beloved Saints; I seek the Protection of their Sanctuary. The Saints are my all-powerful Support; the Saints are my ornament and decoration.

He becomes steady and Immortal

— Sant Yari Sahib

तारंगार समर्थ है, और न भूरा कोय।
कह यारी सततरुष मिलें, अचल अमर तब होय।

None but the Saviour SatGuru is capable of helping one to cross the ocean of birth and death. When the disciple meets SatGuru and steadfastly follows the path shown by Him, he attains the state of steadiness and immortality.

Who can know their glory fully?

— Sant Namdev Ji

Infinite is the glory of the saints who are the embodiment of Brahman. Who has known its limit? Brahmaji, the creator also became tired of singing their glory. He could not describe them fully. It is impossible to understand the inner being and lilies of the saints by merely looking with physical eyes. They behave playfully and remain indifferent.

It is not possible even for the avatars to understand the glory of saints fully. (Many avatars have described the glory of saints). They too say: ‘Who can know their glory in full? None can know.’ Saint Namdev Ji says, ‘Today I met a saint and felt blessed. By sitting at His lotus feet, all imaginations of my mind vanished.’

What will you get by taking refuge in a Mahatma?

— Anandamayi Ma

Keep satsang. Sit under a tree. It means take refuge at the feet of the Holy and Wise, stay close to them. By sitting under a tree you will get shelter, shade, flowers, fruit, likewise, taking refuge in a Mahatma, you will get peace and your own Self.

Answers to ‘Do you know?’ in this issue

(1) b (2) c (3) a (4) c
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Mahila Utthan Mandal celebrates the festival of Raksha Bandhan
Ties Raksha-Sutras to dignitaries

Rakshabandhan to boost the morale and strength of Security forces

Resolve to uplift the prisoners by means of Raksha-Sutra

Patriotic Processions held by Yuva Seva Sangh

Relief-material provided to flood-victims of Patan, dist. Satara (Mah.)

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