Deepavali Vidyarthi Anushthana Shivir, held in Ahmedabad ashram under the inspiration of the powerful custodian of Indian Culture, Pujya Bapuji, witnessed thousands of students attaining the right knowledge regarding the Yogas of Karma, Bhakti and Jnana, along with the highest moral values of self-restraint and rectitude.

The number of camp attendees increasing every year

Meditation

Prayer

Kirtan of the Name Divine

Offering oblations to the Sun God

Yogasana

Shivir attendees praying to get holy Darshan and company of their revered Gurudev

A procession carrying the Guru's Holy Sandals held during the shivir

Children participating in the knowledge dissemination service through the campaigns promoting spiritual books and subscription of Rishi Prasad, Rishi Darshan and Lok Kavya Setu duly rewarded.

25th December: Tulsi Worship Day
Even Lord Rama and other incarnations performed Tulsi Worhip
‘India, the Vishwa Guru’ Programme –
The ladder to the pinnacle of advancement

(A special issue on “India – the Vishwa Guru” Programme: 25th December to 1st January)

Why only India deserves the title of The Vishwa Guru?

The higher the level any individual, race, state or country wants to attain, equally broader the outlook, field of work, principles and heart are required for it. Apart from having the intent of universal welfare, one is supposed to shun narrow-mindedness. Such loftiest Siddhantas (established philosophical conclusions), bhava and works are the major limbs of Indian culture; and the Great Men, revealing such siddhantas based upon direct realization, implementing the same in their own lives and also having the capability to infuse those Siddhantas into the lives of others; were born mostly in India, are born at present and will continue to be born in the future too. Similarly, even the avatars of God have been incarnated only in India, and also will keep on doing so in the future. This is the reason why India was the ‘Vishwa Guru’ in the past and again deserves to get installed to this position.

The Objective and the Foundation of the Programme

The objective of colonial culture was to subjugate other countries. However, seeing one’s own Self in all, performing worldly transactions and dealings with the very same spirit, giving importance to everyone’s spiritual growth and all-round development; and enabling every individual to live every moment of his present life, suffused with bliss, joy and divine love, may auspiciousness betide all in the present as well as the future, may the entire world be united on the common thread of Atman; and may Good betide all, may wellness betide all – is the objective of Indian Culture and to realizing this in the life of every single individual – is the objective of “India – the Vishwa Guru” Programme.

What is the foundation of this programme? It is nothing but – spirituality, Brahma Vidya (the science of Brahman), Yoga Vidya (the science of Yoga), the knowledge of Vedanta, the ambrosial precepts of the Self-realized Great Men, their imperishable and irrefutable Siddhantas, their life, philosophy and the auspicious holy stream of love, which is capable of uniting the entire world, in a common thread and ruling every single Heart at the same time. Attempting to unite the entire world in a common thread based on a foundation other than this, is as futile and puerile as attempting to erect a huge multi-story building on a foundation of sand.

What is the need of this Programme?

Though being the Vishwa Guru, India has been oblivious of her own glory for the past several centuries.

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The Vishwa-Guru India Karmayogya Special

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Pujya Bapuji’s Satsang on Various Channels

- SADHNA PLUS News Channel is available on Tata Sky (Channel No. 840), Dish TV (Channel No. 671), Reliance Digital TV (Channel No. 431), Maruthi City (Channel No. 311) in Bihar, on GPTL and Den Cable in Ranchi and ‘Jo TV’ Android app.
- DIGIANA DIVYA JYOTI Channel is available on ‘Digiana’ Cable (Channel No. 109) in M.P. & ‘TAKE PRARThANA’ Channel is available on Tech One Cable in Jammu.

Opinions expressed in this publication are not necessarily of the editorial board. Subject to Ahmedabad Jurisdiction.
Let us worship Tulsi: A mine of qualities

Tulsi holds great importance, not only from religious, spiritual, and cultural viewpoints, but also from health and environment protection viewpoints. Spiritual progress along with peace, happiness and prosperity come naturally to that house where there is a Tulsi plant. It gives many benefits like purity and cleanliness of the environment, eradication of pollution, and strengthening the health of the family.

Regular consumption of Tulsi brings good fortune, purity of thought, concentration of mind and control over anger. One becomes free from lethargy and feels liveliness throughout the day.

The Tulsi leaf is an excellent Rasayana (rejuvenative therapy). It increases beauty and purifies blood. It is a mine of medicinal properties and a life-giving herb. Atharva Veda claims that the Shyama Tulsi (Ocimum tenuiflorum) is a great medicinal herb. It is also called Vaishnavi because it is dear to Lord Vishnu.

The planting of Tulsi in the house creates a healthy environment, according to science. Lighting a lamp and burning incense under a Tulsi plant improves eyesight and cures difficulty in breathing, because the volatile oil emitted by Tulsi fills you unknowingly with radiance, vigour and strength. Those who read, relax, play and do physical exercise in a Tulsi grove enjoy a long life and lead a spirited life. Tulsi protects them like a shield.

Doing Pranayama near a Tulsi plant increases physical strength, intelligence and vigour. Taking the fresh juice of Tulsi (or Tulsi extract available at service centers of ashram) 1-2 spoon in the morning or eating 5-7 leaves thereof by masticating them well and drinking a glass of water on an empty stomach, enhances strength, lustre and memory.

Victor Resin, a French doctor, conducted extensive research on Tulsi and stated, “Tulsi is a wonder drug which is extremely beneficial in regulating blood pressure, the digestive system, and mental disorders. It increases red blood cell production.”

“The servants of Yama do not come to his house in the vicinity of which there is a grove of Tulsi (where that plant is worshipped daily). That house is as sacred as a pilgrim centre.”

(Skanda Purana)

Lord Mahadeva says to Kartikeya, “Of all the leaves and flowers, the auspicious Tulsi is the best. In the Kaliyuga, Tulsi burns one’s sins, and gives one (takes one to) heaven and salvation on (by) worshipping it, narrating (its account), meditating upon it, planting it and putting its leaves etc., on one’s person) He who teaches about it, and himself practices it, goes to the highest place, viz. Vishnu’s abode.”

(The Padma Purana, Srishti Khanda: 58.131-132)

Pujya Bapuji initiated the celebration of the festival of Tulsi Worship Day on 25th December to enable the entire world to reap its benefits. Now, this day is being celebrated widely, as this beautiful initiative has been welcomed by the people.

Various cults, propagating western culture, organise many programmes on 25th December in order to demoralise our gullible Indian children and youth by inculeating

(Continued on next page...)
Thus spake the students
Attending the Deepavali Vidyarthi Anushthan Shivir

Aman Kumar, Jammu:
We should develop spiritually during the period of Deepavali. We fire crackers and eat sweets, but that does not help us in development. We must come to attend the anushthan shivir if we want to make progress and have spiritual developments.

Bhargavi Rathore, Daman:
I have come here for the first time. I experienced deep inner peace here. Meditation, Satsang and Kirtan were extremely delightful. As soon as I remember Bapuji during my exams, I remember the answers that I could not do otherwise. I wish for Bapuji’s acquittal so that we can get mantra diksha from him.

Diksha Mandal, Nepal:
What we can never attain at home, the inner peace, knowledge and bliss we can only experience at the Door of our Guru. I am the district Badminton champion by the grace of Bapuji. I always remember Bapuji at the start of the game and then play; that is why I am a champion.

Himanshu Roy, Raipur
(C.G.):
The allegations levelled against Bapuji are false but the society is not able to understand it. So it is silent. Children are being demoralized by the Convent schools. Hence, Bapuji’s acquittal is very necessary.

Shubham, Odisha:
We are students from the ‘Baal Manda’ run by the ashram in Odisha. We travel from village to village in Odisha to conduct Parents’ Worship. We disseminate spiritual books to the people. We hold rallies for Cow-slaughter ban and de-addiction campaigns.

Shiru Piru Gaganeja, Grade VII, Saharanpur:
I haven’t come across a spiritual book like Rishi Prasad. Watching the DVD magazine Rishi Darshan feels like the Guru has come himself into our home.

I have succeeded in making 115 subscribers to Rishi Prasad so far. Well, we students have to do our own ultimate good through Rishi Darshan and Rishi Prasad, but also do good to others by sending it to each and every person.

Yashavanta Patel, Grade VI, Jabalpur:
I got the good opportunity to give my service to ‘Rishi Prasad’ and ‘Lok Kalyan Setu’ Sewa. I made 45 subscribers. It was an immense pleasure to serve. I have taken also a Receipt Book for this service and am determined to complete it.

Pari Samant, Grade V, Ahmedabad:
I made 10 subscribers to Rishi Prasad during this camp.

Sakshi Maurya, Grade VIII, Mumbai:
We have a subscription to Rishi Prasad, hence we receive a copy every month. On page 18-19 there’s a column on Vidyarthi Sanskar which is extremely enlightening to us students. I have also participated in the service of making subscribers to Rishi Prasad, during the Deepavali anushthan shivir and made many subscribers.
Heartfelt expressions of the Youth

Sujata (Research Journalist – Stock Market, Delhi): I have come here for the first time. Numerous techniques for true progress that Pujya Bapuji teaches are not found anywhere else.

I would like to say to society that they must hear any satsang discourse just once, delivered by Pujya Bapuji, read any of his books or Rishi Prasad and you will realise yourself who Bapuji is.

Abhishek Munde, Sholapur (Mah.): I haven’t got Mantra diskha from Pujya Bapuji yet. But I have been attending this shivir for the last five years. The youth of today is moving towards obscenity, leading a hellish life, but when they come to Pujya Bapuji’s ashram they become free from all their bad habits and they start leading a divine life.

When I came here the first time, I found none of what many media channels portray. It was nothing but misleading malicious propaganda.

Bharati Panjwani, Assistant Professor, Katni (M.P.): Whatever progress I have made in my life is due to Pujya Bapuji. I teach in a college. So, I have seen the life of students. I know how badly they are gripped by addictions. There is not even a trace of Brahmacharya in their lives. And here at the ashram, even small children practice continence and good conduct, do japa, yogic postures and various services and thereby are progressing on the path of spiritual unfoldment. I offer millions of salutations to Pujya Bapuji, who created awareness in society about the greatness of our culture which was almost forgotten by it. Pujya Bapuji has inculcated the samskaras of our culture in the minds of the future generation of our country.

Paras Dubey, Chhattarpur (M.P.): I have come to this shivir for the first time. I don’t think that there is any task that Bapuji hasn’t done to propagate and protect Indian culture.

I would like to appeal society to know the truth about Bapuji. Every person should join the divine work of Pujya Bapuji and if you don’t join now, it will be too late.

Lakshmanpuri Goswami, Railways Officer, Balaghat (M.P.): I have come here with the children from neighboring villages. Summer and winter camps are organised in many places, but the influence of western culture is clearly seen in their games, dance, etc. But when I came here for the first time, I found that the teachings imparted to students in ancient Gurukuls of Bhagavan Vasishtha and Sage Sandipani, are given to students in ashrams of Param Pujya Bapuji. All students of India need it.

Earlier, I was a crazy person. Although I studied a lot, I did not get a job. Sometimes I developed suicidal tendencies. Then I received mantra diksha from Bapuji, did Japa, and observed the rules prescribed by him and as a result I got a job in the Railways department. ‘Why shouldn’t others get the benefit that I have been getting?’ With this idea I have brought students with me.
Move ahead with the feeling of belonging to God!

Uttarayana etymologically implies the day on which the sun begins to move northwards. Likewise, O man! You begin to move towards progress and bring about right revolution. Obtaining the golden city of Lanka, attaining big external posts, getting engrossed in building one house after another, having one company after another— all are but demoniac progress. If physical progress is not counterbalanced by the spiritual progress, it is a demoniac progress. Ravana possessed the golden city of Lanka, but did not have inner peace and happiness. Then of what use is such progress? Of what use was the progress attained by the likes of Hitler and Alexander? It only led to them to utter ruin. The progress made by King Janaka, King Ashwapati and King Ramaji was true progress. Ramaji was not elated when preparations for his coronation were being made; and he did not grieve when all of a sudden he was exiled to forest due to Kaikeyi’s mischief. In the battlefield, horses were neighing and elephants were trumpeting around; blood thirsty warriors impelled by attachment and aversion were attacking one another; Lord Krishna, contented with the bliss of inner self, was as delighted as if He was playing on His flute. Arjuna’s delusion was destroyed and he regained the memory (Knowledge) through Krishna’s instructions in the form of the Gita. The gift of Self-knowledge given by the Giver of true progress through the Gita, the book of flute player’s realizations, helped Arjuna pass beyond sorrow and delusion; and that knowledge of Gita is guiding innumerable people treading the path of true progress even today. O man! You attain such a great majesty of Atman through its realization!

One may think, “I shall do this and that with my own power...”. However, should one succeed in achieving some goal on one’s own strength, he will be knocked down by the resultant egotism; and if on the other hand he fails to do it, he will be depressed. Hence ‘देवी भूला देवी यज्ञेत्!’ i.e. ‘One should become divine in order to worship God.’ Move ahead after meeting God, considering yourself of God and you will be well protected and elevated. You will not only lead a supremely joyous and blissful life but also attain the Giver of life (God). The bliss of consciousness will manifest in your life. Worldly enjoyments only deplete your energy. Carnal pleasure appears as love in the beginning, but brings dejection, disease and senility in the end; whereas, divine joy blesses you with divine vision and equips you with divine Knowledge, divine Peace and divine Power.

Do not go against Nature
And undertake a journey to the inner self
Offering oblation to the sun fulfils our wishes. Taking a sunbath in soft sunrays, visualizing the sun at your navel (center) cures indigestion and gives health-benefits.
For the want of a nail... a nation was lost

— Pujya Bapuji

Continence and diligence make even an ordinary person great, whilst lack of continence, sensuality and negligence lead one to downfall. Where there is luxury, negligence follows. Bad habits and evil doings also bring negligence which destroy one’s abilities and undermines one’s diligence.

An enemy state was preparing to invade a nation. The spies of the nation sent word of the enemy’s plans in detail to the king. The king immediately dispatched his trusted messenger to his generalissimo at the border with a letter. One nail from a horseshoe of the messenger’s horse came off. The messenger thought that it was a minor issue and didn’t get it rectified immediately and set off on his journey. On the way, the shoe came off the horse’s hoof and it fell, killing the messenger. Thus, the message never reached the generalissimo at the border and the nation lost the war when the enemy invaded.

For the want of a nail... the horse fell, the messenger died...
the nation was lost.

For the want a seemingly trivial nail, the entire nation was lost. Had the messenger been diligent and got the issue fixed immediately, this could have been avoided. Thus, one must complete every task at its proper time and not waste time.

Every act must be cautiously considered - “What will be the consequence of this action? Will it harm others? Will time be wasted because of this?” Such diligence leads to great uplift in one’s life, whereas being a little careless in one’s actions, one suffers great downfall. So, if you remain vigilant and diligent, shun carelessness, give up idleness and negligence forever, you will easily become successful in every field of life.

How do you possess both a robust body and keen intellect?

— Pujya Bapuji

Mr. Solon was once asked, “You are so intelligent, you impart such lofty instructions, at the same time, you have a robust body too; what is the reason behind this? Generally, it is seen that those possessing keen intellect, have a slim body; while those possessing a robust body (like that of a buffalo) are seen to be lacking in brains. But what is the reason behind you owning both – a robust body and such a well-developed intellect?”

Solon said, “I find some physical-activity (hard-work) to do and hence my physical-build is strong; and in the world, I live like a student, always thinking and exploring some or the other new thing, and hence, my intellect is well-developed too.”

What is the Privilege of a Virtuous Student?

— Sant Pathikji

The one, keeping his Guru pleased by virtue of his humility, prayer and sewa; earns His blessings without asking. It is the privilege of a virtuous student to earn these blessings even without asking. However, not being deserving of blessings is nothing but the outcome of a student’s sins, a sign of his strong egoism.
Four aids to attain Brahma Jnana

The sadhana for attaining Moksha prescribed to the seeker after liberation, having purity of mind, is nothing but enquiry into the nature of Brahman in the vicinity of his SatGuru. Seva and good deeds are important sadhans for purification of Antahkarana (the internal organ comprised of the intellect, the mind, the ego and the mind stuff). Without purifying one’s antahkarana through service of Guru, one may practice Brahma Vichar as much as one can, but cannot remove even ordinary pain let alone attain liberation. Service and Brahma Vichara or good deeds and Knowledge about Truth are the two wings which enable the sadhaka to soar in the great sky of the Supreme State of supreme bliss. This is the conclusion of the scriptures. Therefore apart from Brahmajñana, Vedanta accepts four classes of sadhans (spiritual disciplines).

1. Our actions have an effect on our antahkarana, and so some actions are done for purifying the antahkarana. They are called ‘karma shodhaka saadhana’.

2. Some sadhans are meant for removing attachment and aversion that have their origin in actions of past lives. They are called ‘kaarana shodhaka saadhana’.

3. Even after the vaasanaa (desires) have become weak, the intellect remains full of ignorance, doubts and wrong knowledge about himself, the interactive world, and the Brahman. The sadhans for removing them are called ‘padaarthaa shodhaka saadhana’.

4. Finally, even after obtaining knowledge about the meanings of the words ‘Thou’ and ‘That’ – the pada padaarthaa – the sadhaka fails to experience the identity of Brahman and Atman until the pure homogenous Brahmakara Vritti is produced by hearing the Mahavakyas ‘Thou art That’, etc. which imparts direct realization of absolute Brahman. Therefore, the vritti that gives the realization of the identity of Brahman and Atman is called the ‘saakshaat saadhana’ in Vedanta.

Understand this through the example of a gun. The rule is that four things are important in shooting the target.

1. The barrel of the gun should be clean.
2. The gun should be loaded with a cartridge.
3. The eye, muzzle and target should be set in a straight line and the index finger placed on the trigger.
4. Finally, the trigger should be pulled. Here, the karma shodhaka saadhana is like cleaning the barrel, the kaarana shodhaka saadhana is like loading the gun, the padaarthaa shodhaka saadhana is like taking aim, and the saakshaat saadhana is like pulling the trigger. There are four other names for these, which are more commonly used. Karma shodhaka sadhana is known as ‘paramparaa saadhana’, karan shodhak sadhana is known as ‘bahiranga saadhana’, padaarthaa shodhak sadhana is known as ‘antaranga saadhana’, and sakshaat sadhana is known as ‘parama antaranga saadhana’. We will discuss this further.

1. Paramaparaa sadhana (karma shodhak sadhana): When the relationship between an object and an action is improper, one indulges in counter-sadhana activities – like stealing, adultery, dishonest conduct, etc. – there are specific sadhans for their eradication which have been handed down from generation to generation. For example, asteya (non-stealing), brahmacharyaa (continence), aparigraha (non-possession; to accept only that which is absolutely necessary), etc. These are called ‘paramaparaa sadhan’. Dharma, upasana and Yoga belong to this category.
There is no book in the world’s literature as inspirational and excellent as the Gita. All major laws of the Hindu Dharma have been clearly described in the Gita.

— Swami Sivananda

From the viewpoint of Indian culture, the cow holds greater importance than even the goddess Gayatri and the river Ganges. Gayatri sadhana needs the practice of severe penance. One has to give up something even to live on the banks of the Ganges, but one can get the benefit of cows, without stirring from home.

— Sant Devaraha Baba

From all perspectives, the protection of cows is beneficial. This can only be understood by India whose life breath is Dharma. Other countries cannot understand it because they don’t have the intellect and shastras required to understand profound religious and spiritual facts. Even those who are impressed by foreign culture and western civilization, being engrossed in only material glamour, cannot understand the importance of the cow.

— Swami Ramsukhdasji

The concepts of protection and rearing of cows are not new to India. It is the Sanatan Dharma (eternal duty) of India.

— Shri Hanuman Prasad Poddarji

The nation that shows negligence to the protection of cows, loses fame and prosperity.

— Prabudatta Brahmachari

The Bhagavad Gita is great indeed. The knowledge contained in it ends the Jiva’s cycle of birth and death. He eternally abides in Vaikuntha (becomes one with the all-pervading Supreme Self through an enlightened Mind) and crosses the ocean of metempsychosis.

— Sant Jnaneshwar

One who offers water to the Tulsi Plant destroys his great sins.

— Sant Namdevji

Abandoning all Dharmas (duties imagined by the mind), read the Gita daily. Love Krishna intensely, in the form of your Atman with a single mind. Love intensely One, nondual Shiva consciousness. Behold Him in all beings; there exists none but He, even in the dream. ‘The impure mind remains devoid of peace’, says Bhola. ‘Read the Gita and be quiet’, is the teaching of the Gita. — Sant Bhole Baba

Whatever the action, daily (obligatory) or occasional, it should be done with the spirit of non-attachment. Action done without desire bestows true knowledge of God, which in turn liberates us from the predicament of the mind.

— Sant Akha Bhagatji

Answers of ‘Discerning the truth’ given in this issue — (1) B (2) A (3) B (4) B
Hamara Pyara Baal Sanskar
in a New Format

BSK Sant Shri Asharamji Ashram Android App
The teachers of Baal Sanskar Kendras, in order to get their centres registered, should download this App from Google Play Store and get more information about services like Baal Sanskar, Gita Jayanti, Tulsi Worship, Parents’ Worship Day, etc. Also, participate in the contests run through this App, to win attractive prizes!

Contact: (079) 39877749/50. WhatsApp No.: 7600325666

Under the pious inspiration of Pujya Bapuji a new contest is going to be launched in the name...

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You can obtain all the above medicines from your nearest Sant Shri Asharamji Ashram or service centres of the Samiti. In order to know about other products and get detailed information about the benefits of all of them, besides getting them delivered to your home, download from Google Play Store: “Ashram eStore” App or visit: www.ashramstore.com To get them through Registered Post contact: (079) 39877730. E-mail: contact@ashramstore.com

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Distribution of necessities of life and cash amongst the poor on Deepavali

Fire sacrifice, worship and cow-feeding with the resolve to protect and rear cows, on Gopashtami

Virtuous souls committed to disseminating the most useful knowledge of Rishi Prasad to one and all

The ‘Yuva Sewa Sangh’ also resolved to run a nation-wide ‘Rishi Prasad subscription Campaign’

An inspiring documentary showing the truth
‘Prahar’ THE BEGINNING

See it at the link: bit.ly/Prahar

Herein you will find how we are paving the way for installing India as the Vishwa Guru.

A witnessed fact, upon seeing which, the waves of divine joy will start surging in your heart.