

Millions of people took out hundreds of protest rallies and staged 'Dharnas' and demonstrations but most of the media hid this fact from the society. On the other hand some of them have exaggerated them in their shows.



Due to lack of space; we have not published all the pictures. To view many other pictures, please visit Website: www. ashram.org

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care



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Pujya Bapuji's Satsang on Various TV Channels



Daily 7.00 am,



Daily 9.40 am

Daily 5.30 am,

7.30 am & 10.00 pm



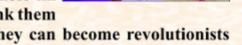


తు తు ఈ In this issue... తు తు తు (1) Saints' Community Reacts Against the Conspiracy 4 (2) They said it... (3) Tormenting a saint causes loss of glory, power and family 7 (4) Various Organizations raised voice in protest against Injustice (5) A Well-planned Conspiracy to Defame Pujya Bapuji (6) Self-Knowledge 17 * The mystical conversation between Dhruva and Lord Vishnu (7) The Glory of Satguru 19 * The Guru made him a Guru, not a disciple (8) Provision of Virtues 21 * The 'dependence' that leads to absolute freedom (9) 64 transcendental qualities of Lord Krishna 22 (10) If not in human birth, when? 23 24 (11) Auspicious Days * Vijava Dashami - The festival of Victory over (12) Power of Self-restraint 26 Veracity of Indian Psychology (13) Enriching Rituals 27 Shraddha: Enhancer of Peace. Happiness and Merit (14) From the Scriptures 30 * Success through Devotion, **Determination & Self-repose** (15) Ganges of Knowledge 32 * The Art of Converting Sorrow into Celebration (16) Stream of Contemplation 33 * Alas, How painful is the sense of 'mineness'! (17) Home & Family 34 * How to bring harmony to a discordant home? 35 (18) Auspicious Days * Those moments of Self-realization... (19) Health & Nature 38 Cow's ghee for Health and Purifying Environment (20) Satsang News 40

Saints' Community Reacts **Against the Conspiracy**

"Today; I would like to ask a question to the absolutely corrupt people, "Our constitution says that an accused person should not be called an offender till he/she is adjudged guilty of the offence; then why have you called our Sant Asharamji Bapu an offender, (a rapist)? This is in violation of the Indian constitution. They have stabbed the hearts of 60 million followers of Pujya Bapuji. Is it not the murder of the Indian constituion?

Jagadaguru Jayendra Sarasvatiji was also falsely accused by you people; but the Supreme Court acquitted him of all the charges. Why didn't the media show it? Why haven't you asked for forgiveness till today? Our Saints' Community is a very large union. Don't think them cowardly peaceful, because they always talk about peace. They can become revolutionists





Mahamandaleshwar Acharya Shri Sunil Shastriji



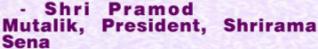
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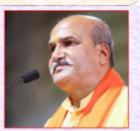
"Our supremely revered Bapuji is the glorious pride of the Hindu Dharma, nay, of the whole India!"

-Swami Shri Omji Maharaj, President, Hindu Rashtra

Nirmana Mahasangha.

"The insult being meted out to Bapuji by the perpetrators is actually an insult to the entire Hindu community and India."





"The organizations which are engaged in bringing true development of the nation are being targeted by the perpetrators. Such mean allegations are being leveled against so great a personage! We won't tolerate it."

 Shri Mahant Swami Vishweshwaranandaji, President, 'Akhil Bharatiya Sant Samiti', Gujarat State.





"Revered Bapuji is our Vishwa Guru, Guru of the World. 'Where there is Rama (God), there is no lust. Lust and God do not go together.' So how can lust have any place, where there is Shri Asharamji? Greed for money, political power and proselytizers are backing this smear campaign. There are many conspirators working in India in the guise of N.G.Os. to destroy the Indian culture." - Mahamandaleshwar Shri Paramatmanandaji Maharaj.

"The saints of Pujya Bapuji's caliber are naturally miles away from the lust. How unfortunate it is to level such allegations against Him!"

- Shri Parameshwardasji Maharaj, Vice President, 'Akhil Bharatiya Sant Samiti'.





"Some politicians and bribed media persons are engaged in ruining the country, and are bent upon defaming our saints. O devotees! Now you wake up and awaken others; don't be misguided by the false propaganda."

- Dr. Mast Babaji, the Religious Head of Shrikrishna Pranami Sampradaya.

"Bapuji has helped millions of people give up addictions, and he has kindled the lamp of spirituality. This allegation is nothing but part of a wellplanned conspiracy." - Shri Dinesh Bharatiji, the youthful saint with a revolutionary vision.





"Believe me, Bapuji is truthful, righteous and a true devotee of Allah (God)." Maulana Bilal Abdul Karim Qadri.

"This is an attack not on Bapuji; but on the saints' community."

Mahatyagi Ramabalakdasji, Adhipati, **Pateshwardham**





A conspiracy has been launched to mislead the masses of the country. Whatever the conspiracy has been hatched by conspirators and foreign powers against Pujya Bapuji; this is really very despicable. This is really very sad to know that they have imprisoned Pujya Bapuji in Jodhpur jail (Raj.) for so many days without any solid evidence. They have never treated even terrorists; the way they are treating Pujya Bapuji.

Pujya Bapuji is our national saint; and He has been imprisoned under some conspiracy. We want to raise our voice to get our Pujya Bapuji released from jail at the earliest. - Mahant Shri Ghanshyamanandji Maharaj, the president of 'Divine Vedic Association'

C.D and DVD are also available

To know the facts and reality behind the conspiracy launched against Pujya Bapuji; watch 'Rishi-Darshan' D.V.D. A titled C.D is also available on the conspiracy. Please make sure that copies of these DVD and CD are sent to ascetics, saints, seers, sages, monasteries, temples, hermitages, social institutions and offices. Please do the seva (selfless service) of sending it to eminent leaders and people of the society. Please get it run on cable TVs, and show it in public places for wider propagation of the truth.

They said it...



"The frequency of leveling allegations against sadhus and saints is increased in the country. Have you seen anybody leveling allegation against any Maulavi or Christian Father? Pujya Sant Shri Asharamji Bapu's life is the epitome of purity."

> Dr. Pravin Togadiya, International Working President of the V.H.P.

"A political conspiracy is being hatched against Pujya Sant Shri Asharamji Bapu. He has been the target of a political party from the very beginning."



"Pujya Sant Shri Asharamji Bapu should not be harrassed unnecessarily."

Shri Uddhav Chief of Thakare, Shivsena



 Dr. Raman Singh, Chief Minister, Chhattisgarh.



"It is very easy to level allegations against anybody. Today Pujya Sant Shri Asharamji Bapu's followers are in all parts of the world. This event must have caused a great damage to His image and fame. It is said that the event occurred in Jodhpur, (Rajasthan). Then the girl and her family lived at an unknown place in Delhi for five days. A complaint was filed at (Kamla Market) Police Station in Delhi; why not in Rajasthan? It must be a

conspiracy." - Shri Kailash Vijayvargiya, Minister of Industries and Employment, Commerce, and Information Technology, (M. P.)

"I think Pujya Sant Shri Asharamji Bapu has become a victim of some conspiracy; and if a neutral and impartial enquiry will be made in this case; our Bapuji will be proved innocent." - Shri Narottam Mishra, Health Minister (M. P.)



You will have to Pay the Octroi of Your Ego

A merchant had to take some goods into a city. But he saw that there was an octroi-post at the entrance. He did not want to pay the octroi and therefore spent some time wandering here and there and then tried to enter the city again. But the guard at the octroi-post was still on duty. The trader kept making rounds throughout the night but finally had to pay the octroi before entering the city. Similarly, irrespective of however much wealth, fame, prestige and power you obtain, or whatever psychic powers you attain; if you want to enter the kingdom of Eternal Bliss, of Self-Knowledge, you have got to pay octroi in the form of surrendering your ego to the Lord. You may pay it after procrastinating or straight away, but pay you must. Many lives have already passed and many more may still be spent; but so long as you don't attain Self-Knowledge, you will not be rid of sorrows completely. If you want to be relieved from all troubles forever, you have no choice but to pass through the octroi-post of Sadguru, and pay the octroi of your ego.



"Pujya Sant Shri Asharamji Bapu is the arch enemy of dishonesty and evil doings in the world today. Therefore he has been attacked the most by the conspirators.

I had said to Bapuji in front of video camera on the occasion of Guru Poornima held at Surat in 2006, "Bapuji, so many conspiracies are being hatched against you at this time; and soon they will defame you beyond imagination." I had come from Dang, a tribal area (Gujarat) at that time; and Pujya Bapuji had done a remarkable work to prevent religious conversion in that area. There are some foreign powers, who want to enslave India and Pujya Sant Shri Asharamji Bapuj is the

greatest power to resist them. Therefore he has been targeted the most.

All the TV channels defame Pujya Sant Shri Asharamji Bapu. Why? There are two main reasons; one is sponsorship; and the other is T.R.P. Therefore, it is an easy solution to curb them. Firstly; whenever they give such derogatory news, immediately switch off those TVchannels. If 60 million devotees of Pujya Bapuji switch off those channels; all those channels will stop broadcasting baseless and nonsense things. Secondly; you dislike the pages of such TV-channels in the social media; and you express your own views. Thirdly; conferences such as this should be organised at various places at tahsil-level, district-level and state-level. Direct satsang is far more influential than TV even today. It will strengthen and empower the truth. Righteous people are required in the media to win the battle. Many more TV channels like 'Sudarshan' are required today. - Shri Suresh K. Chavhanke, Chairman, 'Sudarshan Channel'.

Tormenting a saint causes loss of glory, power and family.

संत सताये तीनों जायें, तेज बल और वंश। ऐसे ऐसे कई गये, रावण कौरव और कंस ॥

"Tormenting a saint causes loss of glory, power and family. Many such tormenters have been destroyed in the past like Ravana, Kauravas and Kansa."

The sighs of a saint play a vital role in the subtle world. Its power is greater than the power of electronics. Swami Keshavananda of Dwarika (Gujarat) was tormented in the same way. He was trapped in a false case of rape-charges; prosecuted and imprisoned for 12 years. The investigation officers were united in their plot to defame him. He was defamed so much by the media that no lawyer was ready to plead for him in the court. Finally; he was sent to jail. But the officer; who had hatched the conspiracy against Sant Swami Keshvananda, was killed by a leopard in the forest of Godhra. Second officer developed a mental disorder with symptoms of restlessness and anxiety; and the third officer also had to suffer dire consequences of his sins. They were all destroyed; but Keshvanandji is still respected by the people of the area. Out of the sentence of 12 years; he languished for 7 years in jail. But the truth was revealed after 7 years; and he was acquitted on an appeal.

O great sons of eternal Hindu culture! Whether you call them atheists or diplomats of tamasic disposition; who can go to any extent of evil doings for ego satisfaction; we all have to be ready to cross swords with such people. Om...Om... It is a sin to oppress; but it is a double sin to get oppressed. Now we will have to become industrious. We will have to become courageous to protect our culture; we will have to cultivate fortitude, and take every step with forethought. These six gems - industriousness, courage, fortitude, intelligence, strength, and valour, are in our own treasure. Now we have just to open that treasure.

Various Organizations raised voice in protest against Injustice



In protest against sending Pujya Bapuji in jail on the basis of false and concocted accusations many social and religious organizations have held protest marches. They are expressing opposition at various places through different methods of staging protests through peaceful means. Yoga-Vedanta Seva-Samitis of various states, Yuva Seva Sangh, Hindu Janajagruti Samiti, Vishva Hindu Parishad, R.S.S., Sanatana Sanstha, Jain Rashtriya Yuvak Sena, Vishva Lokarpana Bahuuddeshiya Seva Sangh, Rashtriya Varkari Sena, Bharat Swabhiman, Sankalp Mitra Mandal, Hindu Samrajya Sena, Bajarang Dal, Akhil Bharatiya Vidyarthi Parishad, Shivasena, Patanjali Yoga Samiti, Savarkar Pratishthan, Hindu Vidhigya Parishad, Shrirama Sena, Hindu Ekata Andolana, Swatantrya Veer Savarkar Smriti Pratishthana, Samasta Hindu Aaghadi, and various branches of many other organisations staged protests and demonstrations to make the society enlightened of the truth and express opposition against conspiracy and false propaganda against Bapuji.

The Office-bearers of Vishva Hindu Parishad, Bajarang Dal, Dharma Jagaran, Hindu Kranti Dal, Hindu Jagruti Manch, Yuva Jagruti Manch, Bhagavan Valmiki Yuva Dal, Satguru Kabir Mukh Mandir Trust, Hindu Dharma Raksha Samiti, Sanatana Dharma Sabha and Gita Jayanti Utsva Sabha held a conference in Jalandhar; and protested next day through a huge rally.

A large saint-conference was held, non-violent protests (Satyagraha) was staged at Jantar-Mantar, Delhi by organisations such as Sanatan Sanskriti Dal, Sarthak Mahila Sangathan, etc. Several saints of India raised voice in protest against oppression of Pujya Bapuji by conspirators; and demanded his immediate release.

The eminent saints of Punjab raised voice in protest against the conspiracy and false accusations on Bapuji by holding a Sant-Conference. Several eminent saints attended this conference such as Mahamandaleshvar 1008 Mahant Shri Gangadasji Maharaj of 'Pradhan Virakta Vaishnava Mandal', Mahant Shambhunathji Shastri, General Secretary of 'Shaddarshana Sant Samaj', Mahant Baba Rajkishorji of 'Udasin Ashram', Mahant Keshavadasji Maharaj, Secretary 'Shaddarshana Sant Samaj', Mahant Baliramdasji Maharaj, Secretary 'Virakta Vaishnava Mandal', Swami Ramchandradasji Maharaj, executive member of 'Virakta Vaishnava Mandal', etc.

We are unable to give the names of all the organisations and places due to shortage of space. You are requested to see the pictures of protests, demonstrations and rallies on the front cover of this magazine and the Ashram Website www.ashram.org

Every Humanist and Patriot must read this.

A Well-planned Conspiracy to Defame Pujya Bapuji

Revered Sant Shri Asharamji Bapu, who has been spreading the glory and importance of 'continence-sadhana-satsang' among the masses for the last 50 years and inspiring the youths all over the world for the last 8 years with the most salubrious idea to celebrate 14th February as 'Matri-Pitri-Pujan-Diwas', i.e. 'Parents' Worship Day' instead of 'Valentine's Day' that destroys their vital fluid and energy, is Himself a well recognized icon of self-restraint, affection, celibacy, Self-knowledge and true public welfare. But the anti-Hindu forces, who work against Indian culture and multinational companies, who lose a big profit due to ethical and cultural progress of Indians, have been hatching conspiracies and paying millions of rupees to the media to defame Pujyashree from time to time under one pretext or the other. Under a similar well devised conspiracy they used a UP girl as the pawn to level a false allegation of molestation, and spread the malicious propaganda that He has been accused of rape. They have brutally hurt the religious feelings of millions of Indians by making a larger section of the media to malign the image of Bapuji through completely false, baseless and denigrating newsstories.

How the Heinous Conspiracy was Launched?

A girl resident of UP, studying in MP, allegedly molested at Jodhpur (Rajasthan), lodges an FIR. Do you know where? At the Kamala Market police station in Delhi, and that too after the passage of 5 long days at 2:45 a.m.!

The FIR launched by the girl doesn't have any direct or indirect mention of 'Rape' in it. But by using the media they spread the fictitious news that it was a case of 'Rape' and that the 'medical test' has vindicated it.

The medical test report of the girl has completely ruled out the case of a rape; and yet, the non-bailable article of 376 concerning rape was imposed on Bapuji, which is nothing other than a well devised conspiracy to defame Him. For this, the Rajasthan police has officially admonished the Delhi police. Moreover, the Jodhpur DCP, Mr. Ajay Lamba has explicitly accepted that Delhi police has registered the case in a wrong manner.

On 27th August Pujyashree was at the Indore Ashram. There the police served Him with an official 'summon' to report at Jodhpur by the 30th August. Then and there Bapuji had appealed

seeking more time for the same citing some important causes, and the messenger too had affixed his signature upon the concerned application accepting the onus of expediting the same to the concerned higher authority. On 26th August, according to the pre-scheduled programme, Pujya Bapuji was at the Surat ashram for the Janmashtami Celebrations.

Arrived at Bhopal for the last rites of His Karmayogi Disciple

Shri Dev Krishnaniji, the Service Officer of several ashrams in MP, a service oriented sadhaka, a Senior Officer at the Bhopal ashram and the father-in-law of Shri Narayan Sai, could not bear this heinous conspiracy. He was deeply shocked to know - that the girls of Chhindwara Gurukul were being mentally pressurized by the Rajasthan police to give statements according to their demand, as well as by the most disgusting conspiracy hatched by the perpetrators to get Pujya Bapuji arrested. His religious sentiments were so badly hurt that he went on a complete fast shunning both food and water. He apprised the Bhopal collector of his mental agony through an official application. However, failing to get any immediate remedy from there, he couldn't withstand the anguish and succumbed to a subsequent heartattack. The perpetrators, who invented false and imaginary stories did take away the life of this supremely devoted service oriented Sewa-yogi, who had been on a fast for the last two days. He left his physical body in the early hours of 29th August at 3:20 a.m. He was perfectly alright before the launch of the smear campaign. Sadhakas all over the nation have expressed their heartfelt grief for the same. They have made a vociferous appeal that no such misleading news be spread ever again without first getting the same confirmed by the ground realities; so that they don't have to lose such sadhakas dedicated to the service of the nation any more.

On coming to know the sudden demise of Shri Dev Krishnaniji, Pujya Bapuji left His programme of Janmashtami celebrations at Surat ashram midway and proceeded for the Bhopal ashram to participate in his last rites. The departed soul had only daughters; hence the bier was carried by Bapuji, other relatives and sadhakas.

A Heinous Plot to Get Pujya Bapuji Arrested

The Rajasthan police had been informed to extend the time limit for the arrest. On getting no response from their end, Bapuji had got a seat booked in the Jet Airways on 30th Aug. But on account of an unbearable pain attack of Trigeminal Neuralgia ('Ananta Vata', according to the Ayurveda) the ticket had to be cancelled. Here it is worth noting that this pain is worse than the labour-pain and even that experienced during a heart-attack. Even a little negligence can be perilous for the patient. It has been described as the most painful condition on some websites. Then, in the evening; Pujya Bapuji arrived at the Bhopal airport on His way to Jodhpur via Delhi; however, an extraordinary rush of people and media forced the boarding counter to be closed. We have got those tickets with us to prove this fact.

Despite all the exertion, night vigil and the stress Bapuji undertook a journey by road to His own ashram at Indore. Thus, He didn't flee away to any unknown place as was maliciously propagated by the media. The MP police had reached the ashram by around 6 a.m. and hundreds of policemen had literally besieged Bapuji's residence. By mid-day a huge crowd of devotees had gathered at the ashram. Addressing from the Vyasa peetha of the Indore ashram at the night of 31st; Pujyashree publicly declared to the 167 nations connected

through the internet live: "I am waiting for the Jodhpur police, and they are very much welcome here. On account of the unbearable pain, I couldn't go; and that nagging pain is still troubling me."

Pujyashree's blood-pressure was 160/120. He felt chest-pain along with a kind of heaviness in the heart. The Ayurvedic physicians requested the police to allow them to get Bapuji treated by some Allopathic doctor. Then a doctor was called in.

Jodhpur police arrived at the ashram. Bapuji said to them, "You do not worry. I am not going to run away. I promise you to give complete cooperation.'

The police said that they would take Bapuji by the morning flight at 7:45 to Delhi and from there to Jodhpur through a connecting flight. Pujyashree gave His consent.

They used force and deceit to Arrest Him

At 10:30 p.m. Bapuji went into His room for rest. Then around 11:00 p.m. the police began to move all around the ashram making the devotees stand up from their places, where they were engaged in doing japa peacefully and holy recitation. The police spoke insulting words to the devotees and thrashed them to vacate the roads in the ashram. Then they made the devotees sit in a confined place and erected barricades all around them. At that time there were more than 800 police personnel inside the ashram. By 12:00 at mid night there prevailed an atmosphere of commotion. Right at 12:00 at mid night a police-jeep entered the ashram. The police then told the ashram sevaks, "We have to interview Bapuji for about 10 to 15 minutes. Please, call Him out."

The sevaks requested them with folded hands: "Sir, He is very tired and currently taking rest. Whatever you need to ask, please do it in the morning."

The police began to press for the compliance of their diktat. When they started shouting loudly, Bapuji came out of His room. The police then said, "It's already past 12:00 in the night; so the time limit of the 'summon' sent to you for compliance within four days has just elapsed. Now, we shall take you from here."

The sevaks countered, "Sir, you yourself had told that you will take Him by the morning flight allowing Him to take rest during the night. Now, why are you insisting on taking Him at midnight?"

The police began to shout, "Are we here to obey your orders? Time is over, now we will take Him away."

At this, Gurudev proceeded to board the police jeep; while asking a servant to give His 'aasana'. But the police misbehaved again saying, "There is no need of such things, just go and be seated in the jeep.

The personal sevak of Bapuji moved fast to put the bag and water bottle inside the vehicle, but the police didn't allow him. Police sat on both sides of Bapuji and also on the front and back of Him. The jeep went out of Bapuji's residence, while the other police personnel began to beat the sevaks present there. The devotees ran after the vehicle that carried Bapuji away. The police continued with their lathi-charge, as the vehicle whizzed past the ashram gate. Despite having told that they would take away Bapuji in the morning only, the police took Him to the airport at 12:20 in the mid-night itself, as if following the Martial Law. And that is not all. At the airport they kept Him seated until the morning. Even when He boarded the plane; the media persons kept pestering Him.

From Delhi they took Bapuji to Jodhpur by a connecting flight. Hardly had he alighted from the flight, when the legal probing began. As if this all was too little for their satisfaction, they kept

their judicial probe on till 12:30 in the night. This was second night in a row that He couldn't sleep even for a moment. During the legal enquiry regarding 'sexual harassment' Bapuji said, "I cannot indulge in such acts."

Pujya Bapuji was put under surveillance by the police. Video cameras were fixed. Only one sevak was allowed with Him. Suddenly the sevak noticed inflammation on the right temple of Bapuji. On enquiry, he came to know that it was extremely painful too. Passing sleepless nights had its toll on Him, and the pain attack of Trigeminal Neuralgia was worsening. "Shirodhara" (the continuous flow of warm oil or medicated liquid herb over forehead) was the only treatment that could be used in the police custody of Jodhpur. On seeing the serious condition the Jodhpur police relented and stopped their mind-pestering enquiry to allow immediate treatment. Even MRI brain scan cannot identify all causes of this disease. This is described as the worst pain on many websites. Therefore, it is called 'Suicide disease'. Bapuji has been suffering from this nightmarish disease for the last 13 years; and more than 100 treatment reports of Bapuji can be obtained from Neeta Vaidya. Whither Humanity? We only pray to God that the inhuman treatment meted out to Bapuji may not be repeated with anybody else again.

"You have not arrested Me yet."

The sevak saw Bapuji strolling in that small room itself wearing His red cap and white dhoti, while also singing a devotional song meaning – "O my dear heart, keep cheerful always... and bear every unpleasant condition that comes with aplomb". He was telling words of satsang to the police. After all, giving satsang is a part and parcel of His daily routine!

He would occasionally tell pointers on Self-Knowledge to the police as well even during the interrogation. Once, a policeman happened to ask Him, "Bapuji! You used to claim that the police can never arrest you."

Bapuji retorted, "It is true. You have not arrested Me yet".

Nobody Can Destroy the Hindu Dharma

The sevak said, "O Gurudev! Please do not let our trust in the saying 'Truth alone triumphs' be lost."

Bapuji: "That is the fact. History stands witness to that."

Sevak: "O Gurudev! I cannot just bear all this. The devotees are deeply shocked, and have staged protest marches on the roads."

Bapuji: "Let them do japa of the Divine Name."

Sevak: "O Gurudev! If they will continue such conspiracies and imprison the top saints of Hinduism with false charges and propaganda; the entire saints' community would be eliminated systematically. They will root out the Hinduism."

Pujyashree (eyes closed, tranquil countenance): "No one can destroy Hindu Dharma."

The very next moment the police ordered the sevaks to leave the room. They immediately left the room after paying obeisance to Gurudev.

The sevaks observed that Pujyashree would suggest measures in the room to every visiting policeman for his health problems. Sometimes His humorous nature would get the better of Him and He would crack jokes at them as well. He would complete His daily routine of walking in the morning and in the evening in His room itself.

Thereafter, He was taken to the court around 4:00 to 4:30 p.m. Within less than 5

minutes the hearing was over, and the verdict was - 'Take him into judicial custody'. Pujyashree was taken to the Jodhpur Central Jail.

It is known only to God and Bapuji Himself as to how many troubles had he suffered in that mosquito-infested jail with no good treatment to His nagging disease available therein. Notwithstanding the false stories of Bapuji being provided with a bed, a cooler, etc. in the jail being hyped by the media, there was nothing available as such. No extra facilities at all! This has been corroborated by the Jail Superintendent himself.

The sensational news, wherein the concerned girl was time and again mentioned as 'the victim', actually victimized millions of women. Hurt by the arrest of Bapuji with false charges, millions of mothers and sisters have been observing fasts.

Multitudes of false cases related to dowry and rape have put innumerable men and women, many innocent families and innocent souls in prison, where they are fated to languish for long being victimized by conspirators. Don't such false cases actually strangle the nation and the humanity?

According to an officer, "About 98% of rape cases have been proved false. I have seen only 3 cases proved to be true during my entire tenure of 12 years."

I will bring the Gurukul into disrepute to close it

The girl was sick a few days back. She was treated also, and there are documents of her medical treatment. Then she showed signs of mental instability. According to her girl-friends; she used to spend hours in the bathroom; and talk over the phone for hours while strolling on the roof till late night.

One girl student of Chhindawara Gurukul said about the accuser girl: "She did not want to stay in the Gurukul. She was more interested in watching films; talking about boys; and eating fast foods. So to save her from degeneration, her father got her admitted to the Gurukul. It was difficult for her to live in the environment of discipline, eating sattvik food given in the Gurukul, following observances and doing mantra-japa. She used to watch films secretly. She wanted to leave the Gurukul. She used to think out how to get out of the Gurukul. She used to stroll on the roof for hours at midnight."

Few days before leaving the Gurukul, she said, "I want to earn a good name. I will bring the Gurukul into disrepute. Then it will get closed automatically. Then my father will be obliged to get me released from this place."

To traduce the gurukul; she devised a plan to traduce Bapuji. And the easiest way to defame a world-famous saint was character-assassination.

A girl-friend of the accuser girl said, "When I asked her why did she falsely accuse Bapuji. She said, 'I said what I was advised to say.'

The girl reached Shajapur with her parents. Her brother was also called back from the Chhindwara Gurukul by the police. He showed a positive attitude towards the Gurukul in writing and video-interview before leaving the Gurukul. But then after meeting the conspirators, he said, "Food is not served in the Gurukul. We are starving because only fish and meat are served to us.' This is a lie. It is not possible. Many such false allegations were leveled which were published by the local media. He was made to level so many completely false allegations; and the girl was also made to level baseless allegations. The conspirators

made the brother and the sister tell lies. Their statements are suggestive of a conspiracy hatched by the plotters.

Completely Normal Medical Report

The medical report of the accuser girl says that there was no mark of any scratch or tooth-bite on her body. She had not been assaulted either sexually or physically. In spite of the medical report being completeley normal; the non-bailable section 376 of the Indian Penal Code still stands unnecessarily. Even the girl also has never complained about rape in her statement.

What a fictitious story!

The girl said, "Bapuji called me in the room. My mother was sitting outside the room. Bapuji closed the door; and tried to remove my clothes. Then I started screaming. So he closed my mouth. He kept caressing over my body for one and a half hour. Then He threatened me saying, 'Don't tell your parents; otherwise I'll kill you.'

When I came out of the room after one and a half hour; I was nervous and frightened. Then I went in the house of the sadhaka, which is outside the compound of the Kutiya, with my mother. I told nothing to my parents and slept."

What an invented tale this is! The girl; who was sick; and who had been treated; who was mentally disturbed; who was called with her parents from Chhindwara to Shajapur; and from there to Jodhpur (more than 2000 kilomeres); whose mother is sitting outside the room; her parents are present and not even an ordinary or a foolish man could keep a girl's mouth closed with one hand and keep fondling her for one and a half hour; while the farmer's house is very close; and in addition to it; her parents are also there; this is not possible. When the mother is sitting near the door of the Kutiya; why didn't she hear the girl's screams?

When a girl of 16-17 years, who has been sexually assaulted for one and a half hour, comes before her mother; do you think that she would not suspect anything on looking at her condition? She complained that she was abused for one and a half hour. How could the girl know the exact duration of time in such a condition? Did she look at the watch before going to meet Bapuji, and also check the time after coming back?

The girl said in her statement, "I came out and slept quietly with my parents." How can anybody sleep quietly after such an incident? Then on the next morning she played with the farmer's children (the devotee; whose house is near the Kutiya), and gifted them two hundred rupees also. She went to the station by car. If she was resisting the offender, who was pressing his mouth with one hand and caressing her body with the other for one and half an hour, why did not she get marks or abrasions on her body? Won't her mother suspect anything on looking her mouth pressed for one and a half hour?

As the room was reported to be closed; light was switched off; and the girl stayed inside for one and a half hour. In such a condition why didn't her mother, who was sitting outside the room, knock the door? Or why didn't she ask the so called three boys, who were standing outside?

What other information does the police have other than the girl's concocted story? What is the evidence in support of her statement? The medical report is normal. The incident is reported to have taken place on 15th August; and the FIR was registered on 20th of August; why was it delayed so much? The girl belongs to U.P., she was studying at Chhindwara in (M.P.); and the said incident is said to have taken place at Jodhpur (Raj); then the FIR was registered in Delhi police station at 2.45 a.m. Why?

And that too why at Kamala Market Police Station only? If they had reached Delhi from U.P. by train, bus or air-plane; then also there were three other police stations on main roads before Kamala Market. Why didn't they get FIR registered at those police stations? Every move of their strategy raises many questions.

Can the police send such a famous and great saint into jail just on the basis of a baseless FIR registered by a 16-17 years old girl, without having a single strong evidence? He has been working for the spread of Indian culture; rendering great services to the society; working for the uplift of children, youths, and women; providing medical services to sick people; providing food to the poor through Bhandaras and distribution of grains; and doing relief works in all types of natural calamity for the last fifty years. Then what is the political motive behind all this? Is it to destroy the backbone of Hindu Dharma? Is it to dilute the faith of Hindu people in their own religion in order to bring them in the fold of other religions? India is India only till Hindu Dharma survives. Do they want to destroy the country itself by destroying the Hindu Dharma? It raises many questions. The awakened and intellectual people should think over it seriously. There should be strong laws to control the media; which are bent upon increasing their TRP by spreading baseless rumors. Otherwise the society will be misled by false propaganda. People will end up losing faith in the religion and saints. Why do they always blame only Hindu saints? If we end up losing our faith in our culture and religion; we will get ruined! "Where there is Dharma, there is victory; where there is Dharma there is prosperity."

यतो धर्मः ततो जयः । यतो धर्मः ततो अभ्युदयः ।

When there will be no saint; then our life will become chaotic.

संत न होते जगत में, तो जल मरता संसार।

Had there been no saints; the world would have been reduced to ashes.

Self-realised saints keep themselves ever engaged in the welfare of the people; even bearing oppression, slanders and insults. It is their nature.

तरुवर सरोवर संतजन चौथा बरसे मेह। परमारथ के कारणे चारों धरिया देह ॥

'A tree, a water pool, the Saints, and fourthly the rain water - all these exist in the world, not for their own selfish ends but to do as much good as possible to others.'

They treated Bapuji's Devotees with atrocious cruelty

The devotees spread in India and abroad are furious against the plotters of this conspiracy. Peaceful protests, rallies, dharnas, and peaceful demonstrations are being held all over the country.

False allegations have been leveled against Pujya Bapuji's three devotees also. One of them is Shiva; who was treated like a terrorist in the name of making enquiry. The accuser girl said that Shivabhai had called them, and led to the place; whereas Shivabhai's train ticket and his mobile phone location reveal that he had left for Delhi in the evening. Police forced Shivabhai to sign on a blank paper while on police remand. So, you can just imagine; how much must the police have been working under pressure from the conspirators. Shivabhai was beaten mercilessly. They tried

to tempt him. His eardrum was damaged due to physical assault. Is it not an evidence of the pressure from the conspirators on the police to procure statements against Bapuji? The policemen hit his elbows and knees with their shoes. They said that it would not cause visible marks on the body that could be recorded in the medical report. Saying this they tortured him physically and mentally. May God not distress anybody so mercilessly as Shivabhai was. Such pressure was built on Pujya Bapuji also; under which they got a paper signed by him without reading it out to him.

Shivabhai related the whole incident; when asked by 'Sahara' and 'P-7' news channels. He said, "Bapuji never meets any girl in privacy. I have been with Gurudev for the last eight years. Nothing has happend as such; it is all the setting of conspirators somehow. I have no any proof and no any CD; as the falsehood has been propagated by the media. The police was forcing and oppressing me unjustly and arbitrarily for everything. The police have pulled out my *choti* or lock of hair on the crown of the head. I was physically beaten mercilessly and threatened to repeat whatever they speak. They brought to me some papers also forced me to accept and sign that they had found a C.D. from me; whereas I had no such C.D." Shiva sent his complaint to the court also.

Supporting this fact and exposing false rumours propagated by the media DCP, Jodhpur, Mr. Ajay Lamba said in a press-conference, "We have found no such C.D., movie or video-clip. All these are baseless rumours."

Anybody arrested by police must be presented before magistrate within 24 hours under Indian law. Even then Jodhpur (Raj.) police presented Shivabhai before the court only after keeping him on police remand for three days.

Shilpi, the hostel-warden of Chhindwara Gurukul (M.P.), has no contact with Pujya Bapuji for the last six months; personally or over the phone. Jodhpur police went to Chhindwara and put pressure on her also. In addition to it; Jodhpur police also tried to tempt and threaten the girl friends of the accuser girl, and forced them to give statements in favour of the accuser girl. The enquiry, which could have been finished in few hours; was extended up to three days by foul tactics. Being harassed by the police; the students protested and raised a question: 'Why does Rajasthan Police exert so much pressure?' They shouted slogans against the police. Only then the Rajasthan police returned from Chhindwara.

Is it not a tangible evidence of the pressure of the conspirators, temptation from the conspirators or anything else you may call it? It clearly indicates what terrible conspiracy has been hatched to destroy Indian culture! Otherwise such a great saint, who is serving and awakening the country, and His devotees cannot be treated like terrorists; this is extremely despicable. Just on the basis of baseless talks and reports of a girl; a saint, whose discourses are heard with devotion by crores of people all over the world; with whom the religious feelings of crores of devotees are connected is treated so atrociously. Is it not the misuse and abuse of the judicial system and Law and order?

Self-Knowledge

THE MYSTICAL CONVERSATION BETWEEN DHRUVA AND LORD VISHNU

(Continued from previous issue)

Sage Parashar said to his disciple Maitreya, "When Lord Vishnu appeared before devotee Dhruva and conferred on him as per his desire the loftiest and eternal place, Dhruva felt proud of this achievement; but due to Lord Vishnu's grace, he soon became egoless and asked the Lord, "Oh Lord! Who am I, the achiever of the eternal place? Who are you, the giver of eternal place to me?

What is the real nature of the eternal place and the world?"

At this, Lord Vishnu said, "O Dhruva! You should not be concerned with these things? If I answer these questions; neither you will exist, nor I, nor the world, nor the eternal place. So, better you don't ask this question."

But Dhruva said, "Please, don't bother about consequences. Answer my question correctly."

Lord Vishnu said, "O Dhruva! In reality neither you exist; nor I exist; nor this world. This is just an illusion. It is not real; it is just like the illusion of a snake in the rope. The witness to you, me and the entire universe, beyond mind and words, is the only reality."

On hearing this, Dhruva said, "Then, my conviction that you have conferred an



eternal place on me is illusory. It is just like a dreamer receiving a boon of the eternal place from a person imagined in his dream. It is nothing but an illusion."

Lord Vishnu said, "O Dhruva! Don't relinquish this eternal place, because whatever a Self-realized one gets by destiny, he remains happy with that only."

Then on being asked by Dhruva about His essential nature, Lord

Vishnu said, "It is surprising if a snake (imagined on seeing a rope) asks the rope or an ornament asks gold about its essential nature. It is surprising if a person seen in the dream asks the dreamer, 'O dreamer! What is my essential nature?' or if the dream person (person seen in the dream) pronounces with raised arms, 'I am not the dreamer, my existence is independent of the dreamer.' The learned ones will laugh at him and will say, 'His talks are meaningless.' Similarly, O Dhruva! Your asking me, 'Who am I?' Is also ridiculous. There is no room for the feeling of 'I-ness' and 'You-ness' in Me; I am Absolute, Selfluminous and non-dual."

Dhruva said, "O Lord! Then I have unnecessarily troubled this body by practicing austerities. If you are non-dual, then 'I' don't exist. And if 'I' don't exist:

then of what use are the eternal place, devotion to You, this world and the other world to me?"

Lord Vishnu said, "O Dhruva! Don't lament like a child. Whatever happened due to ignorance, has happened; why to repent for that? Your desire impelled you to do whatever you have done; I have conferred nothing on you."

Dhruva said, "It is very surprising! You have pushed me, a foolish and blind person having no eye of Knowledge, in a dark well because other than You, the Pure Consciousness, this entire world along with the eternal place is a blind well and unreal. Therefore Oh Lord! Please tell me the means to come out of this dark well."

Lord Vishnu said, "O Dhruva! The only means to come out of the dark well is to consider yourself, the eternal place and this entire world as the all-pervading Lord Govinda (Pure Consciousness) and to not repent. O Dhruva! Till one is not awakened from sleep, the dream person is bound to travel from place to place in the dream world. And the intelligent persons do not feel any place seen in a dream to be high or low. O Dhruva! The entire dream world along with all the dream bodies is unreal; only the dreamer is real. Knowing this is the means to come out of the dark well of samsara."

Dhruva said, "I don't worry; when all is Govinda (Divine Consciousness); then repentance is also Govinda; and non-repentance is also Govinda."

Lord Vishnu said, "Now I am going. May you attain supreme good! You will meet a saint."

Lord Vishnu disappeared; and Dhruva started roaming in a forest.

(From 'Aadhyatmik Vishnu Purana'-to be continued)

Elixir of Life

- Shri Paramhansa Avatarji Maharaj

* The will of a perfect Sadguru is effective throughout all the

universes. He helps his true servant in this world and the next.

* Do self-analysis and evaluate yourself, whether your love for the sayings of Guru and His grace are on the rise or attachment to illusory world? Love for the Sadguru will make you one with God and attachment to illusory world will subject you to the cycle of birth and death.

True servants always keep the Sadguru in mind; therefore, messengers of Yama (the god of death) don't come near them at the

* Those who don't follow Guru's commands, don't practise japa of divine Name and follow the dictates of their mind can't escape the consequences of their karma. Practice of the Word (japa of Aum or of divine Name) is the only means to root out all karmas.

The person who makes self-effort gets the fruit of his actions but if it is supplemented with chanting of divine Name the fruit of divine

grace is added to his gains.

The Glory of Satguru



The Guru made him a Guru, not a disciple

- Pujya Bapuji

Ketaji was a saint of Rajasthan. A boy came to him to get Mantra initiation. He said, "Why should I give mantra-diksha? Wait for some time. I shall think over it." The boy was determined. He started rendering service like tending cows etc. at the Ashram. After a year or so; he again entreated, "Maharaj, Kindly give mantradiksha to me."

Ketaji said, "I shall think over it."

Ketaji had 3-4 cows. They became many with the passage of time. He used to tend cows in the jungle and visit the Guru occasionally. Ketaji allowed him to clean his room also. Ketaji Maharaj deferred the date of Mantra-diksha many times. Thus about ten years elapsed. Ketaji was a saint unmindful of public opinion, and the boy was determined not to go back.

One day the Guru thought of giving him a test. Ketaji said to him, "Take the pitcher and fetch water from a pond." There were no taps in olden days. He fetched the pot filled with water. Ketaji asked, "From which pond have you filled the pot?"

He said, "I fetched water from the nearest pond."

"Oh fool! Buffalos sit in that pond."

He broke the pot with a blow of his stick. It was early morning of the winter before sunrise. The boy was shivering with cold. When the pot on his head was broken with a stick he was drenched thoroughly.

"Stupid! Bring the water from so and so pond."

He went and brought water from that pond. But Ketaji said, "Have you brought water from the middle of the pond or from the shore?"

Of course, Ketaji knew that the boy would get drowned, if he went to the middle of the pond. He was supposed to fill the pot from the shore.

"Gurudev! I brought it from the shore."

"Stupid!"

He again broke the pot with his stick. The boy became wet again. This way, Ketaji broke the pot seven times finding some fault with the boy. The boy was shivering with cold but still he was determined not to go back.

Ketaji said, "Now go back to your home and take up some vocation. Why do you follow a Sadhu Baba? But before going, give a pot of water to the Guru."

He was given a pot again. He went to the pond. He placed the pot near the pond and sat down. He was shivering due to the bitter cold. He thought, 'The Guru will break the eighth pot as well. This time, I will die of cold.' His mind suggested him to run away from that place. I am completely exhausted. I should run away.

He slowly stood up and after bowing his head towards the Guru's place started walking towards home. A voice emerged from the pot, 'Hey! Where are you going?'

The boy thought, 'Guru's voice coming from the pot! But how is that possible? It must be a hallucination of my mind.' As he walked further, the voice emerged again, 'Hey, don't you listen?'

Then whatever be the cause, the subtle body of Gurudev spoke from the pot or He

spoke with Yogic power or a divine play, the pot started narrating its autobiography, 'I was dug out from the soil with strokes of spades and hoes. Then the potter mixed water and kneaded me. Then I was turned on the potter's wheel and given the shape of a pot by beating repeatedly from outside and supporting with a hand placed within. Then I was dried in the sun. Then I was fired in a kiln for baking. I endured it all, but did not give in. Hence I have got a chance to sit on the head of a devotee like you and you are leaving me!'

That boy startled, 'What is this?'

Actually it was the effect of his religious merits that God was inspiring him. He was inspired by Guru's Absolute Existence or Consciousness.

Again the voice came, 'Hey don't be a coward. Fill me with water.'

He said, 'Victory be to the Guru' and filled the pot with water and went to Guru Maharaj.

Ketaji asked, "Have you brought the water?"

"Yes Gurudev! I have brought it."

"Did you try to run away to your home?"

"Yes Gurudev."

"What happened then?"

"A voice came from the pot."

Ketaji said, "How powerful is the Lord! He can make the insentient speak. He can make the sentient speak. He protects all; nurtures all. He is the controller of the universe.

You want to become my disciple. Think, who are you? Why do you want to become a disciple? Who is the Guru and who is the disciple? All is a passing phenomenon."

The boy was looking at Ketaji. Ketaji was looking at the boy. The Guru transmitted his Brahmic Consciousness to the boy's heart. His eye of Knowledge was opened. And the boy became a Guru without becoming a disciple.

Ketaji Maharaj did not make him a disciple. He made him a Guru. The same happened with me. I was not given formal mantra-diksha. The Guru just indicated the path and instructed me. I obeyed His commands and attained Self-Bliss.

Meritorious Days

29th September: Ravipushyamrita yoga (from 8.13 a.m. 29th Sept. to sunrise, 30th Sept.)

30th September: Indira Ekadashi (a fast to destroy sins for the salvation of departed ancestors)

5th through 13th October: Sharadiya Navaratri

6th October: 49th Self-realization day of Pujya Bapuji

8th October: Fourth lunar day falling on Tuesday, Angaraki Chaturthi (from sunrise to 12.05 a.m. 9th Oct.)

13th October: Vijaya Dashami (one of the 3 ½ highly auspicious days of the year), (auspicious time: 2.22 p.m. to 3.09 p.m. for pious resolves, for starting auspicious ventures, a journey for victory), Dashahara

15th October: Papankusha-Pashankusha Ekadashi (a fast that saves from the pains inflicted by Yama, the god of death)

17th October: Sankranti (auspicious period: 8:01 a.m. to 4:01 p.m.)

18th October: Sharada Purnima, Beginning of Kartika Snana, partial moon eclipse (19th October 3.18 a.m. to 7.21 a.m.)

Provision of Virtues



The 'dependence' that leads to absolute freedom

- Pujya Bapuji

The physical body made of the five elements belongs to the realm of Maya. The mind, the intellect and the ego too belong to the realm of Maya. This is the eightfold Nature. The Lord says, 'I am not this eightfold Nature; and you too are not this Nature.' Believe the words of the Lord.

भूमिरापोऽनलो वायुः खं मनो बुद्धिरेव च । अहंकार इतीयं मे भिन्ना प्रकृतिरष्टधा ॥

'Earth, water, fire, air, ether, mind, intellect and egoism – thus is My Nature divided eightfold.' (The Gita: 7.4)

God is different from the Nature, the body consisting of five elements, the mind, the intellect and the ego. You too are different from them. The body, the mind and the intellect change; you don't change; you know the changes. The egotism 'I am worried', 'I am poor', 'I am rich'...' changes. This eightfold Nature changes equally for you and for God. So the Self of God is the Self of Yours. And the body is bound to die. Even God's body does not last forever; how long can you keep your body alive?

You are not the body; you are immortal

Atman. Know yourself the way God or the Guru knows Himself. Do not fear death and do not frighten others. Don't be foolish and don't fool others. Don't feel miserable and do not cause suffering to others.

Why be sorrowful? Foolishness (ignorance of Self) is the only cause of suffering. It is only out of foolishness that one makes wrong decisions which in turn bring misery. So no decision should be made when one is sad, irritated, vengeful, worried or fearful.

You will never come to grief if you make decisions early in the morning after bath, libation to the Sun-god, meditation and communion with the Guru. Otherwise, you will indulge repeatedly in chewing tobacco, smoking cigarettes or watching films even unwillingly when you know they are harmful. This will cause grief to you. What is the reason? These evil habits command you. Don't follow the commands of evil habits. Follow the commands of the scriptures, follow the commands of Guru, and follow the commands of Guru, and follow the commands of God.

Dependence on Shastras, Guru or God is not dependence; it is absolute freedom because it is brought about willingly. Dependence on the truth or the Shastras is not dependence. Lord Rama obeyed the scriptural injunctions; Lord Shri Krishna followed the commands of Shastras and so did my Gurudev. So to follow the commands of Shastras, Guru and God is not dependence in real sense. To follow the commands of desiring mind is dependence and slavery.

Those who do not obey the dictates of Shastras, Guru and God; they obey the dictates of their ignorant mind and intelligence that makes wrong decisions. Their intellect gets destroyed. Those who follow the dictates of their mind go to lower life-forms like earthworms and moths. But those who take refuge in God... God

includes Shastras and Guru; Guru includes Shastras and God. These three are different outwardly. But in substance they are same. 'ईश्वरो गुरुरात्मेति मूर्तिभेदे विभागिनो ।' 'Shastras, Guru and God are different only in form.' Shastras includes God and the Guru. Can there be Shastras (spiritual scriptures) without God or Guru? So the Guru includes spiritual scriptures and God. Those who take refuge in the Shastras, Guru and God trample misery, sorrows, fear and worries under their feet and attain direct experience of Self or Supreme Self.

Be determined, 'I will lead the divine life. I will conduct myself as per Guru's commands. Dependence on Shastras, Guru and God looks to be a psychological dependence in the beginning, but in the end, it makes the disciple free from all dependences; when his individual consciousness surrenders to the Cosmic Consciousness.

64 transcendental qualities of Lord Krishna

- Pujya Bapuji

(Continued from the previous issue)



Eighth quality is 'सत्यवाक्यः'. The Lord is truthful. We may not understand it, but the Lord speaks truth. Ninth quality of Lord Krishna is 'प्रियंवदः'. The Lord speaks pleasingly even to the offender. Tenth quality is 'वावद्कः'. He is fluent. He is an expert orator. Eleventh quality is 'सुपाण्डित्यः'. The Lord is highly learned. He knows all the 14 vidyas or divisions of science, and master of ethics. He is a guide even to scholars. The twelfth transcendental quality is 'बुद्धिमान्'. The Lord is highly intelligent. The thirteenth quality is 'प्रतिभान्वितः'. He is a genius. The fourteenth is 'विदग्धः'. The Lord is artistic. Be it the art of dance, music (vocal and instrumental), warfare,

spiritual practice or any other; He is expert in all arts. The fifteenth quality is 'चतुरः'. The Lord is extremely clever. He is clever not like the modern man. The Lord knows the trick to make men free from sorrows, to make them equanimous, to make them Self-realized. None but The Lord is clever in these matters. The clever persons nowadays cheat others and in the process, get themselves cheated. Such cunning persons are called clever by the worldly people. Cleverness of the Lord is divine. Sixteenth quality of the Lord is 'বধা:'. The Lord is expert. He does not falter. He does not favour His sons and grandsons. He was ready to inflict punishment on them when they were at fault. The Rishi cursed them, "You ask what child, whether male or female, would Samba (dressed as a pregnant woman). But I know that this is a man and you have tied an iron pestle on his belly. This pestle would become instrumental for the destruction of the Yadav dynasty." When Lord Krishna was told about it, he said, "What the Rishi has said is correct. Everybody must suffer the consequences of his karma." The Lord is neutral and expert. He could have averted the curse to save His children. But no! He is expert. (To be continued)

If not in human birth, when?

- Pujya Bapuji

As long as you sit quiet, free from resolves, your Self-force, spiritual aura, and Divine Energy gets accumulated, consequently your ability is increased.

Someone told a saint, 'We are householders and worldly beings. We can't live in solitude. So we're unable to gain the inner force.'

To this the saint replied, 'If you pour a jug of milk in a pond or in a large vessel filled with water, the milk will be of no use. But if mix some curd with the milk and curdle it, leaving it undisturbed for some time and thereafter churn it. Now put the butter thus obtained in a pond or a pitcher filled with water, the same will definitely float on the surface. Similarly you too, after doing some worship and prayer of the Lord, rejoice in the supreme inner bliss. Thereafter enter the mundane world, you'll succeed in performing your routine tasks happily and joyfully; otherwise you will get drowned in the samsara. You will get overwhelmed with worries, passions, attachment, aversion, fears, ailments, and in the end it will engulf you in the vicious cycle of birth and death."

Do not fritter away your precious life thinking 'What can I do, I am a worldly being.' You truly toil hard to earn and live frugally. Therefore it is your right to get Supreme Bliss. There is nothing superior to the human life. After attaining such a human life, if you do not scale spiritual heights, then when will you accomplish that? All that happened in the past is gone. Now you set yourself to conserve your spiritual energy. Enhance your innate Self Bliss.

"You can reform your life spoiled in many past lives now and today. Tulsidas says, surrender yourself to Rama, worship Him, giving up evil company."

The Power of Thought

(Excerpts from the satsang of Pujya Bapuji)

The power of thought is greater than the power of automobiles, ships or even atom bombs. Atom bombs are exploded, diffused, discovered and invented by thoughts. Hence thoughts play a significant role. The thoughts of seeking refuge in God or attaining God are more conducive to happiness. Hatred leads oneself as well as others to ruin. Attachment makes oneself as well as others sensualist. Thoughts oriented towards divine love neutralize attachment and hatred.

One thought leads to amity while another leads to enmity and strife. One thought relegates a person from a spiritual aspirant to a worldly man, while another makes a worldly man self-controlled and leads him to divinity. One good thought of Siddharth made him self-controlled and led him to divinity. Hence, whenever a good thought arises in the mind, one should stick to it.

One wretched idea becomes a problem for crores of people. See how one lowly idea of Ravana caused problems for the whole of Lanka and for the apes. Similarly, one wretched idea of Alexander and Hitler killed many people and brought destruction all around.

The British Professors of Britain's world famous Cambridge University planted in the mind of a student called Abdul Latif the devious idea of dividing India to create Pakistan. He started sending posters and booklets with maps of Pakistan to India. Initially, this didn't evoke any response. Even Mr. Jinnah termed it fanatic. It was not at all possible! However, those who encouraged this evil idea became instrumental in dividing India and creating Pakistan, the evil consequences of which are victimizing us even today. Noble citizens are being terrorized. Extra military forces, missiles and fighter planes... two parts of India are fighting against each other wasting their own energy and resources. Billions and trillions of rupees have been wasted due to one evil idea! One devious idea that arose at that time, rendered crores of people homeless, claimed lakhs of innocent lives, outraged the modesty of thousands of women and killed thousands of children. One noble idea of my Gurudey, His aspiration for God, is leading millions of people towards God-realization and towards a noble and pious life. People are greatly benefitted.

Auspicious Days

Vijaya Dashami The festival of Victory over the senses

- Pujya Bapuji

A Day of Complete Victory - (Falling on October 13)



Vijava Dashami is a festival for victory over senses; festival of arresting outgoing tendencies to retain the mind within the heart. Vijaya Dashami festival of victory of justice over injustice; festival of victory of divinepower and Sattva guna over Tamo guna (inertia, darkness); festival of overpowering bad deeds with good deeds; festival of victory of selfrestraint and Yoga over hedonism; festival of victory of divine tendencies over demoniac tendencies; festival of victory of humaneness over animal nature; and festival of victory of Shivahood (the state of Selfrealization) over Jivahood (the state of individualization). Our preconceived

notions: 'I am a Jiva (individual soul), I am a sinner or I am a virtuous person, I am happy or unhappy' belonged to Jivahood but pains and pleasures come and go, our notions change from time to time. The Knower of them is Shiva (Self), That Hari is my Self. I am not a mean Jiva; but I'm an eternal portion of Lord Hari. I do not belong to any race or religion. I am not a body having a form. I am the immortal Self that exists even after death. I'm an eternal child of Lord Hari, Hari Om...Om...

Vijaya Dashami is a festival of crossing the border to enter the enemy's territory to gain victory over him. Lord Rama had killed demon Ravana on the day of Vijaya Dashami. Chhatrapati Shivaji, a Maratha King had forced his enemy Aurangzeb into a tight corner on the day of Dashahara. An emperor Raghu, a king of this world, had changelled Kuber; the treasurer of gods living in heaven saying, "Kautsa Brahmin has come to me with a resolve to offer a gift of 14 crore gold coins to his Sadguru Varatantu. I want to fulfill the resolve of this Brahman. I'm a kshatriya (belonging to the warrior class). I don't beg from you; rather I order you to give me 14 crore gold coins as tax; or get ready for a war." As soon as the emperor Raghu set an arrow on his bow; Kuber, the celestial treasurer said, "No emperor Raghu! I'm going to shower gold coins right now." So the emperor Raghu had fulfilled his resolve on the day of Dashahara.

Vijaya Dashami gives us the message to control five organs of action and five sense organs and repose intermittently in the antaryamin God during our daily chores; and to subdue the mind allured by petty sense pleasures.

The Day of Making Our Resolves fulfilled quickly

The day of Vijaya Dashami is day when you don't need to choose a muhurta (an auspicious time for starting a venture). The entire day is highly auspicious. Your resolve of controlling anything or any situation becomes fruitful sooner on this day than other days. The stars of victory of this day help us to become victorious. Vijava Dashami is a day for victory over the opponents. There are two types of opponents – external opponents and internal opponents. Opponents on account of possessing wealth, political status or power, having different ideologies and disputes are the external opponents, and it is not very difficult to win over these external opponents. The internal enemies are desire, anger, greed, attachment, ego, jealousy, despondency and sadness etc; which compel us to do actions against our wish by failing us morally. These are our internal enemies. External enemies spoil our life on earth only; but the internal enemies chase us even after death.

To win over the internal enemies take refuge in God; and do chanting of God's name such as 'Om' in elongated way; and imagine that your internal enemies are coming out. Then kill them with the mace of self-effort or shoot them with the shafts of divine Name. There are only two root causes of the external enemies: attachment and aversion. So, resolve on Dashahara festival to get liberation from all bondages. 'I will be free from attachment and aversion. I will be free from fear and anxiety.' How will you do that? Contemplate: 'All this is Vasudeva (the innermost Self). That is beyond the reach of attachment and aversion. That is beyond the reach of fear and anxiety. That is their knower. That remains unchanged. That remains with us even after they pass. Om Bliss... Om Peace...' Then be calm. Your attachment and aversion will subside. One feels aversion to the other. When one beholds his own Self in all, there is no place for aversion in his life. One does not hate oneself, even if one is the ugliest person. One can hate the other. One feels attachment to the other. One does not love oneself, even if one is the most beautiful or handsome person. So it is the message of Dashahara to resolve for removal of the sense of duality. May you develop the auspicious vision and see auspiciousness everywhere.

सर्वदा सर्वकार्येषु नास्ति तेषाममंगलम्। येषां हृदिस्थो भगवान् मंगलायतनं हरिः॥

"Those who have God, who is auspiciousness personified, established in their hearts do not suffer from any misfortune in all of their works in all times." Such people, whose hearts are full of faith in the God abiding in heart, never suffer from any misfortune in all undertakings at all times. They have the conviction that Supreme Self beyond attachment and aversion is the only Truth. This body works due to the presence of Self-god. That Self-god is Truth. They believe that the body is unreal. Pains and pleasures are unreal. Pains and pleasures come and go, attachment and aversion come and go, but my Self is Truth that remains constant. For them, who have known this fact, there is no possibility of anything inauspicious in any of their works, because the auspicious God abides in their hearts. So you consider the auspiciousness personified God, the real Master of your heart, to be your own. Mentally chant the divine Name while inspiration and count the breath while expiration. Repeat the Mantra in a whisper for some time, then do Japa in the throat or kantha for some time, and then do it in the heart or Hridaya for some time (mental Japa). The knowledge of auspiciousness personified God will get revealed in your heart and divine joy will fill your heart, and there will be nothing but auspiciousness in your life.

You should resolve on the day of Dashahara festival: "Now from today onwards my life will be auspicious. Whenever the thought of hatred will arise in my mind, I'll pacify it with the (contd. on page 29)

Power of Self-restraint

Veracity of Indian Psychology

(Continued from previous issue 246)

Many renowned doctors and psychologists of today have supported the concept of *Brahmacharya* propagated by the ancient Indian sages. **Dr. E. Perier** says, "It is a singularly false notion... the notion of imaginary dangers in absolute continence. Virginity is a physical, moral, and intellectual safeguard to young men."

Britain's Royal Physician, Sir James Pagen, writes: "Chastity no more injures the body and the Soul. Self discipline is better than any other line of conduct." Those psychologists and experts of sexology, who teach about immorality, free sex and enjoyment of unbridled sexpleasures, should understand what Dr. Nicholas has said, "The imprudent youth of today who allow their vital fluid to drain away like water, become engulfed by dangerous maladies difficult to be remedied even by doctors, and after facing disastrous and hairraising afflictions, these unfortunate wrecks meet an untimely death."

While enumerating the benefits that accrue through conservation of one's sexual energy, **Dr. Molvil Keith**, (**M.D**) says, "This seed (*veerya*) is marrow to your bones, food to your brains, oil to your joints and sweetness to your breath; and **if** you are a man, you should never lose a drop of it until you are fully thirty years of age, and then too only for the purpose of having a child, which shall be blessed by heaven, really one of the inmates of the Kingdom of heaven by being born again."

Thousands or lakhs of years ago, our Rishis and Munis had expounded the theory of bringing forth divine souls through self-restraint and conservation of the vital energy. However the Indian educated persons impressed by so called western intelligentsia, did not agree to the wisdom of our saints and learned persons. We shall be highly pleased, if now by following the sayings of the western physicians they begin to follow the path of self-control. It is quite possible that the atheists and followers of other religions may not accept the precepts of the Hindu Scriptures, but now that the scientists are acknowledging the truth of those precepts and stressing on the need of Brahmacharya in their language, people will have to accept the facts and take refuge in the teachings of Indian culture, directly or indirectly. For herein lies their actual good.

While elaborating on the benefits accruing from *Brahmacharya* **Dr.**Montagaza says, "All men and young men in particular can experience the immediate benefit of chastity. The memory is quiet and tenacious, the brain lively and fertile, the will energetic; the whole character gains a strength of which libertines have no conception. No prism shows us our surroundings under such heavenly colours as that of chastity, which lights up with its rays the least objects in the universe and transports us into the purest joy of an abiding happiness that shows neither shadow nor decline."

(To be continued)

Enriching Rituals



Shraddha

Enhancer of Peace, Happiness and Merit

(Shraddha: 19. September to 4. October)

The dark fortnight of the month of Ashvin is known as the Pitru-paksha, as it is specially sanctified for offering oblations to the departed ancestors. It is called 'Mahalaya Paksha' also. श्रद्धया दीयते यत्र, तच्छाद्धं परिचक्षते I 'The Ritual performed for the Pitris with complete faith is known as Shraddha.' What is a month to you is a day for the Pitris. The Pitris get satisfaction by performance of shraddha once in the year (in the 'Pitri-paksha').

Why is the ritual of Shraddha necessary?

Those who perform Shraddha become happy and prosperous themselves and make their ancestors also happy and prosperous. In the days of Shraddha, the Pitris expect their descendents to satisfy them by offering something to them. They look with expectant eyes till the evening. If Shraddha is not - Pujya Bapuji

performed they give curse to their descendents and return. Then they (the descendents) have to face problems and troubles in spite of possessing wealth.

Harit Smriti says, 'No valiant son is born in the family, where Shraddha is not performed. None of the family members enjoys health and long life and they have to face one or another problem and strife constantly. Well-being of the family becomes elusive.'

Vishnu Purana says, "When a man celebrates reverentially the shraddha of his ancestors, Lord Brahma, Indra, Rudra, the eight Vasus, the two Ashwini kumars, the Sun, Agni (Fire), Maruts, Vishwadevas, Rishis, birds, manes, beasts, reptiles, men and all other creatures become propitiated." How can he, who gives satisfaction to so many beings, remain dissatisfied?

If one is unable to perform Shraddha...

One should perform Shraddha in the 'Pitri-paksha' as per one's ability. If one is unable to perform this ritual with costly substances, one may perform Shraddha only with low cost green leafy vegetables. If one does not have money even for that, one may give grass to a cow and with folded hands, tell his manes, 'O my ancestors! I feed this cow for your satisfaction. Kindly be satisfied with this alone.' Even this will save him from misfortunes.

If one does not have money even for that, one may take bath on the day on which the soul of his father or mother departed, and facing eastward, should raise both hands and say, "O Sun god! I am unable to perform any ritual for my mother, father, grandmother or grandfather (speak their names and lineage) due to poverty. Kindly give satisfaction to them.' One who has the means and feigns poverty will become poor, but one who is really poor will receive special blessings from God. When your departed ancestors will get satisfied, you will get wealth and satisfaction in your life.

Historical evidence of Shraddha

In the course of His exile, Lord Rama stayed at Pushkar for some time. His father, King Dasharatha had died. On the day on which his father departed, Lord Rama invited Rishis and Brahmins. Lakshamana brought fruits, roots and tubers, and Sitaji cleaned and cut them for serving. Lord Rama and Sitaji served the food to the Brahmins. But suddenly Sitaji ran away as a deer would run at the sight of a lion. Lord Rama took the help of Lakshamana and served food to the Brahmins. When the Brahmins left, Sitaji came.

Lord Rama said, "Sita, I am astonished at your behaviour today."

Sitaji said, "My Lord! What should I speak to you? I saw my father-in-law sitting among the invited Brahmins. How could I go before my father-in-law clad in garment

made of bark? I was abashed and so ran away." Such is the story.

Places appropriate for Shraddha

Pilgrim places like Gaya, Pushkar, Prayag, Haridwar; cow-sheds, temples and banks of rivers are considered the best for the performance of Shraddha. Otherwise, you may utter the pious name of the Lord and sprinkle water on the ground around your house. Then that place should be smeared with dust from under cow's feet, cow dung etc. If you use Tulsi leaves in Shraddha, your ancestors will remain satisfied till the final dissolution of the Creation and will go to Lord Brahma's abode.

देवताभ्यः पितृभ्यश्च महायोगिभ्य एव च। नमः स्वधायै स्वाहायै नित्यमेव नमो नमः॥

'I always pay obeisance to gods, manes, yogis, Swadha (deity representing food for manes) and Swaha (deity representing food for gods).'

(Agni Purana: 117.22)

The above shloka should be recited thrice before the performance of Shraddha and thrice after it. By doing this, one is pardoned of mistakes committed in performance of Shraddha; one's ancestors are pleased and Rakshasas (demons) fly away.

Satisfied *Pitris* bestow happiness

Suppose some 25 guests come to your house. You request all of them to take food. Some take and some don't, but all go pleased with your sweet behaviour. I don't feed you but, I speak with a wish for your good in my heart. So, you all go satisfied. In return, you give me all good wishes. You pray to God for my health. You get back infinitely multiplied, what you give to others. When you satisfy the Pitris by performing Shraddha, they too satisfy you with their blessings for your satisfaction, happiness. They bless the following generations with joy and prosperity. He who performs Shraddha earns religious merits and thereby gets rid of diseases. A heavenly atmosphere is created at

his home. Longevity, wisdom, wealth, learning, heavens etc. become all attainable to one who performs Shraddha. Propitiated with Shraddha ceremony performed by their descendents, the Pitris inspire them to tread the path of Moksha as well.

Precautions to be observed during Shraddha

* Do not eat before feeding the Pitris. Don't eat food that belongs to others.

* Eating betel leaves, oil massage, sexual congress and amassing wealth are interdicted for the man who performs a Shraddha.

One who eats at a Shraddha should not take food again on that day; he should not travel. Hard work and taking donations too should be avoided.

* One who performs a Shraddha should not invite many relatives and more than three Brahmins.

Continence and truthfulness are to be observed in the days of Shraddha. This applies to the Brahmin who eats at a shraddha as well.

The message on the Shraddha Paksha

The Lord says, 'Even those who, do not know Me in essence (in reality) and endowed with faith, worship other gods, worship Me only and those gods work for their wellbeing powered by Me only. The worshippers of the Devas or gods go to the Devas; to the Pitris or ancestors go the ancestorworshippers; to the Bhutas or the elements go worshippers of the Bhutas; but My worshippers come to Me. Therefore they are not born again.' Therefore, perform Shraddha bearing in mind, 'The gods and the manes owe their existence to my beloved Lord.' Beholding God everywhere, you will always have God in your mind. Your actions will propitiate the Lord.

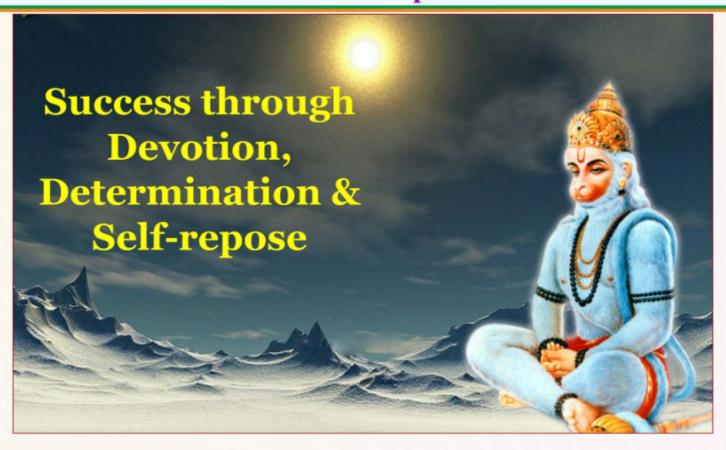
Ashram will conduct Collective Shraddha

Those who don't know the dates of the death of their ancestors should perform Shraddha on Sarvapitri Amavasya (4º October). You may participate in the 'Collective Shraddha' ceremony, which will be conducted at main branches of the Ashram on 4 October. Those desirous of it should register with their nearest Sant Shri Asharamji Ashram on or before 30 September. Substances required for Shraddha will be made available at the places of Shraddha. Please bring your own clothes and asana. Collective meals will be arranged by the Ashram. For more information, contact the nearest Sant Shri Asharamji Ashram beforehand.

(For detailed information about Shraddha, read the booklet 'Shraddha Mahima' published by the ashram)

(contd. from page "VIJAYADASHMI") rememberance of Lord Hari's auspicious Name. Whenever any thought of attachment will arise, I'll think: 'Of what use is the attachment to me? Many great emperors like Alexander and Dara came and left this world. Politician's election promises of giving facilities to the people are of no use, if they do not remove attachment and aversion. Ravana had acquired golden city of Lanka, but he did not remove attachment and aversion from his mind, that's why his effigy every year is burned. Ravana dies only once a year; but it reminds the society every year that if you do not transcend attachment and aversion to attain Godrealization, even after acquiring the golden city of Lanka; you will not get happiness from it. How can your pains be removed by politician's election promises and speeches? When a political leader says, 'We will do this development and that development...' The politician may do anything for development; but just ask him, 'Can you give us houses made of gold like Ravana? Even Ravana, who had given houses of gold to citizens of Lakna, was not free from sorrows, when he departed this life; his people were also not free from sorrows, when they died. Then what will you give us? We will listen to the satsang of Lord Hari; which helps us transcend attachment and aversion, and we will work only for pleasure of God with devotional love.

From the Scriptures



Dedicated to the command of Lord Rama, his messenger Hanuman was on his way to Lanka to seek out Mother Sitaji. In order to test his power, valour and dedication to service, devas and gandharvas sent Surasa, the mother of Nagas to him. Surasa assumed a terrible form of a giantess and obstructed the passage of Hanumanji and laughed at him, as he was crossing the ocean. "Ha! Ha! Ha! O supreme among monkeys! Today gods have sent you as my food. I'll not let you go. You should enter my mouth soon." Saying this, she opened her wide mouth to devour him.

For a dedicated servant, there is nothing superior to the service and order of his master. Hanumanji, whose dedication finds expression in the verse, "There can be no rest for me till I have accomplished Shri Rama's work", replied her humbly, "O respectable woman! I am on my way to Lanka as per the orders of my master Shri

Rama. Let me return after accomplishing Shri Rama's errand and tell my Lord the news of Sita. Then I will approach you and enter your mouth; I tell you the truth."

Surasa started laughing, and said, "No, O son of Anjani! I have obtained a boon from the Creator that nobody can cross me and go ahead. Hence you must enter my mouth before going ahead."

On one side there was imminent death, while on the other he had to obey the command of his master. In spite of such a dilemma, Hanumanji was not unnerved. Rather he sought repose in the Indweller Rama. He got intuition instantly. He said to Sursa, "Alright, open your mouth wide enough to engulf me." Sursa distended her mouth to one Yojan (8 miles) while Hanumanji grew 10 Yojanas in size. Seeing this Surasa opened her mouth 20 Yojanas wide. Hanuman then grew 30 Yojanas in size. In this competition when Hanuman grew 90 Yojanas in size, Surasa expanded

her mouth 100 Yojanas wide and it seemed like a terrible hell.

Upon this the prudent son of wind-god immediately reduced his size to that of a thumb and swiftly entered her mouth and came out again. Then he told Sursa, "Mother of Nagas! I've entered your mouth and come out successfully. It has kept the boon conferred on you by the creator also. Now I'm heading to serve my Master Shri Rama."

Seeing Hanumanji's devotion to his master and dedication to his service, Surasa appeared in her real form and blessed him with quick success in his service. Seeing Hanumanji's wit and devotion to Guru-sewa, all devas and gandhrvas hailed him.

Thus first of all, we should set a lofty goal of our life as Shri Hanumanji had done i.e. to render selfless service at the lotus feet of our Lord, our spiritual mentor. Then we should become so determined to accomplish that lofty goal that the firmness and devotion should develop in our life just like Hanumanji. It must illustrate: "There can be no rest for me till I have accomplished the divine works of my Sarveshwar (Lord of all) who is the supreme well-wisher of all creatures?" Thirdly occasionally at some intervals during works and whenever we face adversities, we should become calm to get absorbed in the indweller God, antaryamin, That always abides in our heart as the source of our existence and life. We should become free from all sankalpas (resolves, will-thoughts). It will help us get insight, ideas and inspiration to accomplish the divine works in the best way. We will not lose our lofty goal, even when all laud us, on account of being established not in the body consciousness, but in the antaryamin, divine consciousness, inner Self, and mindfulness. Thus we'll be able to accomplish not only the divine works, but also make our life supremely worthwhile.

The Advaita jnana

The life of an individual or society, city, state or nation from which Mother Sita, representing the knowledge of the Brahman, departs, is left in a state of degeneration. What comes to them then is suffering, anxiety, obstacles, sorrow, dejection and troubles. When Sri Rama resolves to bring back Mother Sita, symbolizing the knowledge of the Brahman, the nature becomes favorable to him. Winds start blowing in favorable direction and even the rocks float on water losing weight for the construction of the bridge Setubandh Rameshwar. The restless monkeys also get disciplined and develop military skills to fight a war. Here is an example of the wonderful arrangement that nature makes to assist the seeker at every step he takes towards Mother Sita, the giver of the knowledge of the Supreme Self. Not only educated and uneducated, bear and monkeys, even the little squirrels make their fortune becoming ally to Sri Rama, who resolves to bring back the knowledge of the Brahman. O man! You too bring into your life this knowledge of the Supreme, that enables you behold One in all and all in One, and liberates you. Therefore, you should resolve to seek the knowledge of the Atman and the nature will become favorable to you. The Advaita jnana, knowledge of non-dual reality brings an end to all misery. If you practice this knowledge, then aversion, guilt, all kinds of fear, sorrow, delusion and obstacles will go away. Those who have translated the Advaita jnana in their lives, find happiness, peace, cheerfulness, joy and success in their lives.

Ganges of Knowledge

The Art of Converting Sorrow into Celebration

- Revered Bapuji

We don't wish to encounter pain. We don't like it. God hasn't created it. Yet, why do we suffer miseries? It is because we fail to comprehend the mystery of God, divine lila, and divine knowledge. We create pain or pleasure merely by our thoughts. Actually we term favorable condition as pleasure and unfavorable condition as pain or sorrow.

Our scriptures state: अनुकूलवेदनीयं सुखं प्रतिकूलवेदनीयं दुःखम् । Under God's dispensation favorable or unfavorable condition comes. By granting favorable conditions, He gives you a chance to serve others generously and come closer to Him, and by giving unfavorable conditions He removes your attachment to the world. God's dispensation is only for your good. If something unpleasant happens to you, be sure it happens under the auspicious dispensation of God. And if He takes away something from you that you love, it is His grace. But what the people usually do? When something one loves or likes is taken away from him/her, a wave of painful thought (vritti) arises in his/her mind. And one foolishly believes 'I am unhappy'. In fact there is no pain or trouble that is not for our good. Therefore whenever any pain or trouble comes about, be sure it has come under God's dispensation. It has come about for our good to remove our attachment and, to cut off our attachment to the samsara. 'Thank God, Victory, victory be Yours.'

Painful condition can be utilized to

increase your devotion, knowledge and discrimination. Painful condition can be utilized to attain Supreme Lord; who takes away pains. Thus pain will become a means to attainment of God. You will become dull and characterless if you indulge in pleasures, when you get favorable conditions. All persons who indulged in sense pleasures developed illnesses and consequently they were consigned to hells. So if you wish to eradicate all miseries quickly, do not covet for pleasures, have no desire for enjoyment. The moment you give up covetousness for pleasures, your connectedness with the inner Self will get revealed. As water of a lake covered up by algae is seen, when the later is removed. Similarly once the greed for pleasure or sense enjoyment is removed, the surging ocean of inner joy and bliss is experienced. Don't be engulfed by the fear of sorrow. When sorrow knocks at the door, celebrate its arrival, "Good! Sorrow has come. Wow! It is good to have it, I'm blessed. Now these sorrows and difficulties are going to relieve me of my attachment to worldly things and kindle love for God in my heart. Very good!" Apparently you will seem to be sorrowful but inwardly the very remembrance of your divine connection will make both sorrow and joy dream-like and eventually the Bliss personified Supreme Self will become your own!

Stream of Contemplation

Alas, How painful is the sense of 'mineness'! - Pujya Bapuji

तुलसी ममता राम सों, समता सब संसार।

Tulsidasji, says, 'Consider the Lord alone as yours; live with evenness of mind in the world.' If you want to consider somebody as yours, consider the Lord as yours. Those who muse, 'What will become of my son, what will become of my daughter, what will become of my shop, this, that...?' they die a miserable death. And nobody knows to which species they go. No sensible man wants to become helpless in the next life. While stepping out of his house, a sensible man thinks where he would go, what he would eat, where he would stay? Similarly a spiritually wise man thinks before the end of his life. 'What will become of me after death?'

There was an old couple. Their son had two children - a son and a daughter. The grandparents had strong affection for their grandchildren. After their death, they became a dog and a bitch. When the children sat in the open ground for defecation, they would stand guard. If any person or any dog passed that way, the bitch would bark loudly and incessantly. One day, the daughter-in-law became angry with the bitch for that vehement barking. She hit the bitch with a big-stick. The backbone of the bitch was broken with the blow. She limped dragging her body and stopped barking much.

By pure chance or grace of Almighty God, both gained memory of their previous life. The dog said, "Our attachment to these grandchildren made us dogs. You barked and incited me to bark for their protection. See what the fruit of that is. Nobody is yours. You showered affection on the daughter-in-law and gave milk to the grandchildren. The same daughter-in-law broke your backbone for the sake of the children. If the same love and affection had we showered on God, we would not have fallen into such a miserable state. Now be quiet."

Later the couple was told by a saint that the dogs were parents of the husband. Then they understood why they had been standing guard and licking the children's stools.

Alas! How painful is the sense of 'mineness'! If you don't consider the Lord as 'mine', you will develop attachment to your children, grandchildren, house, shop etc. and you will come again even in lower species for them. May God make you love only God. May you consider only God as yours! May your mind set on God alone by His grace! Work earnestly for the sake of God. A housewife serves her mother-in-law, fatherin-law, brother-in-law, sister-in-law and guests etc, for the sake of her husband. Similarly deal with all persons for the sake of God, not out of attachment. Don't act with any thought of rewards form others. Do all works for the Lord's sake.

It is all Pure Consciousness manifested in the forms of men, women, animals, birds. O Hari! O Narayana! O Lord! Aspire for Knowledge of God, remembrance of God, love of God. If you want to love, love only the Lord; if you want to pray, pray only to Him; if you want to consider anybody as yours, consider only God as yours. If you want to pick up quarrel, even that too you do with Him. There is no any true friend or relative like Him.

Home & Family

How to bring harmony to a discordant home?

These are the common complaints from mothers-in-law, 'This daughter-in-law is not good. She has such vices... What can I do? Other's daughters have stepped into the house..., modern age is corrupt. Or she is like this that ... 'Oh! Have you forgotten that you too had stepped as another's daughter in this household! Now you are exercising your command as a paternal or maternal grandmother. Were you born in this house? O mothers-in-law! Don't indulge in criticizing your daughters-in-law as others' daughters. Any daughter-in-law should never slander her mother-in-law, even if she scolds or tells some bitter words. If there is a discord between your wife and your mother i.e. between the daughter-in-law and the mother-in-law, the elder or younger daughter-in-law of the house or the sister-in law (husband's sister) and bhabhi (brother's wife) etc. what measure should be taken?

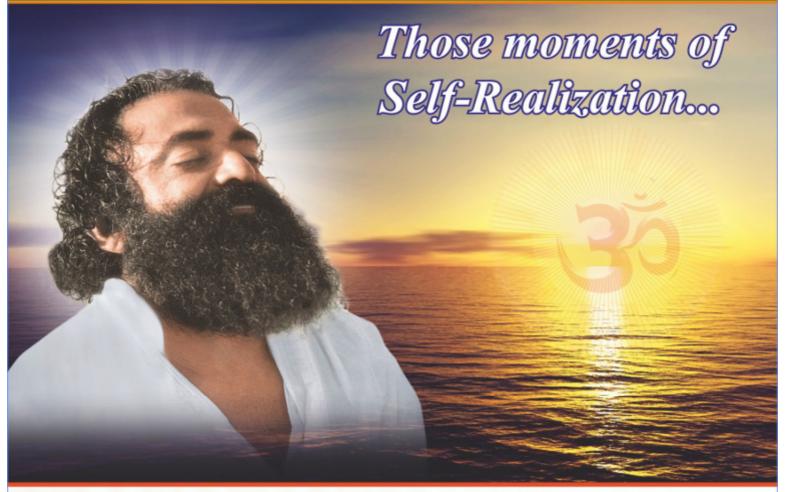
Persuade your spouse in private saying, "You are always caviling about my mother that she has such vices...' If by any means I happen to trust your words, still it is also true that she has suckled me. She has nurtured me in her womb. If I hear slanderer of my mother, it will cause loss of intellect and religious merits to me. It will reduce my power and influence. Will you be happy to beget any progeny from such an unimpressive husband who has lost merits and intellect? At least appreciate this fact of mine. In fact, you're too simple and guileless. Therefore I urge you not to say anything against my mother. Rather I believe that it is a child's play for you to find a place in the hearts of elderly women and you can surely do this." Instead of rebuking your

- Revered Bapuji

wife, it is better to win her confidence. If she is not a mother yet, you can tell her, "If you will serve my mother, you will beget talented and brilliant children. You too will beget a spiritually evolved child." And if she has already attained motherhood, you can converse with her fondly, 'O Guddu's mother, O Lallua's mother...' or address by her name. Make her understand affectionately. If you will make such an effort 2-5 times your heart will become pure and resolve the complex knot in your wife's mind. And equip her with an idea: 'How long the old mother will live in this world? I have to spend the entire life with you and you have to live with me.' Thus taking the wife into confidence the husband should try to wipe out any altercation between the daughter-in-law and mother-in-law.

What to do when there is any strife between the wives of elder and younger brothers in the house? Recite the prayer 'Hey Prabhu Ananddata!!... (O Lord! The giver of bliss...) the regular recitation of this their discord will turn into affection. The elder brother should counsel his wife, 'Listen, you keep slandering my younger brother's wife, but he is my younger brother, equal to my own son. Accordingly his wife is like our daughterin-law. Behave prudently with her, and be lenient towards her. Directing younger siblings with love and affection exhibits the magnanimity of elders. They can be better trained by appreciating their virtues instead of finding faults with them, and scolding or threatening them.' In this way the elder brother should advise his wife. The younger brother should (contd. on page 37)

Auspicious Days



(Pujya Bapuji's Self-realization day: 2- lunar day of the bright fortnight of Ashwin, falling this year on 6° October 2013)

It was the 2nd Navaratri (the word literally means "nine nights" for the worship of the Divine Mother in the month of Asouj). I completed a 40 days long Anushthana (ritualistic repetition of a mantra for a set number of times during a given period) at a place on the bank of river Narmada. My longing for God-realization was intensified. It seemed as if my presiding deity was inspiring me, 'Go to Sai Lilashahji; you will find me there only.'

I observed a rule during the Anushthana to complete the fixed number of malas doing japa before going to sleep. At times, if anybody would come to see me I had to stop japa and the required number of japa would be completed only at 1:00-1.30 am. It was the time of my youth and after doing the japa I would sleep like a log. When I walked in the morning, the sand on the banks of Narmada would contaminate the wounds made by moles (a kind of furry rat) in my feet. My cave in the forest was infested with rodents. They would lick my skin and also take a bite whenever they pleased. A saint told me about the cause of the wounds on seeing my feet. I had not noticed it as I was completely absorbed in pursuing my goal of attaining the Supreme Truth, the Supreme Peace.

Whenever I went to the temple of Lord Shiva, the flowers and leaves that had been offered to Him, Mother Parvati or Hanumanji would fall down as an omen of their blessings. Such miracles took place, when I just entered the temple. But these miracles did not count much, as I was away from Self-Realization, Self-Bliss and Supreme Peace.

I used to ask my Indweller Lord, 'O Lord! When and how will You meet me?' The inner voice would give reply, 'Go to the feet of your Sadguru, Sai Lilashahji. You will find Me there in all

forms.'

'Who is saying this?'

'The one for whom you are performing the Anushthana'

'But both the voices are mine; maybe it is an illusion.'

'No, go there and you will find Me.'

Gurudev had left Nainital for a secluded place in the jungle of Vajreshwari near Mumbai. I had got the address of that place. Immediately after completing the 40 days long Anushthana, I went to that place. It was about 9.30-9.45 am. I had darshan of Gurudev; tears rolled down my cheeks. Gurudev looked into my eyes, and asked, "How are you? Where are you coming from?" Gurudev had sent me home. From home, I had gone to the bank of Narmada for doing sadhana because I was just unable to stay at home as a householder. Gurudev looked into my eyes and he could sense a yearning for God-realization. My eyes were full of tears and I was speechless. The supremely sagacious Sadguru said, "Ok, don't worry. God will do good to you.

I took meal and a brief rest lying on the left side. Just then Gurudev's attendant came and told me, "Sai is calling you." It was about 1.45 pm.

Gurudev was sitting. A disciple was

reading out the 7th chapter of Panchadashi, a treatise on Adwaita Vedanta. Gurudev signalled to me to listen. I heard the verse -किमिच्छन् कस्य कामाय शरीरमनुसंज्वरेत् । I remember it very well. "When a man (Purusha) has realized the identity of his own Self with the Paramatman, desiring what and for whose sake should he allow himself to be afflicted following the body's affliction?" I am not the body. I am Eternal Atman, I am Existence-Consciousness-Bliss Absolute. When I have realized this, why should I desire anything for the body? What for should I bear the afflictions of this world? It is out of ignorance that I consider the body as 'I' and the worldly objects as 'my'. It is out of ignorance that I think that I shall become

happy on getting this or that thing. Like the greedy king, Karoon, we amass wealth, but finally we are forced to give them up.

I did not have to drudge; Gurudev gave me the light of discrimination. The only thing to attain is the state of Supreme Brahman.

ज्ञात्वा देवं मुच्यते सर्वपाशेभ्यः । "As long as the Self does not know the Lord, it gets attached to worldly pleasures, and is bound; but when it knows Him, all fetters fall away from it." I had a yearning for the Lord. A reader was reading Panchadashi; I was listening and Gurudev was sitting absorbed in the Guru Consciousness, absorbed in absolute repose placing his hand on the Ajna chakra (centre of eyebrows). I was hearing Panchadashi and having darshan of Gurudev.

चातक मीन पतंग जब पिया बिन नहिं रह पाय। साध्य को पाये बिना साधक क्यों रह जाय।।

'The partridge (the rain bird), the fish and the moth cannot live without their beloved (the cloud, the water and the flame respectively). How can a sadhaka live without attaining his beloved?'

Gurudev cast a glance on me and asked, "Do you understand?" I joined my hands respectfully indicating 'yes'. Understanding at intellectual level is quite different thing. Scholars understand at that level. The 'ves' was not at the intellectual level. It was said with politeness. The reading went on.

My Gurudey, the Auspiciousness personified Shiva, ever abiding in the Supreme Knowledge-from which arise all knowledge and in which subside all knowledge cast another gracious glance on me. And I was lost in the all pervading Consciousness, all Bliss, boundless Existence that cannot be described in words. I could not open my eyes.

आसोज सुद दो दिवस, संवत् बीस इक्कीस। मध्याह्न ढाई बजे, मिला ईस से ईस ॥ देह सभी मिथ्या हुई, जगत हुआ निस्सार। हुआ आत्मा से तभी, अपना साक्षात्कार ॥

'On the 2nd day of the bright fortnight of the month of Asouj, At 2.30 pm the divine merged with the divine. All the bodies became unreal and the world worthless, That is the sign of Selfrealization.'

The physical body, the subtle body and the causal body – they belong to Prakriti (Nature); they are subject to change. The causal body where the individual rests during sound dreamless sleep; the subtle body with its patterns of desires, thoughts, motives etc. are ever-changing. They come and go; physical body grows from childhood to youth to senility. Gurudev reposed me in the Substratum that never changes. Millions of salutations to my Gurudev! It was not possible for me to achieve this by personal efforts. Had I attempted myself, the 'sense of doer-ship' would have remained intact and that would have sustained the individuality. If I had experienced glimpses of the Absolute, it would have made me proud; and if not the failure would have made me dejected. I was saved from both. I cannot repay my Gurudev Lord Lilashahji, who has shown God in my own heart, even by doing numberless salutations and prostrations to Him. Yet I went to him after some time and said, "Please give me some sewa to repay you. What you have given is unpayable."

My Lord Gurudev said, "Will you do sewa?"

"Yes, Gurudey!" I answered.

"Ok, repose in what you have attained and awaken others. Drink the wine of Self-Bliss yourself and dispense it to others."

It is His will that is dispensing the wine of Self-Bliss to millions. I do nothing. It is done only through His grace. The song is His; the musical instrument is His; this body is just playing an instrumental role. A musical instrument belongs to one, who knows how to play it; a song belongs to one, who knows how to sing it. He is singing; and He is playing the music, nobody else.

हे गुरुकृपा ! तू सदैव मेरे हृदय में निवास करना ।

O Guru's Grace! Always abide in my heart.

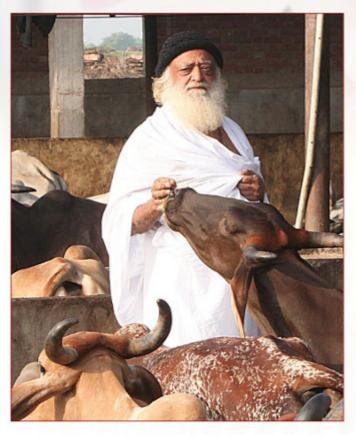


(contd. from page 34 "How to bring...") also persuade his wife in private, 'Whatever you may say, the elder brother is just like father. So his wife is like my mother. You should be rather magnanimous in this regard! Elders are pleased very easily, when a little regard is shown to them. Why don't you understand this fact? Why do you behave so innocently? 'She has such vices, but her great virtue is renunciation. She has left behind all relations as you have done. So in a way she has renounced exactly as you've done. You came to this house leaving your entire parental house and relations. She too has done the same. It is strange that both of you being equal in renunciation are fighting with each other! Are you both in a mood to test me?' So mollify them through such an affable and amiable conversation. When an altercation takes place between your sister and your wife, it is good to suggest your wife saying, "Look! In a year or two, the poor girl will go to her inlaw's house. Why cause distress to her to get cursed by her? You may beget a daughter, who will cause distress to you. Accordingly my mother's daughter gains an edge over our own daughter as far as respect and regard is concerned. Even our scriptures state that the daughter-in law of the household should behave generously with the daughter of the house.' Recite the prayer, 'Hey Prabhu Ananda daata!!.' in your house. It would be better if you call young children from the neighborhood to recite this prayer.

We squander a lot of energy in struggles, finding faults with one another, leveling allegations on one another. Our abilities are stunted by them. If we apply the same in chanting 'Hari Om...' for 15 minutes a day, people will feel blessed by having our Darshan.

Health & Nature

Cow's ghee for Health and **Purifying Environment**



The Desi Ghee of Indian cow is an excellent food for physical, mental and intellectual development, and for purifying the environment.

Benefits from cow's ghee -

- (1) It gives strength, longevity, and promotes virility. It alleviates Pitta by its cold, sweet properties.
- (2) It prevents and cures many gynaecological problems.
- (3) It cures hyperacidity and constipation.
- (4) Taking a glass of milk mixed with a teaspoonful of cow's ghee and sugar candy is useful in physical and mental debility.
 - (5) It slows the aging process. By taking



the ghee of black cow, even an old man becomes rejuvenated.

- (6) If a pregnant woman takes cow's ghee, the foetus in her womb becomes strong, well-nourished and intelligent.
- (7) It strengthens the heart, and it does not increase the blood-cholesterol level. The ghee made from butter obtained in the traditional way, by churning the curd with a churning rod, is useful in heart diseases.
- (8) The Indian cow's ghee has wonderful anti-cancer properties. It prevents cancer.

Kindly note: Taking ghee in excessive quantities causes indigestion. 10 to 15 grams ghee per day is sufficient.

It is good to instil a few drops of ghee in the nostrils. It provides the following

benefits:

- (1) It gives mental peace and strength to brain.
- (2) It improves memory and eyesight.
- (3) It gives relief in migraine.
- (4) It is useful in dryness of the nose.
- (5) It helps in falling and greying of hair, and promotes growth of new hair.
- (6) Instilling two drops of Ghee in each nostril and applying ghee on the navel and on the soles of the feet before going to bed induces sound sleep.

Quantity: 4 to 8 drops

Purify the environment by cow's ghee

- (1) If oblations of cow's ghee are offered into the fire, the entire area where the smoke spreads becomes free from pollution and atomic radiation. Just one teaspoonful of ghee burnt this way produces one ton of oxygen. No other measure can produce so much oxygen.
- (2) If oblations of cow's ghee and rice are offered into the fire, many important gases like Ethylene Oxide, Propylene Oxide and Formaldehyde are produced. Ethylene Oxide is the most widely used insecticide which is used to disinfect many premises like operation theatres, and in manufacturing life-saving drugs.
- (3) Cow's ghee has the unique property of protecting the body against the rays emitted by radioactive substances.

(contd. from page 40 "Satsang samachar") at Rajokari ashram in Delhi from 16th Aug. (afternoon) through 17th Aug. From 18th Aug. through 20th Aug. the Ramlila Maidan, New Delhi was the venue for the 'Raksha Bandhan' festival and Poonam-darshan and satsang programme. Despite torrential rain on the first two days there was no effect on the surging crowd of millions.

Pujyashree, who is kind to His devotees, arrived at the Ahmedabad ashram for the 'Rakshabandhan' and 'Purnima darshan' programmes held from 20th Aug. (afternoon) through 21st Aug. Alike in Delhi, here too a Brahmin Priest tied a holy thread around the wrist of Pujya Bapuji while chanting Vedic Mantras; and countless devotees tied their holy threads mentally around the wrist of Pujyashree.

Pujya Bapuji arrived at the Indore ashram on the evening of 24th Aug., where a satsang programme was held on the evening of 25th August. He arrived at the Surat ashram on 27th Aug. to distribute butter and sugar candy among His devotees on the celebration of Janmashtami. From 28th Aug. through 29th Aug. devotees were blessed with divine satsang and were also privileged to enjoy the 'Matkiphod' programme. Moreover, a large Sant Sammelan was held here.

The saints who had arrived here from all parts of India to participate in this Sammelan clearly established the fact that the entire saints' community stands by Pujya Bapuji against the conspirators attempting to defame Him, and also that the saints' community and the religious minded patriotic people of the nation cannot be misguided by any type of false propaganda. (Read on page 4)

Satsang News



('Rishi Prasad' Correspondent)

From 25th July through 31st July Pujya Bapuji stayed at Newai (Raj.). Pujya Bapuji arrived at Lalsot on 1st of August (noon). Here Pujyashree inaugurated the ashram newly built by the local devotees.

On the night of 1st August Pujya Bapuji came to the Jaipur ashram. Next day, Pujyashree revealed the secret of winning hearts of all. He said, "Wherever you go, try to serve others by all your means -physical, mental and monetary to increase their knowledge and promote their health. Secondly, don't be arrogant about your achievements. Don't be proud, "I am a great lady" "I am a rich man". And thirdly, keep your personal expenses as low as possible. This will increase your influence, and you will always be loved by all." From here Bapuji went to the Dungaria ashram at Pushkar, where He spent His time in blissful solitude from 2nd Aug. (evening) to 3rd Aug. (morning).

Pujya Bapuji showered nectarine satsang at Pali on 3rd August (evening) and 4th Aug. (morning). Sumerpur was slated for the afternoon satsang on 4th August, but responding to the ardent request of the devotees, Pujyashree stayed there till 6th Aug. and satisfied all with the

nectar of satsang.

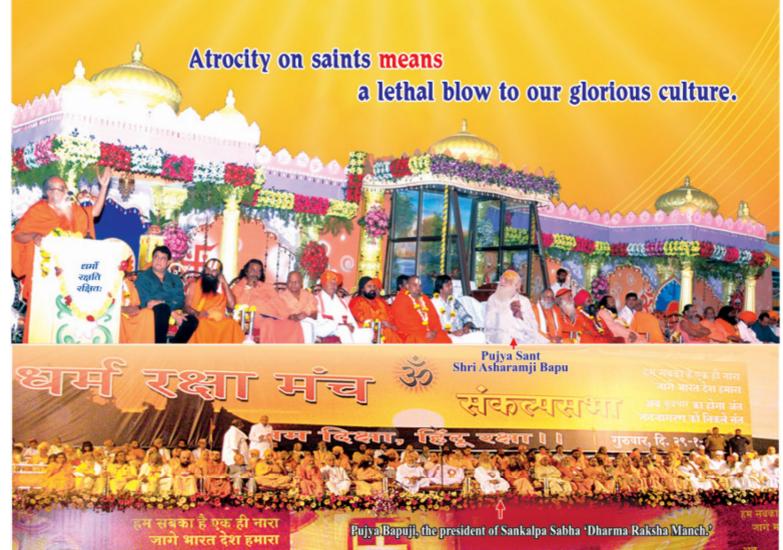
On 6th Aug. (afternoon), the pious Ganga of satsang flowed down to Sirohi; which was formerly known as Shivpuri. The joy of the devotees here literally knew no bounds when they found their beloved Bapuji amongst them after a long gap of 18 years. They managed to make all arrangements for the satsang programme within less than 24 hours, and the venue was actually overcrowded with satsang loving devotees.

Bhinmal, the birthplace of a great poet Magha, was the next venue of satsang. Originally, it was known as 'Srimaal Nagar', i.e. the city of Laxmi, the goddess of wealth. The devotees of Badmer were overjoyed on seeing Bapuji amongst them.

After giving satsang at Balotara on 9th August, Pujyashree brought the confluence of the holy streams of Jnana and Bhakti to the city of Jodhpur, the abode of devotion, to satiate the people on 10th Aug. and 11th Aug. He lived at an ashram located at village Paal, near Jodhpur.

The farmhouse built by a local peasant at Manai served as the place of residence for Pujya Bapuji from 12th Aug. to 16th Aug. (morning).

Thereafter Pujyashree spent His time in blissful solitude (contd. on page 39)



"This allegation on my character is absolutely baseless. It is a conspiracy. My truth is with me. Truth knows no fear and a lie has no legs to stand upon. A conspiracy has been launched against Indian culture. Therefore all well-wishers of the Indian nation should get united to protect our great culture."

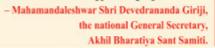


– Pujya Sant Shri Asharamji Bapu.



"Mud-slinging on Pujya Bapuji by leveling false allegations against Him have pained the heart of every Hindu." -Shri Abhay Vartak, the national spokesman for the 'Sanatana Sanstha'.

"The saints of Akhil Bharatiya Sant Samiti stand behind Pujya Bapuji."







"It is indeed a great national duty to inculcate good samskaras in the hearts of the masses by going around the nation. This verily is what has survived our nation till this day, and on the strength of it we can dream of a bright future. Pujya Bapuji is traversing the length and breadth of the country, blowing the conch of awakening, while advocating religious tolerance and inculcating good samskaras in people, as well as teaching them how to distinguish good from bad. I wish to offer my humble obeisance at the holy feet of Bapuji."

—Shri Atal Bihari Vajpayee, the then Prime Minister of India.

"They are creating an atmosphere of antipathy towards saints in India. They are falsely blaming our saints. Our Pujya Sant Shri Asharamji Bapu is 73 years of age; He has been arrested on a rape-charge to tell the Hindu society that we will destroy your faith, respect and allegiance for saints."

—Shri Ashok Singhalji, the chief promoter and former international president of VHP.





"Pujya Sant Shri Asharamji Bapu is the arch enemy of dishonesty and evil doings in the world today. Therefore he has been attacked the most by the conspirators." — Shri Suresh K. Chavhanke, Chairman, 'Sudarshan Channel'

"Sant Asharamji Bapu is innocent. All saints are standing behind Him."





Posting at Dehradun G.P.O. between 1^{s} to 17^{th} of every month

The public demonstrations staging protest against the arrest of Pujya Bapuji with false and fabricated charges.

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Continue (L.C. K.)

Contin

Due to lack of space; we have not published all the pictures. To view many other pictures, please visit Website: www. ashram.org

