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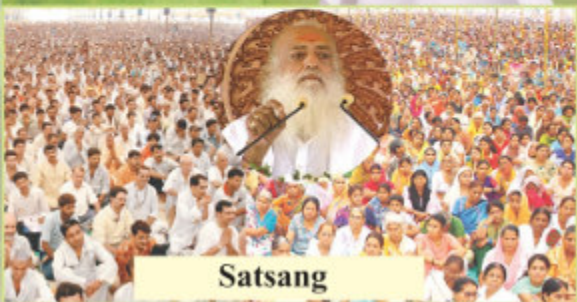
RISHI PRASAD

A Monthly Magazine

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(including cover pages)

The whole world
is a family.

Many campaigns, service works and projects have been continuously carried out under the auspices of Pujya Bapuji for the welfare and uplift of the whole world taking it to be a single family.



Satsang



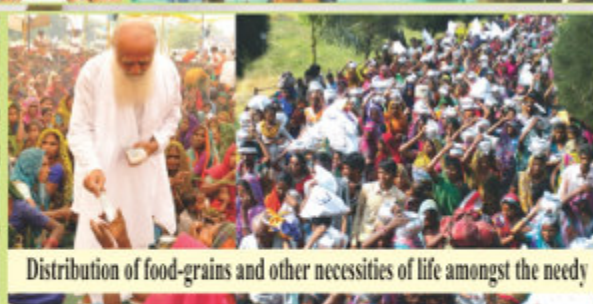
"Parents' Worship Day" in India & abroad



Women Empowerment



Students' Brilliance Enhancement Camps



Distribution of food-grains and other necessities of life amongst the needy



Distribution of sherbet and buttermilk in summer

See the service works done on Pujya Bapuji's Birthday, celebrated as 'The World Service & Satsang Day' on cover pages 2, 3 & 4.

Truth alone
Triumphs

'Truth knows no fear and a lie has no legs to stand upon.'

244 Sadhakas
acquitted, Court
Admonishes the
Police (Page 10)



All allegations
levelled against yet
another Hindu saint
turned out to be
bogus, the court
acquits him (Page 6)



Jagadguru Shankaracharya
Shri Raghaveshwara Bharathiji

People thronged to the Sankirtan Yatras held on Pujya Bapuji's Birthday



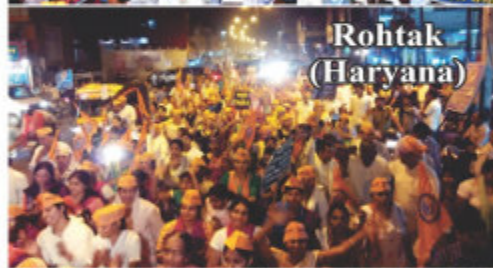
Ujjain Kumbh



Delhi



Onjal
dist. Navsari
(Guj.)



Rohtak
(Haryana)



Ludhiana
(Punjab)



Jammu



Ranapur
dist. Jhabua
(M.P.)



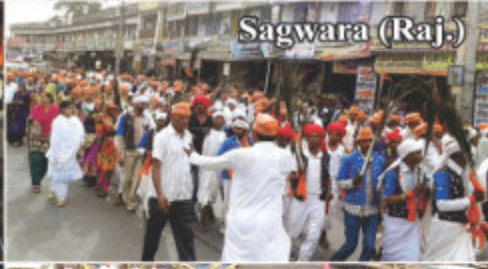
Neemuch
(M.P.)



Indore



Dewas (M.P.)



Sagwara (Raj.)



Ulhasnagar
(Mah.)



Santacruz-Mumbai



Surat



Jaipur



Nasik



Kathua
(J.&K.)



Jamshedpur
(Jharkhand)



Rewari
(Haryana)



Vadodara



Barmer (Raj.)



We are unable to publish all the photos due to lack of space. For many more photos, please log on to www.ashram.org/sewa.

Watch the short film **'Blind Faith'** in 'Rishi Darshan', May 2016 issue
You can also see it at Youtube.com/santamritvani channel.

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In This Issue...

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'RISHI PRASAD'

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Hindu saints attacked under similar Machiavellian conspiracies



On 31st March last, the Bengaluru sessions court dismissed all rape charges levelled against Jagadguru Shankaracharya Shri Raghaveshwara Bharathiji, the abbot of Ramachandrapura Shrine (Karnataka). A 51-year-old woman had accused Raghaveshwara Bharathiji of raping her more than 169 times.

Shri Raghaveshwara Bharathiji's case is yet another eye opening tangible example as to how a huge conspiracy to destroy Hinduism has been going on covertly.

Hon'ble justice Mr. G.B. Mudigoudar said, "There is no evidence available against the accused (Swami Raghaveshwara Bharathiji). This case is nothing but an attempt to harass and embarrass the accused."

Besides Shri Raghaveshwaraji, there are numerous other Hindu saints who have been kept incarcerated for years under false allegations without any valid evidence. There are a number of issues in the cases against Pujya Bapuji which are similar to the case of Raghaveshwara Bharathiji, let us have a look on them:

(1) Before filing the FIR, the accuser woman's husband demanded a ransom of Rs. 3 crore from Shri Raghaveshwaraji. The couple had even been arrested and questioned in this connection.

➤ In the same way, on August 8, 2008 the connivers had sent a fax message to the ashram in the name of Bapuji, 'Give us a sum of rupees 50 crore within a week, or else be prepared to languish behind bars along with your family. False and fabricated cases are all ready to implicate You under charges of money laundering, land grabbing and adultery.' In a sting operation, a conspirator named Raju Chandak has confessed to have conspired in the very same way.

(2) In the case of Raghaveshwara Swamiji it has been stated in the final verdict of the court that the prosecutrix has categorically stated that earlier she had disassociated herself with the activities related to the shrine for more than six months, as such she should not have come back if she had really suffered sexual assault as alleged by her. This act of the prosecutrix speaks in volumes of her ulterior and selfish motives as well as of the sinister design clearly hatched by her to malign the accused Swamiji.

➤ The Surat based woman who levelled allegations against Pujya Bapuji stated in the FIR that when she lived in the ashram, during that period she also visited other cities frequently. Moreover, she even visited her parental home several times. If any such thing happened to her, why would she return to the ashram?

She says, 'The so called incident took place in 2001. And in the year 2002 her younger sister came to stay in the ashram.' If a girl were raped in some place, would she like her younger sister also to live in that place? Never.

(3) In the verdict of the case of Shri Raghaveshwaraji it has also been mentioned, 'The accused deserves to be discharged simply on the ground that the complaint was lodged after a delay of more than 3 years from the date of the alleged first incident. Also the materials allegedly related to this case were produced after 82 days.'

➤ In this manner, if the time limit is so significant to prove the innocence of the accused, then in the allegations levelled against Pujya Bapuji in Ahmedabad and Narayan Sai in Surat, the FIRs were lodged after a delay of 12 and 11 years respectively from the date of the alleged incident. Yet in the Surat and Ahmedabad cases even bail has not been granted to Pujya Bapuji or Narayan Sai.

(4) In the case of Shri Raghaveshwaraji, the statements of the prosecution witnesses and statements of the prosecutrix actually speak against their own case.

➤ Similarly, in the Ahmedabad case of Bapuji, the prosecutrix stated in the petition filed in the Gandhinagar court, 'I had levelled the allegation under coercion. I wish to reveal the truth by altering my statement.' Apart from this, Sudha Patel, one of the chief witnesses in the Jodhpur case, stated in Jodhpur Sessions Court, 'It is false that my statements were taken on record by the police. I neither visited Jodhpur ever before, nor had I given any statement anywhere.'

(5) In the case of Raghaveshwara Swamiji, the mobile call details register of the woman and statements made by the eye witness indicate that at the time of the alleged incident the woman was not present there.

➤ Likewise, in the Jodhpur case of Pujya Bapuji, Jurist Dr. Subramanian Swamy has explained, 'Phone call records of the said girl confirm that at the time she says she was in the cottage, she was not in fact present there. Bapuji was delivering *Satsang* discourses, and finally he was busy in an engagement ceremony. He was not present in the cottage either.'

After reviewing all such aspects we can only wonder as to why even bail has not been granted to Pujya Bapuji even after a period of more than 2 years and 8 months now!

An almost identical strategy behind the conspiracies hatched to level false allegations against Hindu saints in order to prove them culprits can be clearly noticed. The inhabitants of India ought to be particularly watchful and thoughtful in order to comprehend this systematic international conspiracy against our culture and the country, and to counter it collectively.

(Compiled by: Shri R.B. Thakur)



244 Sadhakas acquitted

Court Admonishes the Police

On 11th April 2016, the Gandhinagar (Gujarat) District and Sessions Court acquitted all 244 *Sadhakas* (disciples) who were nabbed in a so called case of scuffle with the police during a rally organised in Gandhinagar in 2009.

It took more than six years during which statements were given by 122 witnesses, cross examination and prolonged arguments were carried out. According to the court, “the prosecution failed to establish any allegation against the *Sadhakas* in this case. There are a number of anomalies in the charge sheet. Even the report regarding the wounded people doesn’t seem to be true.” While exonerating the *Sadhakas*, the court also reprimanded the police for having lodged cases against the *Sadhakas* under charges of violence and attempted murder.

This was the case:

A protest rally was taken out on 26th November, 2009 in Gandhinagar against a newspaper of Gujarat which had been running a malicious smear campaign against the ashram and Pujya Bapuji. In this rally, under a well-planned conspiracy by the evil propagandists some anti-social elements disguised as *Sadhakas* had crept into the crowd and they resorted to stone-pelting; the police in response had not only beaten the *Sadhakas* and common people which included numerous women, children and aged people ruthlessly with their batons, but also hurled tear-gas shells and finally arrested and pushed them behind bars.

On the following day, the police launched a sudden attack (raid) on the Ahmedabad ashram and vandalised the ashram. They mercilessly beat one and all with their batons and butts of their guns and made them run towards the police vans in which they were packed and then imprisoned. They were illegally kept in police custody for more than 24 hours. They were tortured physically and mentally and their religious sentiments were hurt.

Conspirators with evil intentions created this incident wherein cases were registered by Police against innocent *Sadhakas* under section -307 of IPC (attempt to murder) and other very serious sections.

Sadhakas including children, women,

(Continued on page: 14...)

Protection Of Environment:

Service to society as well as to the Country

(World Environment Day: 5th June)



Pujya Bapuji says, “All should make efforts to plant *Tulsi* (Holy Basil), *Amla* (Indian Gooseberry), *Pipal* (*ficus religiosa*), *Neem* (*Azadirachta Indica*) and *Banyan* (*Ficus Bengalensis*) trees in and around their houses and localities. Amongst them *Pipal*, *Amla* and *Tulsi* are highly beneficial. You should advise and encourage the Forest Department to plant *Pipal* trees. I shall consider that you have served God, the society and also obliged me.

It is a common notion that planting *Pipal* trees is difficult even though their glory is great. People think, ‘When will a *Pipal* seed become a tree?’ That is why we made experiments on *Pipal* grafting. It was successful. We have planted many *Pipal* trees on roads near our ashrams and many other places.

Steps to Pipal grafting

First of all choose an 8-10 feet long and straight branch of a *Pipal* tree. Debark about 1-1.5 inch of the branch at the bottom end. Remove only the upper bark. (See picture 1.)

Take equal quantities of soil, *Deshi* manure or *Kenchua Khaad* (earthworm manure), sawdust and mix them. Add some water to make the mixture moist. Now, apply this mixture on the debarked portion of the branch. (See picture 2.) Cover it up by wrapping polythene around it using a thin string to fix it tightly so that no insect or animal can harm it. Keep it thus fixed for about a month. (See picture 3) Do this during June-July so that it will grow roots before the monsoon begins and upon the arrival of the monsoon this graft can be planted into the soil in July-August. Roots will grow therein within a month. Then cut off the branch from below the level of the wrapped portion to separate it from the main tree. It can be planted right away or can be kept safely in a polythene bag filled with soil or may even be transported elsewhere.



Picture 1



Picture 2

Simple Remedies for Summer Problems

Nose bleed (epistaxis): Pour cold water on the head when this occurs. Instil the juice of fresh and tender *Durva* grass (*Agrostice linearis*) or the juice of coriander leaves in the nostril using a dropper. It will stop bleeding. To get complete relief take 10 gm *Amla* juice mixed with sugar candy twice or thrice a day or drink fresh sugar cane juice.

Sunburn: Exposure to sun makes the skin scorched and tanned. Apply the juice or thin slices of snake cucumber on the face, and wash it with cold water after some time. Soap should not be used in any case. Wash the face after smearing a mixture of cream and gram powder thereon. Applying coconut oil also helps. Daubing the paste prepared by mixing curd and gram flour alleviates tanning of the skin.



Prickly heat: Apply Fuller's earth mixed with water on the body and take a bath to get relief. Applying the mixture of ¼ spoonful of bitter gourd juice and one spoonful of baking powder (sodium bicarbonate) gives relief in 2-3 days. For prevention of prickly heat consume citrus fruits containing vitamin C like *Amla*, lemon, orange etc. Wear loose cotton clothes.



Problems caused by heat and Pitta: Add one spoonful of *Triphala-Ghrita* to milk and take it at night. It will give relief from the internal heat generated by *Pitta*, headache and burning sensation in the eyes. Sucking a spoonful of *Gulkand* (jam or preserve of rose petals) slowly at 4.00 p.m. also helps. By taking coconut water or the juice of cucumber/snake cucumber mixed with lemon juice in the morning on an empty stomach removes the extra heat from the body through excreta, purifies the blood and provides protection against heat.

(*Triphala Ghrita* is available from all Ayurveda centres run by Sant Shri Asharamji Ashram. To get it by post please contact at 09218112233).

Urinary disorders: Grind 2 gm fennel-seeds in water, add sugar candy to it and give twice or thrice a day to patients of burning micturition, painful micturition (dysuria), dribbling of urine and fever. It will alleviate heat as well. Consumption of water melon, musk melon and snake cucumber is also highly beneficial.

Other problems caused by heat: Mental agitation (aggressive temper), idleness and anger caused by excessive *Pitta* are common in this season. The practice of *Sheetali Pranayama* (Please read page 26) in the morning will help greatly in these problems.

Glimpses of nationwide service works

It is simply impossible to fully delineate the tireless efforts Pujya Bapuji makes towards uplifting the most backward class of society and alleviating their sufferings; and absolutely fathomless are His compassion and sympathy for the miserable. Many public welfare activities have been continuously carried out under the beneficent aegis of Pujyashri by the Sant Shri Asharamji Ashrams and Sewa Samitis throughout the nation.



Last month, the Gwalior Ashram organized *Bhandaras* (free community feasts) in eight tribal villages, and the poor were given money apart from clothes, *Amla* juice bottles, sweets and 'Nashe Se Savadhan' booklets (guiding people to keep away from intoxicants). Food grains, clothes, sandals etc. were also distributed in the huge *Bhandaras* organized in Sumerpur and Keliapada dist. Banswara (Raj.).



Cold water was served to people through water outlets set up at many public places in different districts of Chhattisgarh and Maharashtra. Thousands of pilgrims travelling on foot to Dakor, dist. Kheda were served Palash Sherbet by the Ahmedabad Ashram.

Free medical services were provided through Homeopathic camps at five places in Maharashtra. A signature campaign for including Shrimad Bhagavad Gita in the syllabus was carried out in Raipur (C.G.). *Vidyarthi Ujjvala Bhavishya Nirmana Shivirs* were conducted in Lakhauli Arang dist. Raipur (C.G.) and Ahmedabad ashram etc. for brightening the future of students and *Tejasvi Yuva Shivirs* were organized in Indore, Gwalior (M.P.), Bhubaneshwar (Odisha), and Patna (Bihar).

Saints demanded for an immediate release of Bapuji in the "Saints' Conferences" held in Jammu Ashram and Nandpur, dist. Jammu. Apart from



Sadhvi Santosh bahanji and other eminent persons many narrators of the Bhagavat such as Phulkumar Shastriji, Shri Bishan Shastriji, Sadhvi Gangaji, Shri Gangadharji Maharaj, Shri Bhupendra Shastriji, etc. graced these occasions. *Bhandaras* were also organized on these venues.

Rishi Prasad campaign is fervently and intensely being carried out in Surat, Varachha dist. Surat (Guj.), and Barun Bazar dist. Faizabad (U.P.). Rishi Prasad and Rishi Darshan conferences along with rosary worship programmes were held in Bilaspur (H.P.), Kalyan, Ulhasnagar, Ambernath, Badlapur dist. Thane (Mah.) and Kolkata (W.B.).

Grand Processions taken out with decorated inspiring Tableaux



Sankirtan processions were held in many parts of the country by local ashrams on the occasion of Shri Rama Navami. Various attractive tableaux prepared by Sant Shri Asharamji Ashram were also included in the large processions held under the auspices of VHP in Jodhpur and Barmer (Raj.). These inspiring tableaux remained the cynosure of the public. The tableau made by the ashram won the top rank in Barmer.

Even on the festival of Chetichand many *Sankirtana* Processions were held throughout the country including Jodhpur. *Sankirtana* Processions marked the Incarnation Day of Sai Lilashahji Maharaj in Darba dist. Dhamtari (C.G.), Surat (Guj.), Kanpur (U.P.) and Jammu.

(Please see the cover pages for photos of service works.)

Satsang programmes organized by the Ashram in the Ujjain Kumbh



Under the auspicious inspiration and blessings of Pujya Bapuji satsang programmes are slated to be held in Ujjain Kumbh Mela according to the schedule given below. All religious minded brothers and sisters visiting the Kumbh Mela are requested to take benefit of these programmes.

- * 03-06 May: Sadhvi Pooja Bahan
- * 09-11 May: Sadhvi Rekha Bahan
- * 14-15 May: Sadhvi Krishna Bahan
- * 16-18 May: Sadhaka Shri Ramabhai
- * 19-21 May: Sadhvi Taruna Bahan

Timings: 4.00 pm to 7.00 pm

Venue: Chintaman Road, Near Indore-Badnagar bypass (about 1 Km ahead), Ujjain (M.P.) **Contact:** 08959884894, 09685862428.

The Brahma-Bhava comes spontaneously with such devotional spirit:

Relating an aspirant's Bhava to his Sadgurudev, Lord Krishna says to Uddhavji, "The sadhak desirous of liberation remains detached from the noose of sense pleasures which produces more and more painful results from top to bottom and therefore it is most obstructive to the path of liberation. He doesn't disobey the commands of his Guru even minimally and shakes off indolence. He cuts off the root of *Vikalpas* (doubts) by listening to the precepts of adorable Gurudev and destroys egoism by annihilating *Sankalpas* (thoughts). He sees his Guru as Supreme Brahman. Guru is the immovable, pure, transcendent, Supreme Lord, Supreme Brahman, Ishwara. My Guru is without attributes and form, He is the non-doer Ishwara though doing apparently. Eternal and absolute bliss dwells at my Guru's lotus feet, the best pilgrim place." (Sri Eknathi Bhagwat, Chapter: 18)

Anushthana and Mauna Mandir Sadhana in a natural and pure ambience

The practice of *Anushthana* (rigorous *Japa* done for a certain period) of a Mantra and *Sadhana* in *Mauna Mandir* (temple of silence) is especially beneficial towards awakening our latent powers and marching rapidly on the path to God-realization.

Sant Shri Asharamji Ashram, Panched, about 17 km from Ratlam (M.P.) has a pious and pleasant ambience. Many *Dhyana Yoga Sadhana Shivirs* in the elevating presence of Pujya Bapuji have been organized here over the last 30 years. Even at many other times Pujya Bapuji has blessed this place with His long holy presence. The facilities for doing *Anushthana* and *Mauna Mandir Sadhana* are provided throughout the year at this place. *Sadhakas* initiated by Pujya Bapuji can take benefit of this sacred place.

Contact: Sant Shri Asharamji Ashram, Panched, Dist. Ratlam (M.P.).

Mobile phones: 07412269263, 09827596106.



Mantra Anushthana in Ahmedabad Ashram



The facilities for doing *Anushthana* and *Mauna Mandir Sadhana* are provided throughout the year by the Ahmedabad Ashram as well. It is a matter of great good fortune to get the opportunity to do *Anushthana* on the land charged over the last 45 years with Pujya Bapuji's spiritual vibes of *Brahmic* bliss; whereby it has become endowed with the power of speeding up one's spiritual progress.

Sadhikas (female aspirants) can get the benefit of doing *Anushthana* in Sant Shri Asharamji Mahila Utthan Ashram, Ahmedabad.

The facilities of doing *Mantra Anushthana* and *Mauna Mandir Sadhana* are also provided to *Sadhakas* initiated by

Pujyashri in the Sant Shri Asharamji Ashrams located in many other places.

To get benefit in the ashram closest to you please **contact:** (079) 39877729.

Mahila Utthan Seva Mandal Organizes: A 7 days Japa-Anushthana Shivir

In Presence of Sadhvi Rekha bahan

* Take the benefits of doing *Japa*-meditation and *Sadhana* besides listening to Pujya Bapuji's rare *Satsang* discourses in the pure, peaceful and spiritual environment of the Ashram.

* Apart from Yoga-training a firsthand practice of the priceless techniques bestowed by Pujya Bapuji for a speedy progress in *Sadhana*.

* Guidance and solutions for problems by experienced specialists.

* Fascinating Competitions.

Date: From 29th May to 4th June 2016 (Only for women and young ladies)

Venue: Sant Shri Asharamji Mahila Utthan Ashram, Ahmedabad-5

Contact: 09157306313, (079) 39877827.



Bapuji's birthday marks the Renewal of the Cold Sherbet and Buttermilk Distribution Services



Akola (Mah.)



Bengaluru



Haridwar



Loni dist. Ghaziabad (U.P.)



Kalburgi (Karnataka)



Raipur (C.G.)



Sarora-Raipur (C.G.)



Surat



Chembur-Mumbai

The resolve to disseminate 'Rishi Prasad' door to door was taken in 'Rishi Prasad' Conferences



Rayate (Mah.)



Mirzapur (U.P.)



Kolkata



Ambernath, dist. Thane (Mah.)



Faridabad (Haryana)



Kalyan (Mah.)



Surat



Badlapur, dist. Thane (Mah.)



Bilaspur (H.P.)

Cooling and Nourishing

Orange Sherbet

(Enriched with the taste of orange and Kinnu juice)

Kinnu juice helps in anemia and constipation. It strengthens the digestive system. It is good for the heart and eyes. Its consumption gives energy and physical agility. It promotes the complexion and makes it soft. It has the potency to reduce cholesterol. It is extremely useful in eradicating diseases caused by deficiencies of calcium and Vitamin 'C'.



₹ 70

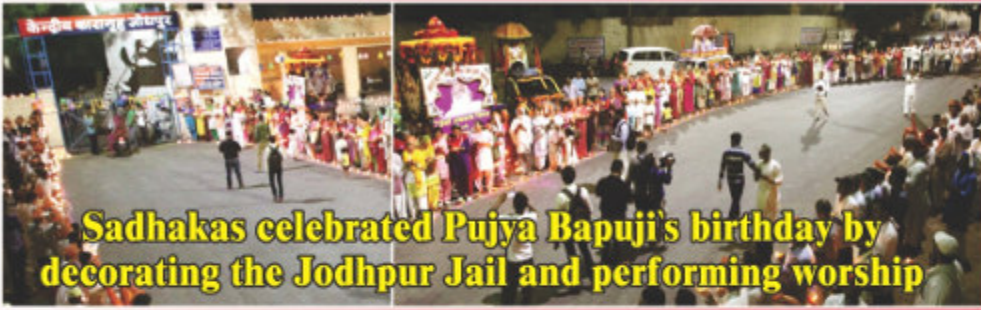
Aloe Vera Gel

This gel beautifies the complexion by making it tender and soft and protects it against the hazardous effects of Ultra-violet rays, pollution and skin-stimulants, etc. Its regular use prevents acne, pimples, blackheads, skin blemishes, cracks and wrinkles.



₹ 45

Available at: All Sant Shri Asharamji Ashrams & Service Centres of Samitis.
Contact: 09218112233 e-mail: hariomcare@gmail.com



Sadhakas celebrated Pujya Bapuji's birthday by decorating the Jodhpur Jail and performing worship

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Select glimpses of the birthday celebrated as 'World Service & Satsang Day'



Bhandara and distribution of necessities of life among the poor



Jodhpur



Cleanliness Campaign



Sankirtan Yatras



Prasad & Sherbet Distribution



Birthday Celebration

Ahmedabad



Sherbet distribution



Bhandaras for the poor were held in many other parts of the country, necessities of life were distributed



Navsari (Guj.)



Angul (Odisha)



Modasa (Guj.)



Dharampur, dist. Valsad (Guj.)



Gwalior (M.P.)



Bhilai, dist. Durg (C.G.)



Susner, dist. Agar-malva (M.P.)



**Petlawad
 dist. Jhabua
 (M.P.)**



Haridwar

We are unable to publish all the photos due to lack of space. For many more photos, please log on to www.ashram.org/sewa. Ashrams, samitis and sadhaka parivars may send their photos of selfless service to sewa@ashram.org through e-mail.