

Why has innocent Bapuji been kept in jail for 2 years

without any strong evidence and positive medical report?



The proselytizers create an atmosphere of vicious propaganda at national level through newspapers, periodicals and TV Channels whenever there is the imminent release of Bapuji.

In the company of Puja Bapuji...



Read page 27 for the statement of Pandit Acharya Shriram Sharma



Shri Ramdev Baba, an eminent Yoga Guru



A well-known religious story-teller, Shri Morari Bapu



Shri Sathya Sai Baba



Shri Shri Ravishankarji Maharaj

Prime Ministers of India acclaimed

“Puja Bapuji has been traversing the length and breadth of the country, blowing the conch of awakening, while advocating equal respect for all religions and inculcating good samskaras in people. We had committed the cardinal sin of almost forgetting our ancient heritage. Bapuji applies the collyrium of knowledge to our eyes (blinded by ignorance). Bapuji’s precepts have been a source of great strength.”

– Bharat Ratna, Shri Atal Bihari Vajpayee, the then Prime Minister



“Puja Bapuji, may I and all the public tread the path illumined by the divine light of morality that has emanated from this yajna of penance being done for human welfare.”

– Shri Narendra Modi, present Prime Minister, the then Chief Minister, Gujarat

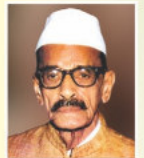


“The nation is indebted to Bapuji for the way he has been spreading the message of truth, compassion and sympathy in today’s environment rife with conflicts, fights and hostilities.”

– Mr. Chandra Shekhar, the then Prime Minister

“Puja Bapuji’s divine darshan and His experiential words exercised a great influence on me. His glance affects the body, while His words inspire even the mind to follow the path of purity.”

– Mr. Gulzarilal Nanda, the then Prime Minister

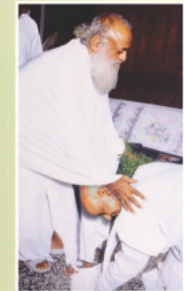


“I told the Home Minister Rajnathji that the case against Asharamji Bapu is bogus. Public money is being wasted prosecuting it. It should not be done.”

– Eminent jurisprudent Dr. Subramanian Swamy

“Let a thousand culprits go free, no innocent should ever be convicted.”

– Mr. Sunil Ambwani, the Chief Justice of Rajasthan High Court



Mr. H.D. Deve Gowda



धर्म रक्षा मंच



संकल्पसभा

हम संकल्प है एक ही नारा
नागे भ्रम देना हमारा
अब जिहाद का होगा अंत
जनसामरस्य को निकले संत

अध्यक्ष : संत श्री आशारामजी बापू

गुरुवार, दि. २९-१२

Pujya Bapuji

The heads of 13 major Akharas, and Acharyas of various sects and religions unanimously elected Pujya Sant Shri Asharamji Bapu the chairman of the 'Dharma-Raksha Manch'; and expressed their closeness and regards to His Holiness.



“It is verily under a political conspiracy that Hindu faith, Hindu beliefs and Hindu saints are being attacked. In the matter of Asharamji Bapu, the truth will soon be revealed.”

– Shri Nishchalananda Saraswatiji, Jagadguru Shankaracharya of Jagannath Puri Math.

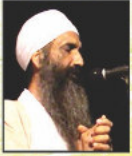


“If the conspiracy to malign saints like Bapuji continues by putting them into jail, the glory of India and her culture will not be safe.”

– Sumeru Peethadhishwar Jagadguru Shankaracharya
Shri Swami Narendrananda Saraswatiji Maharaj



“Be it the arrest of the Shankaracharya or Asharamji Bapu or Narayan Sai or any other saint; it is but a conspiracy.” – Jagadguru Shri Panchananda Giriji, Juna Akhada



“Who will be held responsible for the atrocities being meted out to our Bapuji, when He will be acquitted? How can the damage done to the nation and devotees be compensated?”

– Shri Shri 108 Shri Narendra Giri Maharaj, President,
Akhil Bharatiya Akhada Parishad

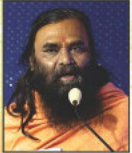


“Revered Bapuji always thinks for the good of everybody in all respects. Everyone knows that conspiracies are being hatched against him.”

– Sant Baba Harpal Singhji, Pramukh, Ratwara Sahib Gurudwara

“It is a conspiracy against revered Bapuji. Now it is high time to unite all organizations, institutions and saints concerned with the Sanatana Hindu tradition and counteract this malicious propaganda in a well planned manner.”

– Acharya Balkrishna, Patanjali Yogapeeth, Haridwar

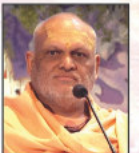


“The 11 lakh saints of Akhil Bharatiya Sant Samiti stand behind Pujya Bapuji.”

– Mahamandaleshwar Shri Devedrananda Giriji, the national General Secretary,
Akhil Bharatiya Sant Samiti

“He who has resolved to become the flag-bearer of Sanatana Dharma and its traditions (to protect and propagate them) in the present era is supremely revered Sant Shri Asharamji Bapu.”

– Mahamandaleshwar Shri Swami Vishveshwarananda Giriji
Maharaj of Mahanirwani Akhada

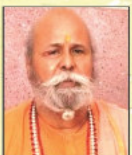


“Pujya Sant Shri Asharamji is being harassed by making baseless allegations against him. It is harmful to each and every Indian. Therefore the people should gird up their loins and take up the task of protecting our culture.”

– Jagadguru Shankaracharya Shri Madhavashramji Maharaj

“We cannot praise enough Sant Shri Asharamji for His works of propagation and spread of spirituality. Bapuji has done works of uplift and run Gurukuls in backward areas. He is being defamed by implicating him in rumours. Bapuji is not guilty in any of the cases.”

– Balyogi Arjunpuriji Maharaj, Senior Mahamandaleshwar of Juna Akhada



“Today, a saint like Bapuji is being insulted. The saint is forgiving, but for the people it is a disgraceful thing.”

– Shri Trayambak Bharatiji Maharaj, The Secretary of Niranjani Panchayati Akhada

RISHI PRASAD

Year: 15 Issue: 09
Continuing Issue: 273
Language: English
1st September 2015
Price: ₹ 7/-

In this issue...

Owner : Sant Shri Asharamji Ashram
Publisher : Dharmesh Jagram Singh Chauhan
Printer : Raghavendra Subhashchandra Gada
Editor : Shrinivas R. Kulkarni
Co-Editor : Dr. P.K. Makwana
Patron: Shri Jamnadas Halatwala
Place of Publication : Sant Shri Asharamji Ashram, Motera, Sant Shri Asharamji Bapu Ashram Marg, Sabarmati, Ahmedabad- 380005 (Gujarat).
Printed At : Hari Om Manufacturers, Kunja Matralion, Paonta Sahib, Sirmour (H.P.) - 173025.

Subscription Fees (incl. postage)

English Edition In India

1 Year ₹ 70/-
2 Years ₹ 135/-
5 Years ₹ 325/-

Abroad

1 Year US \$ 20
2 Years US \$ 40
5 Years US \$ 80

(For Hindi, Gujarati, Marathi, Telugu, Odia, Kannada, Bengali, Sindhi & Sindhi (Devnagari)

Editions (In India)

1 Year : ₹ 60/-
2 Years : ₹ 100/-
5 Years : ₹ 225/-
Life : ₹ 500/-

In Nepal, Bhutan & Pakistan (All Languages)

1 Year : ₹ 300/-
2 Years : ₹ 600/-
5 Years : ₹ 1500/-

Abroad

1 Year : US \$ 20
2 Years : US \$ 40
5 Years : US \$ 80

'RISHI PRASAD'

Sant Shri Asharamji Ashram, Sant Shri Asharamji Bapu Ashram Marg, Sabarmati, Ahmedabad -380005 (Gujarat).
Ph. : (079) 27505010, 27505011, 39877788.

e-mail: ashramindia@ashram.org

website: www.rishiprasad.org



Daily 7.30 am
& 10.00 pm

Daily 7.30 am
& 10.00 pm

Daily 6.30 am



on www.ashram.org Internet TV

- (1) Bearing them all I have been persevering in my work of promoting our culture. 4
- (2) Why saints are defamed and jailed? 4
- (3) Truth is My Saviour 5
- (4) "Puja Bapuji Should be Granted Bail" - Shri Ashok Singhalji 5
- (5) The truth behind fabricated allegations levelled by India Today 6
- (6) An Open letter from a London lady, Sunanda Tanwar to the Editor of 'India Today' 9
- (7) What is the truth after all? 10
- (8) What is the Difference between Jiva and Shiva? 11
- (9) This verily is Self-realization 12
- (10) The Real Mint 14
- (11) Remembering God in the name of Nature 16
- (12) Bapuji's Compassionate Heart! 17
- (13) How does the Supreme Lord become Gigantic from a dwarf? 18
- (14) Is Moksha Perpetual or Temporary? 19
- (15) Mother's milk: A Nature's gift to the Infant 20
- (16) Shraaddh -the ritual which bestows wealth, grains, fame, and satisfaction to the inner self 21
- (17) A letter to Puja Bapuji from His Sadguru Sai Shri Leelashahji Maharaj 23
- (18) Only Then World Peace is Possible... 24
- (19) JHULASANA 26
- (20) Why has Bapuji been in jail for 2 years? 27
- (21) An open conspiracy to destroy Hindu Dharma - Pandit Acharya Shriram Sharma 27
- (22) When will Bail be Granted? - Shri Suresh Chawhanke 28
- (23) Political Conspiracy to Break a Nation 29
- (24) President of India acclaimed 30
- (25) An outcry expressed by intellectuals of the world 30
- (26) Bhakti gives sheer benefit and slander of the Saint gets... 31
- (27) Guru-diksha changed my life 31
- (28) Daily Routine based on Biological Clock 32
- (29) Puja Bapuji gives health tips 33
- (30) Who will Provide Justice to the Crores of Women? - Ms Rupali Dubey 34
- (31) It is a media made drama - Shri Murarilalji 34
- (32) Their debt can't be repaid! 35

Bearing them all I have been persevering in my work of promoting our culture.

– Pujya Sant
Shri Asharamji Bapu

All well-wishers of India must now get united. We may have internal differences, but let us get united for the sake of protecting our culture. When some alien forces are trying to destroy the Hindu saints and the Hindu culture by using some Hindus as stooges, the Hindus won't allow them to destroy Hindu culture. They keep hatching various conspiracies to disturb and disrupt my divine works; nevertheless, bearing them all I have been persevering in my work of promoting our culture.

I wish for the true welfare of all. I also pray to God so that even the evil-doer may get good sense at the earliest. Or else, even the society may force them to see reason. One should not give much importance to whichever post one holds or political party one belongs to. Give importance to your culture because your post will no more be yours after a certain period of time, but this culture has been serving you in a great manner for centuries together. Therefore today the world does not need bombs, terrorism and exploiters. What the world needs today is Yoga of Indian culture, Self-knowledge and the spirit of वसुधैव कुटुम्बकम् 'The whole world is one single family.' The world needs peace; and not disturbance and chaos. Therefore, to protect this culture, to stay united is the service to entire mankind. The more the saints had to bear atrocity, the greater is their recognition amidst society. Great men like Aadya Shankaracharya, Kabirji, Mahatma Buddha and Vivekanandaji have tolerated persecution. Even I am no exception. Have patience. May all attain true welfare. The case is 110% bogus and fabricated. Fabricated is after all fabricated; lie is a lie; and truth is truth. Truth will triumph.

Why saints are defamed and jailed?

Conspiracies have been plotted against any saint or great man who worked for the protection of culture and mass awakening. Jagat Guru Adi Shankaracharya was defamed so much that he could not get wood for performing the funeral rites of his mother. Dirty allegations were leveled against Swami Vivekananda to defame him. A prostitute was sent to Narsi Mehta to seduce him. Heinous allegations of drinking, meat eating and illicit relations with prostitutes were leveled against Saint Kabirji. The great devotee Mirabai was stigmatized with allegations of adultery and many evil attempts were made to kill her. Saint Jnaneshwar was banished from society by the slanderers. In present times our saints like Shankaracharya Shri Jayendra Saraswati, Swami Keshavanandaji, Shri Kri paluji Maharaj, Saint Asharamji Bapu, Sadhvi Pragya Singh etc. have been framed in conspiracies, charged on false cases, arrested and defamed mainly by exaggeration of the false allegations by electronic media. Why saints are defamed so much and jailed? Those who cannot tolerate the works of public awakening and national good carried out by saints plot conspiracies to oppress and jail them in order to defame them.

Truth is My Saviour.

Pujya Bapuji, who has been imprisoned in Jodhpur, has been giving inspiration and consolation to crores of wounded hearts through his encouraging and comforting messages from time to time. And along with that He has also been alerting the devotees to the devious designs of anti-social elements.

On being asked by the media about his health while coming out of the court, Pujya Bapuji said; "My health is certainly failing; but not me. Why should I fail when truth is my saviour?"

Everything will pass...

Pujya Bapuji: "Everything will pass; truth will triumph. Be all happy. Don't worry about me."

The truth will shine sooner or later.

There were four ancient civilizations- Roman, Greek, Egyptian and Indian. They have destroyed the civilizations of Rome, Greece and Egypt already; now only that of India is still alive. I engage myself in the act of protecting this culture, and hence have become an eye sore to them. That's all, there is absolutely nothing more to it. All these allegations are fake. All devotees, be happy. The truth will shine sooner or later.

"Pujya Bapuji Should be Granted Bail"



- Shri Ashok Singhalji,

Chief Patron and Former International President of VHP

Sant Asharamji Bapu has been framed. A massive conspiracy is on in this country to malign our saints. In order to destroy the Hindu religion and culture they have not only been lodging cases against us but also levelling dirty allegations for many months.

Anybody can be framed by The misuse of the law

Pujya Bapuji has been fraudulently framed and being oppressed at this ripe age of 76 years. Even the Shankaracharya of Kanchi was persecuted. Anybody can be framed by the misuse of the law. Allegations can be levelled against just any one, but finally the truth triumphs."

Who are behind Media Trials and Belligerent NGOs?

Media trial is a massive conspiracy launched by the West in our country to destroy the Hindu Dharma and culture! Lakhs of people come to our great saints, so these miscreant NGOs drop in there to create trouble. Lakhs of foreign funded NGOs are being run in the country and they have kept entire politics of this country virtually under their control.

Bapuji is innocent

A considerably large number of people follow Bapuji. I believe that one without a good deal of *sadhana* and truthfulness cannot draw such a large number of people. To me, all these affairs (allegation, case etc.) are basically fabricated. Well, the case is on its due course, but so much trouble has been inflicted on Bapuji at this old age of 76; and then in this manner they have used Him and His name to cause a big blow to both Hindu saints and Hindu society as a whole. Bapuji is innocent. Bapuji should be granted bail. (Reference: Dainik Bhaskar, Rajasthan Patrika, Sudarshan News, Tez News, News 24)



The truth behind fabricated allegations levelled by India Today

M u l t i d i m e n s i o n a l transformations have come into society by virtue of Bapuji's discourses and various selfless service projects for social uplift over the last 50 years. This has put the conspirators and perpetrators of treason on tenterhooks. And it is only therefore that the series of levelling false and fabricated allegations against Bapuji is still on.

Recently, the magazine 'India Today', 17th August 2015, published baseless and concocted 'editorial' and 'cover story' with a malicious attitude against the ashram. False and unsubstantiated things were reported about Bapuji portraying him as a onetime Tonga man, tea seller, bootlegger and cycle mechanic. Some time ago, Bapuji had explained to the media in response to such senseless things published by them: "Bapu was a Tonga man, a tea seller and a bootlegger –are all absolute nonsense; I was a son of the chief merchant of the town (nagarseth)."

Jugglery of statistics:

It was stated in the article that ashram has 11,000 Yog Vedant Seva

Samitis which collect donations. Whereas the world knows ashram has only 1400 *Samitis*, and entire society stands a witness to how diligently the ashram and its *Samitis* remain engaged in divine works of public welfare. It is simply baseless and false that *Samitis* and ashrams collect donation for *Bhandaras*. The number of *Samitis* has been mentioned eight times more than the actual figure. An evil attempt has been made to level allegations against them in order to malign their selfless services. This in itself exposes the invented statistics given in the article, and it also lets bare the evil intentions of the author and the magazine. Who will come forward in the future for social welfare if the virtuous souls and institutions sincerely engaged in social service are defamed like this?

The truth behind the rhetoric of '10 crore'

It is claimed in the article that the two periodicals 'Rishi Prasad' (magazine) and 'Lok Kalyan Setu' (news letter) published by the ashram are netting around Rs.10 crore annually. Whereas, actually



these monthly publications are published and made available at absolutely nominal prices with the pious intention of teaching the art of leading a happy, healthy and respectable life to society.

'Rishi Prasad' is home delivered for the price of a postal envelope (INR 5/-), and at half its price 'Lok Kalyan Setu' is made available with a view to spreading the light of divine knowledge; to let flow the Ganges of Selfless Action, Devotion, Divine Love and Yoga; to kindle the flame of patriotism and devotion to Indian culture among the common man. One only feels pity for the intellect of those who make such false and baseless claim that ashram earns crores of rupees through these publications. Can the India Today magazine, levelling such false allegations, match the way 'Rishi Prasad' magazine has been being published for the last 25 years and 'Lok Kalyan Setu' for the last 18 years without commercial advertisements, without using obscenity as a means to increase the number of subscribers, without making it a tool to earn money through blackmailing, with the only intention to deliver teachings beneficial for society to the countrymen at a very minimal subscription? Sensible people well

understand the intentions of the magazine spreading irrational and ridiculous rumours about periodicals like 'Rishi Prasad' and 'Lok Kalyan Setu' which are devoted to public welfare.

Defamation of low priced products:

Various products like DVDs, VCDs, and CDs based on the nectarine discourses delivered by Pujiyashri, spiritual literature, Ayurvedic medicines, materials for religious rituals etc. prepared in the ashram are made available at concessional rates. The prime objectives are to save the *Sadhakas* from the high market prices and inspire them to use *Swadeshi* (indigenous) goods. It is only with the intention to deprive public of *Swadeshi* products that the malicious propagandists rate the income in crores. People can themselves find out the reality by simply comparing the ashram prices with the prices of other companies.

Pujya Sant Shri Asharamji Bapu is a popular saint caring equally for each and every caste and sect. He doesn't even charge any fees for His *Satsang* programmes or imparting *Deeksha*. On the occasion of Guru Purnima, Bapuji does not demand for material things in *Dakshina* from his disciples, but makes them



take a pledge to advance in spiritual disciplines as a token of *Dakshina*. Bapuji often says, “I do not want your things or money at all. I do not want a flower, not even a petal thereof in *Dakshina* from you. All I wish is your well-being. (Please watch the video at the link <https://goo.gl/zKD2de>). Crores of *Sadhakas* have directly heard these words so many times. Then, who will trust the India Today magazine publishing such baseless nonsense?

No donations are collected by the ashram for philanthropic activities:

Sant Shri Asharamji Bapu is such a saint as has united crores of people by elevating them above differences of castes & creeds, rich & poor, religion, cult, sect and province and has done and is still doing works for social uplift and nation building effectively on a very large scale. Every class of society is benefitted. Ashram and its *Samitis* carry out service works throughout the year which can be seen any time by visiting the website (www.ashram.org/sewa) and also in the articles published in the magazines. Ashram never collects money or appeals for any donations for any service project. On the contrary, it has several times been published in ‘Rishi Prasad’ and ‘Lok Kalyan Setu’ that fund raising is prohibited by Bapuji. (Please refer to the Rishi Prasad, August 2015, Page-27; June 2015, Page-34; and Lok Kalyan Setu, July 2005, Page-18).

‘Ashram never collects any

contribution in terms of money, gifts or donation etc. Whosoever finds commission of any such act is requested to bring this to the notice of the Ahmedabad ashram.’ –Boards containing such public information have been affixed in all ashram premises for several years now, and can be read by anyone and everyone. Bapuji too has publicly reiterated this several times in the live discourses. It is a false and malicious statement that ‘The ashram collects Rs.150crore to Rs.200 crore in donation for holding *Bhandaras*’. On what basis do the accusers level these false allegations?

To allege and convict the ashram without knowing the ashram’s side of the matter and without waiting for the Court’s final verdict, to defame Bapuji, to mention the monthly ‘Lok Kalyan Setu’ as a fortnightly publication; to misguide people by increasing the number of ashram’s *Samitis* from 1400 to 11,000 –is this investigative journalism or corrupt journalism that dances to the tune of foreign powers bent upon destroying Hinduism; that sells away its own religion and culture for the greed of money... the decision is left to the readers themselves. Now having comprehended the actual truth the vigilant public is boycotting both print and electronic media which publicize such baseless and nonsense things. Some people have also registered cases against them.

(Rishabh Shehnavat, ‘Rishi Prasad’ Representative).

An Open letter from a
London lady, Sunanda Tanwar
to the Editor of 'India Today'



Dear Arun Puri,

I'm writing in response to article published in 'INDIA TODAY' August 17th 2015 about Asharamji Bapu. The article is an irresponsible one which is bashing one of the oldest charity organisations in the country which have always worked for the poor, needy and tribals. Instead of bringing truth to people and giving an objective story, the author here has painted a picture of lies.

India today claims that: 'Rishi Prasad' and 'Lok Kalyan Setu' makes an annual profit of 10 Crores. Let me enlighten you that 'Rishi Prasad' and 'Lok Kalyan Setu' are monthly publications which sell at a mere Rs.5.00 and Rs.2.50 respectively. Ashram is selling these magazines at zero profit to make sure quality literature (particularly on the Indian and Vedic culture) reaches middle class and lower class followers of Bapu. If these magazines are making 10 crore profit than I wonder how much your weekly magazine 'India Today' selling at Rs. 40 is making? Billions probably! Your allegation regarding CD, etc. is also similar.

Your investigative senior journalist further claims that ashram receives 150-200 Crores in donations each year. Asharam Bapu's satsangs and shivirs have always been free of charge. Also if you would care to listen even one CD of Bapu he always tells his followers that he doesn't want money or any other thing from his disciples as a Dakshina at the time of Mantra Diksha or Guru Purnima celebration.

It is surprising to note that your investigative senior journalist maligns Ashram's good work by saying that money was collected for bhandara done for poor people, which is a blatant lie as ashram has never collected money or appealed for any donations. Let me enlighten you that ashram organizes Bhandaras only for serving the poor and tribal people means God-the poor, and not for collecting money.

Yours Sincerely,

Sunanda Tanwar, 16, Palm Court, London, U.K.

'10 thousand crores... 10 thousand crores... this much property... this much property...' –all this is baseless statistics and senseless babbles; whatever property ashram owns is property of the trust. Bring 200-300 crore rupees and continue the philanthropic activities run by the ashram; then Pujya Bapuji and Narayan Sai will assign their respective properties in your name and will open homes for orphan children therewith; plus make you a trusty in that too. - Editor

What is the truth after all?

The reality of the Jodhpur Case

While reporting a fictitious event in the FIR, the girl said, “When Bapuji called me into the room, my mother was sitting outside and my father too was present nearby. He molested me for an hour and a half and when I started screaming he forcibly shut my mouth. When I came out of the room after an hour and a half, I was nervous and frightened. I said nothing to my parents and then went to sleep.”

What a cooked up story! After inviting a girl with her parents from Chhindwara to Jodhpur via Shahjahanpur (2000 km) even an ordinary or imprudent man cannot shut the mouth of a girl and molest her for 1.5 hours in a room outside which her mother is sitting and her father is also nearby. It is simply impossible. Upon reading this case anyone can quickly make out that it is a c o n s p i r a c y , Machiavellianism, and an invented story.

That room of the Manai *Kutiya* (cottage) is located near Jodhpur where even the sound of

a dropped coin can be heard from a distance of several feet. When the mother was sitting near the door of that room; why couldn't she hear the girl's screams? If the room was closed and the lights switched off;

then in such a situation, why didn't

the mother, who was right outside the room, knock at the door

for one and a half long hours? How can a girl, who has been sexually exploited for one and a half hours, say nothing to her mother?

Then the next morning she played

with the farmer's children (the devotee; whose house is near the *Kutiya*), and even merrily gifted them two hundred rupees. Had she been resisting the offender against her mouth being shut for one and half hours, why were there no marks or abrasions on her body?

A girl-companion of the accuser girl from Shahjahanpur said, “When I asked her why she falsely accused Bapuji, she replied, ‘I say only what I am advised to say.’” This makes it crystal clear that there is a deep conspiracy behind

getting this allegation made.

The Medical report has given clean chit to Bapu

The medical examiner of the girl of the Jodhpur case, Gynaecologist Dr. Shailaja Verma of the Lok Nayak Hospital, Delhi clearly said in her statement to the court, “During the examination of the girl no marks of injury were found on her body, neither was there any sign of physical resistance.”

The woman from Surat, who accused Asharamji Bapu, later informed the Gandhinagar court through a petition that she was coerced into giving the previous statement under section 164 of Cr.P.C; and now she wanted to reveal the truth of the case by giving another statement under section 164 of Cr.P.C.

(Reference: Gujarat Samachar)

The Reality of the Surat Case

The woman from Surat, who accused Asharamji Bapu, said: “I was forced

to level the allegation under duress. Since I was badly terrified and upset at that time, I couldn't expose the truth. Now, overcome with a nagging feeling of compunction, I want to change my statement under section 164 of Cr.P.C.

(Reference: ‘Dabang Duniya’ News Paper)



Political Conspiracy to Break a Nation

– Yuri Alexandrovich Bezmenov, Former
KGB agent and Soviet propagandist



Ideological subversion is the process which is legitimate and open. It destroys things like race, religion, ideology and government system of any country. Then the ideology and government system of the other country is imposed on it. Just as we change the brain of every citizen of the country of our enemy to such an extent that despite the abundance of information, no one is able to come to sensible conclusions in the interest of defending themselves, their families, their community and their country.

It's a great brainwashing process. It is a simple method to make somebody a permanent fool or crazy through brainwashing. It has to be done cleverly in such slow steps that people would hardly realise that they are being slow-poisoned to degenerate. There are four steps to transform the thinking and behavior of an entire population, over generations.

- (1) Demoralization
- (2) Destabilization
- (3) Crisis
- (4) Normalization.

The demoralization process in India is basically completed already. Even if you start right now you start educating the new generation of India to make them self-esteemed, patriotic and enthusiastic.

Yuri Bezmenov is an intellectual of Russia; who morally protested against the brutal regime of the USSR; risked his life and defected to a foreign country. Then he awakened the people.

Today the patriots and lovers of India need to wake up. The process of subversion is going on at a very fast speed in our country. The young generation is being made spineless and slavish under a well-planned conspiracy of defaming the saints through their character assassination; who are strengthening the morals of Indian youth through inculcation of divine cultural traits. Therefore we should become alert and get united to abort this conspiracy. This is the duty of every Indian. We should uproot and throw the foreign powers out of India immediately.

Today we do not wake up even on seeing our saints, who are the pillars of Indian culture, being oppressed by the conspirators. They are broadcasting and publishing false news. Under this nationwide conspiracy; opinions of the demoralized Hindus are presented by the media for brainwashing of the innocent people.

Please watch the video of Yuri Alexandrovich Bezmenov on the link: <https://goo.gl/q8u09B> To spread and propagate such news in order to enlighten the people about the conspiracy of foreign powers bent upon breaking our country is also a great work of service to nation.

– Senoir Journalist Mr. Arun Ramtirthkar



Highway to Health and Longevity

Daily Routine based on Biological Clock

3:00 - 5:00 Life Energy is active especially in the lungs



Drink lukewarm water and then stroll in the open air. Practise Pranayama. You will become strong, intelligent and energetic.

5:00 - 7:00 Life Energy is active especially in large intestines.



Evacuate your bowels and take a bath before 7:00 am after waking up. Evacuating bowels after 7:00 am causes many diseases.

7:00 - 9:00 Life Energy is active especially in stomach.



During this time (2 hours before meals), you can take milk, fruit juice or any other drink.

9:00 - 11:00 Life Energy is active especially in pancreas & spleen.



These are the most appropriate hours for taking meals.

11:00 - 13:00 Life Energy is active especially in heart.



Do *japa* and meditation around 12:00. Taking meals is prohibited.

13:00 - 15:00 Life Energy is active especially in the small intestines.



Take water after about two hours of taking meals. The body becomes weak and sick if one takes meal or sleeps during these hours.

15:00 - 17:00 Life Energy is active especially in the urinary bladder.



Water taken 2-4 hours before will cause urination during these hours.

17:00 - 19:00 Life Energy is active especially in the kidneys.



Take light supper. You may take milk after 3 hours.

19:00 - 21:00 Life Energy is active especially in the brain.



Do your studies. You will memorize quickly what you read.

21:00 - 23:00 Life Energy is active especially in the spinal cord.



Sleep during this period provides maximum rest. Keeping oneself awake during these hours causes physical and mental exhaustion.

23:00 - 1:00 Life Energy is active especially in the gall bladder.



Cells renew themselves. Keeping awake during these hours causes many diseases and old age comes very soon.

1:00 - 3:00 Life Energy is active especially in the liver.



Keeping awake during these hours impairs liver and digestion.

Our sages and masters of Ayurveda have forbidden taking food when one is not hungry. So the quantity of food in the morning and evening should be such that one feels hungry at the above mentioned times.

Saints and Acharyas of various sects and Akahras, and Presidents of organisations vouched for Pujya Bapuji's innocence and demanded his immediate release.



“A woman comes and tells a story. Do you believe the woman or do you believe a man who has given his whole life for the good of the world? Those who are abusing Asharam Bapu; they are not saints.”

– Mahamandaleshwar Paramhansa Shri Nithyanandaji Maharaj, Mahanirvani Akhada

“After knowing the life story of revered saint Asharamji Bapu, everyone will certainly bow down at His lotus feet. Revered saint Asharamji Bapu and His entire sadhak fraternity are at the forefront in social welfare activities.”

– Dr. Shri Jayant Athavaleji, Founder, Sanatan Sanstha



“The greatest propagator of Indian culture in modern times is Sant Shri Asharamji Bapu. Hindu saints are being sent to jail by framing them in false cases. We should be united and raise the voice of protest against it.”

– Baba Ramchaitanya Saraswatiji, Niranjani Akhada, Shringeri Math

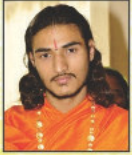
“What the media is showing is not the truth. Bapuji has ennobled the lives of numerous children and youths. This is the truth. Crores of lives are elevated through Bapuji's satsang. Bapuji was a great man, is a great man, will remain a great man forever.”

– Acharya Shri Kaushikji Maharaj, Vrindavan



“The works of social service done by revered Bapuji during the past 50 years have never been broadcast by the media. Contrary to this, the media has misled the masses by showing invented stories.”

– Shri Shri 1008 Mahamandaleshwar Shantigiriji Maharaj

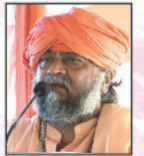


“Our culture and nation are sustained only by saints like Pujya Bapuji. Hence a conspiracy was hatched to frame Bapuji. Pujya Bapuji is innocent.”

– Sant Kriparamji Maharaj, Jodhpur

“They are very fortunate who have a great SatGuru like Bapuji. No matter how many hurricanes come, mountains may crumble, oceans may overflow but no one can reduce the faith of people in Bapuji.”

– Mahant Shri Ramagiri Bapu, Mahanirvani Akhada



“Revered Bapuji is innocent. We all are with Pujya Bapuji.”

– Shri Bhaskargiriji, Warkari Sampradaya, Devgarh Sanstha

“Bapuji is being trapped under a conspiracy. The conspirators are Christian Missionaries. They are doing this because they know that they can never succeed in the mass conversion of Hindus until & unless such powerful saints are not eliminated.”

– Bhagavatacharya Sadhvi Saraswatiji



“The medical report clearly states that there was no abrasion or erythema on her body, what more is there to say? Innocent Bapuji should be granted bail!”

– Shri Ramesh Shinde, National spokesperson, Hindu Jana Jagruti Samiti

“Whatever is happening with Pujya Bapuji is a crime; and the saints' fraternity will never forgive the criminals. Akhara will vehemently oppose the cruelty being meted out to Pujya Bapuji. Shadadarshan Sadhu Samaj is also opposing this, extending full support to Bapuji.”

– Shri Rajendrasharan Devacharya, Lecturer, Nimbark Peeth, Mathura



“Pujya Bapuji is harassed because he talks about Hindutva. If Bapu stops talking about Hindutva and forgets the welfare of the nation, then they will stop all these attacks on him. This is a well-planned conspiracy against Hindu people.”

– Shri Ramesh Modi, National Treasurer of V.H.P.



Many women's organisations demanded for the release of Bapuji by holding hundreds of rallies all across the nation.

RNP No. GUJ-618/2015-17
 (Issued by SSPOs Ahd, valid upto 31-12-2017)
 Licence to Post without Pre-payment.
 WPP No. 12/15-17
 (Issued by CPMG UK, valid upto 31-12-2017)
 RNI No. GUJENG/2001/2779
 Posting at Dehradun G.P.O. between
 1st to 17th of every month.

Opinions of various organisation-heads, eminent persons and political leaders



“Puja Bapuji has been trapped and is being oppressed at the ripe age of 76 years. He should be granted bail.”
 – Shri Ashok Singhal,
 The Chief Patron, V.H.P.

“Bapuji is the leader in teaching noble living to all classes of society while protecting the Sanatan Dharma.”
 – Shri Mohan Bhagwat Sarsangchalak (Supreme Leader) R.S.S.



“Puja Sant Shri Asharamji Bapu's life is the life of a sattvik saint.”
 – Dr. Pravin Togadiya,
 International Working
 President of the V.H.P.

“May we all get inspiration of spirituality from Param Puja Bapuji who is the centre of faith and trust.”
 – Shri Rajnath Singh, the then National BJP President, (Present) Union Home Minister, Govt. of India.



“A political conspiracy is being hatched against Puja Sant Shri Asharamji Bapu. He has been the target of a political party.”
 – Dr. Raman Singh,
 Chief Minister, C.G.

“Sant Asharamji Bapu is innocent.”
 – Sushri Uma Bharti,
 present Minister of Water Resources, Govt. of India.



“Your thoughts illumine the path of living for crores of people.”
 – Shri Nitin Gadkari, the then National President of BJP, Minister of Road Transport, Govt. of India.

“Bapuji's message will promote happiness in the nation and bring about its progress.”
 – Shri L. K. Advani, Former Home Minister & Deputy P.M. Govt. of India.



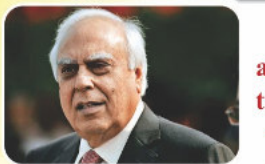
“Bapuji! Please keep guiding and giving me strength to serve the family of my State.”
 – Smt. Vasundhara Raje Scindia,
 Chief Minister of Rajasthan

“The allegation levelled against Bapuji is a conspiracy.”
 – Shri Kailash Vijayvargiya,
 General Secretary, BJP



“Bapuji strives relentlessly to eradicate the misery of each and every person in society.”
 – Smt. Anandiben Patel, Chief Minister, the then Education Minister, Gujarat

“I get extraordinary power simply by having Bapuji's darshan.”
 – Shri Prakash Singh Badal,
 Chief Minister of Punjab.



“You are bringing about the all-round development of society through spiritual knowledge.”
 – Shri Kapil Sibbal, former Minister of Communications, Govt. of India.

“Bal Sanskar Kendras and Gurukuls, and Ashrams and various programmes for the uplift of women are run by Bapuji throughout the country.”
 – Shrimati Krishna Tirath, the then Union Minister of Women and Child Development, Govt. of India.



“Bapuji, the blessings of a saint is the greatest thing. We are Hinduastani Mussalmans. Please bless us for lasting peace and happiness in our Hindustan.”
 – Dr. Farooq Abdullah, the then Chief Minister of Jammu and Kashmir.

Shri Ajay Maken,
 the then Union Minister, Youth Affairs and Sport, Govt. of India.



“Sant Asharamji Bapu is at the forefront in resisting and stopping religious conversion. The case against Him is completely bogus. When many are granted bail despite being convicted, why should (innocent) Asharamji Bapu not get bail?”

– Dr. Subramanian Swamy